

MEDICAL POLICY STATEMENT

Michigan Medicaid

Policy Name & Number	Date Effective
Safety Beds-MI MCD-MM-1549	07/01/2024
Policy Type	
MEDICAL	

Medical Policy Statement prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Medical Policy Statements prepared by CareSource and its affiliates do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Medical Policy Statement. If there is a conflict between the Medical Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination. According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

Table of Contents

A.	Subject	2
B.	Background	2
C.	Definitions.....	2
D.	Policy	2
E.	Conditions of Coverage	3
F.	Related Policies/Rules	3
G.	Review/Revision History	3
H.	References	3

A. Subject

Safety Beds

B. Background

Healthy sleep requires adequate duration, appropriate timing, good quality, regularity, and the absence of sleep disturbances. The American Academy of Sleep Medicine has issued recommendations for sleep needs by age. An individual's bedtime environment is an important consideration, with factors, such as the bed and mattress, affecting the quality and duration of sleep.

A safety bed is an enclosed bed, typically fitted with a mesh canopy, padded walls, and/or a specially designed mattress. A provider may require safety beds for individuals with a variety of medical or behavioral health diagnoses, such as epilepsy, intracranial injury, hydrocephalus, intellectual disabilities, and autistic spectrum disorders. The use of these beds increases patient safety by eliminating falls, preventing injuries, and wandering. In addition, safety beds might assist with treatments for other symptoms, such as aggression, impulsivity, noncompliance, or elopement behaviors. Ongoing individual evaluation and monitoring is recommended for appropriate use and prescribing.

C. Definitions

- **Crib Canopy** – A cover that attaches to the top of a crib that prevents a toddler from climbing out of the crib or, in some cases, pets from climbing into the crib.
- **Hospital Bed** – A bed used for patients that can be adjusted to raise the head end, foot end, or middle, as required. The overall bed height is also adjustable.
- **Safety Bed** – A bed to prevent individuals from leaving the bed at night without supervision, preventing injuries, falls, and wandering, and can be called institutional, adaptive, enclosed bed system, or special needs beds.
- **Standard Bed** – A fixed height bed that is typically sold as furniture and consists of a frame, box spring, and mattress.

D. Policy

- I. HAP CareSource considers a safety bed medically necessary when members have a behavioral health or medical diagnosis, in addition to other potential issues or conditions that may lead to safety concerns for which door and/or bed alarms will not meet a member's safety needs and may require a safety bed that prevents the member from leaving the bed at night without supervision.
- II. Usage of the safety bed should include the following criteria:
 - A. There should be face-to-face monitoring while the member is in the safety bed.
 - B. The safety bed should not be used as a restraint.
 - C. The member should be removed from the safety bed when the member requests to leave the safety bed.

- III. Documentation submitted to CareSource for review must show that the member meets the above criteria, and
 - A. Bed alarms, door alarms, and standard rail padding failed to meet the medical needs of the member.
 - B. The safety bed is for the benefit of the member and not for any caregiver, family member, or provider.

- IV. The safety bed must be the lowest cost alternative that addresses the member's health condition.

E. Conditions of Coverage

N/A

F. Related Policies/Rules

Medical Necessity Determinations

G. Review/Revision History

DATE		ACTION
Date Issued	04/10/2024	New policy. Approved at Committee.
Date Revised	04/10/2024	Annual review: title changed to Safety Beds, revision of background and definitions, revised section D.I., added section D.II., removed section D.V., and updated references. Approved at Committee.
Date Effective	07/01/2024	
Date Archived		

H. References

1. Caggiari G, Talesa GR, Toro G, et al. What type of mattress should be chosen to avoid back pain and improve sleep quality? review of the literature. *J Orthop Traumatol.* 2021;22(1):51. doi:10.1186/s10195-021-00616-5
2. DeGeorge KC, Neltner CE, Neltner BT. Prevention of unintentional childhood injury. *Am Fam Physician.* 2020;102(7):411-417. Accessed March 5, 2024. www.aafp.org
3. *Medicaid Provider Manual.* Michigan Dept of Health and Human Services. Updated January 1, 2024. Accessed March 5, 2024. www.mdch.state.mi.us
4. Paruthi S, Brooks LJ, D'Ambrosio C, et al. Recommended amount of sleep for pediatric populations: a consensus statement of the American Academy of Sleep Medicine. *J Clin Sleep Med.* 2016;2(6):785-786. doi:10.5664/jcsm.5866
5. Sherburne E, Snethen JA, Kelber S. Safety profile of children in an enclosure bed. *Clin Nurse Spec.* 2017;31(1):36-44. doi:10.1097/NUR.0000000000000261

The MEDICAL Policy Statement detailed above has received due consideration as defined in the MEDICAL Policy Statement Policy and is approved.