Healthy Heart Silver 4500 \$0 Select Drugs & Specialized Services Adult Vision & Fitness

Coverage for: Individual and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact <u>www.caresource.com/marketplace</u> or call 844-539-1733. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u>.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$4,500 individual/\$9,000 family per Benefit Year	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,800 individual/\$17,600 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See  www.caresource.com/marketplace or call 844-539-1733 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

		What You Will Pay		Limitations Evanations & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Network Provider Information*	
	Zero cost telehealth partner	No charge	Not covered	Refer to your Evidence of Coverage	
If you visit a health care	Primary care visit to treat an injury or illness.	\$30 copay	Not covered	None	
provider's office or	Specialist visit	\$50 copay	Not covered	None	
clinic	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
	Diagnostic test (x-ray, blood	X-ray: \$400 copay after deductible	Not covered	None	
If you have a test†	work)	Lab: \$60 copay		None	
	Imaging (CT/PET scans, MRIs)	\$200 copay after deductible	Not covered	None	
If you need drugs	Preventive drugs	No charge	Not covered	Up to a 90-day supply when filled at:	
to treat your illness	Generic drugs	Up to \$3 copay	Not covered	Retail for Generic Drugs in Tiers 0-3	
or condition†	Preferred brand drugs	Up to \$70 copay	Not covered	Mail Order for drugs in Tiers 0-3	
More information about prescription drug coverage is available at www.caresource.com/marketplace.	Non-preferred brand drugs	40% coinsurance after deductible	Not covered	All others limited to a 30-day supply  Any copays shown are for a 30-day supply.	
	Specialty drugs	50% coinsurance after deductible	Not covered	90-day supplies are 3 times the copay. Insulin cost share not to exceed \$30 per 30-day supply in aggregate.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	50% coinsurance after deductible	Not covered	None	
surgery†	Physician/surgeon fees	50% coinsurance after deductible	Not covered	None	
If you need immediate	Emergency room care	50% coinsurance after deductible	50% coinsurance after deductible	Emergency room copay or coinsurance is waived if you are admitted to the hospital directly from the Emergency Department.	
medical attention	Emergency medical transportation	50% coinsurance after deductible	50% coinsurance after deductible	Refer to your Evidence of Coverage	

<sup>\*</sup>For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.caresource.com/marketplace</u> or call 844-539-1733. †Prior authorization may be required, for more details see www.caresource.com/mp-KY-pa. KYSBC25 - Healthy Heart Silver 4500 (70) VF

		What You Will Pay		Limitations Everytions 9 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Network Provider Information*
	Urgent care	\$70 copay	\$70 copay	If you receive services in addition to <u>urgent</u> <u>care</u> , additional <u>copayments</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply.
If you have a hospital	Facility fee (e.g., hospital room)	\$250 copay after deductible per stay	Not covered	None
stay†	Physician/surgeon fees	No charge after deductible	Not covered	1 visit per physician per day
If you need mental health, behavioral health, or substance	Outpatient services	\$30 copay for office visits and 50% coinsurance after deductible for other outpatient services	Not covered	None
abuse services†	Inpatient services	\$250 copay after deductible per stay	Not covered	None
	Office visits	\$50 copay	Not covered	Cost sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services†	No charge after deductible	Not covered	services. Depending on the type of services, coinsurance may apply. Maternit care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services†	\$250 copay after deductible	Not covered	Your cost for inpatient services only. See above for physician delivery charges.

<sup>\*</sup>For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.caresource.com/marketplace</u> or call 844-539-1733. †Prior authorization may be required, for more details see www.caresource.com/mp-KY-pa. KYSBC25 - Healthy Heart Silver 4500 (70) VF

		What You Will Pay		Limitations Everytions 9 Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Network Provider Information*	
	Home health care†	50% coinsurance after deductible	Not covered	Private-Duty Nursing limited to 250 visits per Benefit Year. 100 visits per Benefit Year for other services. Refer to your Evidence of Coverage for additional information.	
	Rehabilitation services† Physical/Occupational therapy	\$30 copay	Not covered	PT, OT, ST, Pulmonary limited to 25 visits each per Benefit Year. Cardiac limited to 36	
	Speech/Post-cochlear implant aural therapy	\$30 copay	Not covered	visits. Manipulation therapy and Cognitive limited to 20 visits each per Benefit Year.	
If you need help	All other services	50% coinsurance after deductible	Not covered	Post-cochlear implant aural therapy limited to 30 visits.	
recovering or have other special health needs	Habilitation services† Physical/Occupational therapy	\$30 copay	Not covered	25 visits per Benefit Year	
liccus	Speech therapy	\$30 copay	Not covered	25 visits per Benefit Year	
	Hearing aids	50% coinsurance after deductible	Not covered	1 hearing aid per hearing-impaired ear every 36 months	
	Skilled nursing care†	50% coinsurance after deductible	Not covered	90 Day limit per Benefit Year	
	Durable medical equipment†	50% coinsurance after deductible	Not covered	Refer to your Evidence of Coverage	
	Hospice services	No charge for in- network and out-of- network by Medicare approved providers	No charge for in-network and out-of-network by Medicare approved providers	Refer to your Evidence of Coverage	
	Children's eye exam	No charge	Not covered	1 routine eye exam per Benefit Year	
If your child needs dental or eye care	Children's eyewear	No charge	Not covered	Limited to one pair of glasses or a 12-month supply of contact lenses per Benefit Year. If medically necessary, a replacement pair of glasses is allowed. Refer to your Evidence of Coverage for additional eyewear options that may have an additional charge.	
	Children's dental check-up	Not covered	Not covered	-	

<sup>\*</sup>For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.caresource.com/marketplace</u> or call 844-539-1733. †Prior authorization may be required, for more details see www.caresource.com/mp-KY-pa. KYSBC25 - Healthy Heart Silver 4500 (70) VF

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (Except in cases of rape, incest, or when the life of the mother is endangered)
- Acupuncture
- Bariatric surgery

- Cosmetic surgery
- Dental care
- Infertility treatment
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Fitness benefits Gym membership, at home kits, online videos, coaching, and more
- Hearing aids
- Private-duty nursing

- Routine eye care (Adult)
  - No charge for eye exam with retinal imaging included
  - No cost for glasses or contacts, with \$250 annual allowance

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-800-595-6053. Other coverage options may be available to you, too, including buying individual insurance coverage through the Kentucky Health Benefit Exchange. For more information about the Kentucky Health Benefit Exchange, visit kynect.ky.gov or call 1-855-306-8959.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Kentucky Department of Insurance: 1-800-595-6053.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the Kentucky Health Benefit Exchange or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

## Does this plan meet the Minimum Value Standards? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the Kentucky Health Benefit Exchange.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 844-539-1733

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844-539-1733

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 844-539-1733

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844-539-1733.

\*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.caresource.com/marketplace</u> or call 844-539-1733.

†Prior authorization may be required, for more details see www.caresource.com/mp-KY-pa.

KYSBC25 - Healthy Heart Silver 4500 (70) VF

	To see examples of now this <u>plan</u> might cover costs for a sample medical situation, see the next section.					
re information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.caresource.com/marketplace</u> or call 844-539-1733.	ore information about limitation	ons and exceptions, see the plan	or policy document at www	.caresource.com/marketp	lace or call 844-539-1733.	
uthorization may be required, for more details see www.caresource.com/mp-KY-pa.	authorization may be required	for more details see www.care	source com/mn-KY-na			

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■ The plan's overall deductible	\$4,500
■ Specialist copayment	\$50
■ Hospital (facility) <u>copayment</u>	\$250
■ Other <u>coinsurance</u>	50%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$4,500	
Copayments	\$300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Peg would pay is	\$4,800	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,500
■ Specialist copayment	\$50
Hospital (facility) copayment	\$250
■ Other <u>coinsurance</u>	50%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$200
<u>Copayments</u>	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$600

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$4,500
■ Specialist copayment	\$50
■ Hospital (facility) <u>copayment</u>	\$250
■ Other <u>coinsurance</u>	50%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,300	
Copayments	\$100	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,400	