

MARKETPLACE

# VISION AND FITNESS BENEFITS

2025 Kentucky



  
**CareSource**<sup>®</sup>



## We got you.

CareSource understands that a person's health involves more than just the basic health benefits and protections that come from the Affordable Care Act (ACA). So, we include: no lifetime maximums for most benefits, no medical review for enrollment, and we cover an extensive list of prescription drugs. But that's just the beginning. CareSource takes a holistic approach to health care by offering supplemental benefits that support your fitness goals along with vision services that many other health insurance plans do not cover.\* Through our **zero cost** telehealth partnership with Teladoc®, CareSource Marketplace members have access to \$0 copay telehealth office visits. This means you can talk to a U.S.-licensed physician by phone or video 24/7 for short-term illnesses. The doctor can consult with you, diagnose your condition and even prescribe medications if needed.

## Vision benefits are administered by EyeMed® and include:

Comprehensive eye exam with dilation, if medically necessary: One per benefit year, cost share applies.

**Eyewear:** Covered in full up to \$250 allowance per benefit year, limited to one pair of glasses or contacts per benefit year.

Eyeglasses, includes materials only: Frames, lenses and options: 20% discount on balance after \$250 allowance.

Contact lenses, includes materials only: Conventional — 15% discount balance after \$250 allowance; Disposable — No discount after \$250 allowance.

### No Member Cost Share for:

Low vision: Supplemental testing and low-vision aids.

Retinal imaging: Limited to one per benefit year.

Medically-necessary contact lenses: Contact lenses and associated services, including fit and follow-ups, covered in full with no limitations on number of follow-up visits required.

### As a CareSource member, you also get access to the following services:

Laser Vision Correction (LASIK from QualSight) — offers discounted prices for each LASIK procedure type. The discounts range from 15% to 50% compared to the usual and customary charges. The prices quoted to members are already discounted, so the above discount range does not apply again.

Not all providers honor discounts for non-covered services.

All premium lens options and lens add-ons above the allowance amount will be eligible for the 20% discount.



To find a provider for routine vision services, you can use our **Find a Doctor/Provider** tool on [CareSource.com](https://www.caresource.com).

Fitness Program benefits<sup>†</sup> are administered by American Specialty Health<sup>®</sup> through their Active&Fit<sup>®</sup> program (18+) and include:

Annual fitness center membership through a broad nationwide network of 10,000+ participating fitness centers, including select LA Fitness<sup>®</sup>, Snap Fitness<sup>™</sup>, Anytime Fitness<sup>®</sup>, Planet Fitness<sup>®</sup> and more.

Access to cardiovascular and strength training equipment, certain fitness classes and amenities such as saunas, locker rooms and pools, where available.

Home Fitness Kits: Receive one home fitness kit each benefit year from a variety of fitness categories with some kits including a wearable device (e.g., Fitbit<sup>®</sup> or Garmin<sup>®</sup>).

Home Fitness Kit topics include yoga, tai chi, Pilates, total body workout and more!

8,000+ on-demand workout videos in the website digital library, for all fitness levels.

Online classes and education at [www.ActiveandFit.com](http://www.ActiveandFit.com).



## No Reason to Wait. Enroll Now!

Go to [Enroll.CareSource.com](http://Enroll.CareSource.com) to view and compare all our plans, enroll and pay your first premium in one easy visit!

### Other ways to enroll:

- Contact your insurance agent or agency.
- Call us toll-free at **1-844-539-1733** (TTY: 711).
- Visit [kynect.ky.gov](http://kynect.ky.gov) or contact kynect at 1-855-4kynect (1-855-459-6328).

To find a fitness center near you and to learn more visit [www.ActiveandFit.com](http://www.ActiveandFit.com).



\*Enhanced plans that include supplemental benefits coverage are available for purchase.

†Excluding HSA-Eligible plan.

The Active&Fit program is provided by American Specialty Health Fitness (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). All programs and services are not available in all areas. You may be required to sign a separate membership agreement with the contracted fitness center prior to accessing the fitness center. Services may vary at each fitness center. Not all services offered by the fitness center may be included with fitness center enrollment and should be verified with the fitness center prior to enrollment. You may choose to either enroll in select fitness centers or choose two home fitness kits, but not both. Other exclusions and limitations apply.

For costs and complete details of coverage, please review the CareSource Evidence of Coverage and Schedule of Benefits documents at [CareSource.com/marketplace](https://www.caresource.com/marketplace).

**CareSource** is a Qualified Health Plan issuer in the

