



MEDICAL POLICY STATEMENT INDIANA MARKETPLACE

Policy Name	Policy Number	Date Effective
Screening and Diagnostic Mammography	MM-0141	08/01/2020-03/31/2021
Policy Type		
MEDICAL	Administrative	Pharmacy
		Reimbursement

Medical Policy Statement prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Medical Policy Statements prepared by CareSource and its affiliates do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Medical Policy Statement. If there is a conflict between the Medical Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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A. Subject

Screening and Diagnostic Mammography

B. Background

Breast cancer is the most frequent type of non-skin cancer among women and is frequently diagnosed in women ages 55-64. The United States Preventative Services Task Force has found evidence that mammogram screening reduces breast cancer mortality in women ages 40-74.

C. Definitions

- **Mammogram** – Low-dose x-rays of the breast. This includes conventional, digital, and 3D.
- **Screening mammogram** – A standard, two (2) view per breast, low-dose radiographic examination of the breasts that is:
 - Furnished to an asymptomatic woman; and
 - Performed by a mammography services provider using equipment designed by the manufacturer for and dedicated specifically to mammography in order to detect unsuspected breast cancer.
 - The term includes the interpretation of the results of a breast cancer screening mammography by a physician.
- **Diagnostic mammogram** – Used to look at a woman's breast if she has breast symptoms or if a change is seen on a screening mammogram.
- **Woman at high risk** – Woman who meets at least one of the following:
 - A woman who has a personal history of breast cancer.
 - A woman who has a personal history of breast disease that was proven benign by biopsy.
 - A woman whose mother, sister, or daughter has had breast cancer.
 - A woman who is at least thirty (30) years of age and has not given birth.

NOTE: Members who are biologically females but identify as males are considered females for the purposes of this policy.

D. Policy

- I. Prior Authorization
 - A. A prior authorization is not required for screening mammography.
 - B. A prior authorization is required for diagnostic outpatient mammograms.
- II. All mammograms facilities must meet equivalent guidelines established by the state department of health or be certified by the Federal Department of Health and Human Services for participation in the Medicare program.
- III. The facility must meet current criteria of the American College of Radiology mammography accreditation program.



IV. Mammograms
 A. Screening mammograms

1. Are covered for women with the following frequency:
 - a. At least one baseline between ages of 35 and 39;
 - b. Once every year for women at risk who are less than age 40; and
 - c. Once every year for 40 years and older.
 01. High risk screening – for members who are deemed to be high risk it may be appropriate to start screening at an earlier age with mammography. CareSource may request medical documentation to support medical necessity for testing in women younger than 35 or more frequent testing than stated in D. IV. A. 1. a. b. and c. Additional modalities of testing (such as MRI) will require a prior authorization and medical necessity review.
2. Ultrasound services are covered when deemed medically necessary by the practitioner.

NOTE: CareSource may request medical documentation to support medical necessity for any additional procedures.

- B. Diagnostic mammograms are covered for men and women who show clinical sign and symptoms of breast cancer (i.e., an abnormal screening mammogram, a breast mass/lump, etc.) or who are at high risk for developing breast cancer, when ordered by a practitioner based on medical necessity.

V. CareSource will use MCG Health guidelines for medical necessity.

E. Conditions of Coverage

F. Related Policies/Rules

G. Review/Revision History

	DATE	ACTION
Date Issued	10/04/2017	
Date Revised	04/29/2020	Changed title from breast imaging – focused on mammograms. Updated policy, background, and definitions. PA added.
Date Effective	08/01/2020	
Date Archived	03/31/2021	This Policy is no longer active and has been archived. Please note that there could be other Policies that may have some of the same rules incorporated and CareSource reserves the right to follow CMS/State/NCCI guidelines without a formal documented Policy.

H. References

1. MCG Health: Ambulatory Care Guidelines, 23rd Ed., 2019



2. American Cancer Society. (2020, March 5). *American Cancer Society Screening Recommendations for Women at High Risk*. Retrieved April 10, 2020 from www.cancer.org
3. American Cancer Society. (2020, March 5). *Mammogram Basics*. Retrieved April 14, 2020 from www.cancer.org
4. Indiana General Assembly. (n.d.). *IC 27-8-14-2 Breast cancer screening*. Retrieved April 14, 2020 from www.iga.in.gov
5. Indiana General Assmelby. (n.d.). *IC 27-8-14-4 Mammography services provider*. Retrieved April 14, 2020 from www.iga.in.gov
6. Indiana General Assembly (n.d.). *IC 27-8-14-5 Woman at risk*. Retrieved April 14, 2020 from www.iga.in.gov
7. Indiana General Assembly (n.d.). *IC 27-8-14-6 Breast cancer screening mammography; coverage*. Retrieved April 14, 2020 from www.ga.in.gov

Archived