

# Get Active & Fit!™

The **Active&Fit Enterprise™** program empowers members with fitness center memberships and home fitness options, digital tools, and well-being resources designed to meet their unique needs.

## How to Check Eligibility and Find a Fitness ID Number

1. Go to **ActiveandFit.com** and click **Check Eligibility** in the top-right corner of the home page.
2. Create an account by entering this information:
  - First and Last Name
  - Date of Birth
  - Zip Code
  - Check the **Terms & Conditions** box and click **Next**
3. Once eligibility is confirmed, create a Username and Password.
4. After logging in to the Active&Fit Enterprise website, members can find their Fitness ID number on the top-right corner of the member dashboard. They can also find their Fitness ID card in the **My Memberships** section of the website.
5. Members are now ready to search for a fitness center and enroll in it.

## How to Search for and Enroll in a Fitness Center

1. Go to **ActiveandFit.com** and click on the **Fitness Centers** tab.
2. Enter a city name, zip code, or address into the search bar.
3. A list of nearby fitness centers and a map will pop up.
4. Members can filter the list to show Standard or Premium\* locations only.
5. Members may select the fitness center they want to join and check out.
6. If the member's desired fitness center is not included in the list, they can choose to nominate it by clicking on the **Nominate a Fitness Center** button below the map.

For questions or assistance, call Active&Fit Enterprise Customer Service at 1.877.771.2746,  
Monday – Friday, 8 a.m. to 9 p.m. Eastern time.

## Multi-EXC-M-3058001

\*Not offered by all health plans.

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The Active&Fit program is only available to eligible members who select a CareSource Marketplace Dental, Vision, and Fitness plan. Members must be 18 years of age or older to participate in the Active&Fit program. Availability of fitness centers is dependent upon the fitness centers being contracted within the American Specialty Health network. Services may vary at each fitness center. Not all services offered by the fitness center may be included with fitness center enrollment and should be verified with the fitness center prior to enrollment. All fees are paid directly to the fitness centers and/or American Specialty Health prior to enrollment and are non-refundable. Fees are not prorated and do not count towards a plan's out-of-pocket maximum. Other exclusions, limitations, and reductions apply. Please contact CareSource Member Services at the number on the back of your member ID card for complete details and more information.

Qualified Health Plans offered in North Carolina by CareSource North Carolina Co., d/b/a CareSource