

# REWARD PROGRAMS for getting and staying healthy

## CareSource MyKids

### **HOW DOES IT WORK?**

### 1. SIGN UP.

Fill out the form or call Member Services to sign up. Make sure each child is signed up.

### 2. COMPLETE HEALTHY ACTIVITIES.

You'll get a rewards card in the mail after you sign up and your child completes their first activity. Learn what activities they can do to earn rewards below.

### 3. REDEEM YOUR REWARDS.

Use your rewards card like you use a gift card at local stores.

Dollar General®, Kroger®, Walmart® and more! SHOP AT:

BUY:

G Groceries - fresh and frozen foods and pantry staples

🧭 Baby care - diapers, wipes and formula

Personal care - deodorant, shampoo and toothpaste **Home goods** - clothing, shoes and school supplies **∽** And so much more!



For newborns and kids through age 17

Rewards are earned once each year unless noted. Rewards expire one year after they are issued.

### WHAT REWARDS CAN I EARN?

Rewards for Expectant Moms	
\$75	First prenatal visit. Earn once each pregnancy.
\$50	Fifth prenatal visit. Earn once each pregnancy.
\$50	12 <sup>th</sup> prenatal visit. Earn once each pregnancy.
\$60	Postpartum visit. Earn once each pregnancy. Complete within 21-56 days after delivery.

Rewards for Preventive Care	
\$30	Well-baby visits 1-3. Earn \$10 each visit.
\$40	Well-baby visits 4 and 5. Earn \$20 each visit.
\$60	Well-baby visits 6 and 7. Earn \$30 each visit.
\$50	Lead screening for ages 12-23 months.
\$10	Lead screening for ages 2-6 years.
\$20	Dental exam for ages 3-17 years. Earn \$10 two times each year.
\$30	Well-child visits for ages 18 months - 30 months. Earn \$10 each visit up to three times.
\$50	Well-child visit for ages 3-17 years.

Rewards for Immunizations	
\$25	Annual flu shot for ages 18 months - 17 years.
\$20	Dtap, IPV, MMR, and varicella vaccination (given as a series) for ages 4-6 years.
\$15	Tetanus-Diphtheria-Pertussis (Tdap) vaccination for ages 11-17 years.
\$30	HPV vaccination for ages 9-17 years. You must complete the series of two shots to earn the reward.
\$10	Meningococcal vaccination for ages 11-17 years.

### **Rewards for Chronic Care**

\$10	ADHD follow up visit within 30 days of the first prescription. For ages 18 months - 17 years. Must have an ADHD diagnosis.
\$20	ADHD follow up visits within 10 months of the first prescription. For ages 18 months - 17 years. Must have an ADHD diagnosis. Earn \$10 each visit up to two times.

## **MyHealth Rewards**

**HOW DOES IT WORK?** 

### 1. LOG IN.

Adults 18 and older are automatically enrolled in MyHealth Rewards. Log in to MyLife.CareSource.com. Click *MyHealth* under *Get Help* to get started. You can also track your progress and view your balance here.

### Need help with rewards?

Call Member Services. We can help!

### 2. COMPLETE HEALTHY ACTIVITIES.

Rewards are added to your account when you complete healthy activities. Learn what activities you can do to earn rewards below.

### 3. REDEEM YOUR REWARDS.

Redeem your rewards for gift cards to your favorite stores in your MyLife.CareSource.com account.

### SHOP AT:

Walmart®, TJ Maxx®, Old Navy®, and more!



G Groceries - fresh and frozen foods and pantry staples



Personal care - makeup, shampoo and deodorant **Home goods** - clothing, cleaning products and shoes



And so much more!



Rewards are earned once each year unless noted. Rewards earned in the current year expire mid-December of the next year.

### WHAT REWARDS CAN I EARN?

Rewards for Expectant Moms	
\$75	First prenatal visit. Earn once each pregnancy.
\$50	Fifth prenatal visit. Earn once each pregnancy.
\$50	12 <sup>th</sup> prenatal visit. Earn once each pregnancy.
\$60	Postpartum visit. Earn once each pregnancy. Complete within 21-56 days after delivery.

Rewards for Preventive Care	
\$50	Physical exam.
\$25	Breast cancer screening (mammogram) for women ages 40-74.
\$20	Bone density screening for women ages 65 and older.
\$40	Cervical cancer screening (Pap test) for women ages 21 to 64. Earn the reward once every three years.
\$25	Chlamydia screening for women ages 18-24.
\$10	Cholesterol exam. Earn the reward once every five years.
\$40	Dental exam. Earn \$20 two times each year.
\$100	Colorectal screening: Colonoscopy for ages 45 and older. Earn the reward once every 10 years.
\$75	Colorectal screening: Flexible sigmoidoscopy or Computed Tomography (CT) colonography for ages 45 and older. Earn the reward once every five years.
\$50	Colorectal screening: Fecal Immunochemical Test (FIT) DNA test for ages 45 and older. Earn the reward once every three years.
\$25	Colorectal screening: Fecal occult blood test for ages 45 and older. Earn the reward once each year.

Rewards for Immunizations	
\$25	Annual flu shot.
\$10	Tetanus-Diphtheria-Pertussis (Tdap) vaccination. Earn the reward once every 10 years.
\$30	HPV vaccination for ages 18-26 years. You must complete the series of three shots to earn the reward.

Rewards for Chronic Care	
\$75	Diabetes screening – Retinal eye exam, micro albumin, HbA1c. Must have a diabetes diagnosis and complete all three screenings to earn the reward.

### **Start Earning Rewards** Today!

Questions? Call Member Services at 1-800-488-0134 (TTY: 711). We are here Monday through Friday, 7 a.m. to 8 p.m.

Rewards are subject to change. If you are no longer with CareSource, access to your rewards will be deactivated. Any unused rewards may no longer be available.

OH-MED-M-3364403 ODM Approved: 11/14/2024 © 2024 CareSource. All Rights Reserved.

