



**JUST4ME**<sup>™</sup>

*Evidence of Family Coverage and Health,  
Dental & Vision Insurance Contract*

Evidence of Individual Coverage and  
Health Maintenance Organization Contract

Just4Me™ Plan

CareSource Indiana, Inc.

201 North Illinois Street  
16<sup>th</sup> Floor, South Tower  
Indianapolis, IN 46204

**Please read this EOC carefully.** If you are not satisfied, return this Evidence of Individual Coverage and Health Maintenance Organization Contract (“EOC”) to us within ten (10) calendar days after you received it. The EOC will be deemed delivered three (3) calendar days after it was deposited in the United States mail with first class postage prepaid, or when it is personally delivered, to the address shown above. Upon return, this EOC will be deemed void and any Premium will be refunded. In such event, any Health Care Services received during this ten (10) calendar day period are solely your responsibility.

Information regarding this Plan may be obtained by contacting CareSource at: 1-877-806-9284 or [www.caresource.com/just4me](http://www.caresource.com/just4me).

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Dear CareSource Just4Me™ Member,

Thank you for trusting CareSource as your health plan! CareSource was founded as a non-profit managed care company 25 years ago. Our mission is to make a difference in peoples' lives by improving their health care. It is the essence of our company and our unwavering dedication to that mission is a hallmark of our success.

We are committed to putting health care coverage within your reach, making it simple to understand and easy to use.

One way we are doing that is through [www.caresource.com](http://www.caresource.com), where you can find tips for healthy living, exercise, diet, and more. You can also learn more about our various health care plans and our broad network of doctors. We also offer CareSource 24™, a nurse advice line available to help you make health care decisions 24 hours a day, 7 days a week.

Thank you for choosing CareSource Just4Me™. We look forward to serving you and your health needs. If you have any questions or concerns about your health care or your coverage under the CareSource Just4Me™ plan, please call us at 1-877-806-9284.

Sincerely,

A handwritten signature in blue ink, appearing to read "Pamela B. Morris".

---

Pamela B. Morris  
President and Chief Executive Officer  
CareSource Indiana, Inc.

## SECTION 1 – WELCOME

### **This section includes information on:**

- How to contact us;
- How to use this Evidence of Coverage;
- Your responsibilities;
- When your coverage begins;
- Instructions and timeframes for enrolling you and your Dependents; and
- Your eligibility for Benefits under the Plan.

We are pleased to provide you with this Evidence of Individual Coverage and Health Maintenance Organization Contract (EOC). This EOC is an important legal document that describes the relationship between you and CareSource. It serves as your contract with CareSource and it describes your rights, responsibilities, and obligations as a Covered Person under the Just4Me™ Plan. This EOC also tells you how the Plan works and describes the Covered Services you and your Dependents are entitled to, any conditions and limits related to Covered Services, the Health Care Services that are not covered by the Plan, and the Annual Deductible, Copayments, and Coinsurance you must pay when you receive Covered Services. We encourage you to review your EOC carefully and refer to it often. Before you go further, go to the next page for an explanation of how to find the meaning of capitalized words you will find in this EOC.

### **How to Contact Us**

#### **How to Contact CareSource:**

- Member Services, Benefit inquiries, and other questions: 1-877-806-9284;
- Pharmacy Drug Benefit Related Questions: 1-800-479-9502;
- CareSource 24™, our 24-hour nurse advice line: 1-866-206-4240;
- Online assistance: [www.caresource.com/just4me](http://www.caresource.com/just4me);
- CareSource mailing address: 201 North Illinois Street, 16<sup>th</sup> Floor, South Tower, Indianapolis, IN 46204; and
- For information on how to make payments see Section 2: *How the Plan Works*.

Throughout this document, you will find statements that encourage you to contact us for further information. Whenever you have a question or concern regarding your Benefits, please call Member Services. It will be our pleasure to assist you.

## How to Use Your Evidence of Coverage

### How to Use This EOC:

- Read the entire EOC. Then keep it in a safe place for future reference.
- Many of the sections of this EOC are related to other sections. You may not have all the information you need by reading just one section.
- You can find copies of your EOC and any future Riders/Enhancements or Amendments at [www.caresource.com/just4me](http://www.caresource.com/just4me) or request printed copies by contacting Member Services.
- Capitalized words in this EOC have special meanings and are defined in Section 13: *Glossary*.
- CareSource Just4Me™ is also referred to as the Plan.

Because this EOC is a legal document, we encourage you to read it and any of its attached Riders/Enhancements and/or Amendments carefully. You are responsible for understanding all provisions of this document, including any Riders/Enhancements or Amendments. Many of the sections of this EOC relate to one another and you may need to read multiple sections to get all of the information you need. When reviewing your EOC, you should read the entire document and pay particular attention to Section 4: *Your Covered Services*, Section 5: *Prescription Drugs*, and Section 6: *What Is Not Covered*. You should also carefully read Section 12: *Other Important Information* to better understand how this EOC and your Benefits work. Please call us if you have questions about the Covered Services available to you. The terms of this EOC will control if there is a conflict between this EOC and any summaries provided to you by the Plan. Please be aware that your Providers do not have a copy of this EOC, and they are not responsible for knowing or communicating your Benefits.

### Defined Terms

Because this EOC is part of a legal document, it is important that you understand this EOC and the information it contains. Certain capitalized words within this EOC have special meanings that are defined in Section 13: *Glossary*. You should refer to Section 13 often as you see capitalized terms in order to have a clearer understanding of your EOC. When we use the words "we," "us," and "our" in this document, we are referring to CareSource and the Plan. When we use the words "you" and "your" in this EOC, we are referring to you as a Covered Person, as this term is defined in Section 13: *Glossary*.

### Your Responsibilities

#### ***Be Enrolled and Pay Required Premiums***

Benefits are available to you only if you are enrolled for coverage under the Plan. To be enrolled under the Plan and receive Benefits, your enrollment must be in accordance with the Plan's eligibility requirements and you must qualify as a Covered Person. You must also pay any Premiums required by the Plan.

***Choose Your Health Care Providers***

It is your responsibility to select the Network Providers and Network Pharmacies that will provide your health care. We can assist you to find Network Providers and Network Pharmacies. We will not cover Health Care Services provided by a Non-Network Provider except as provided in this EOC. For more information on choosing your Network Providers, please see Section 2: *How the Plan Works, Choose a PCP*.

***Your Financial Responsibility***

You must pay Copayments, Coinsurance, and the Annual Deductible for most Covered Services. See Section 2: *How the Plan Works* and Section 14: *Schedule of Benefits* for further detail on your Copayments, Coinsurance, and Annual Deductible obligations. The exact amount of the Copayments, Coinsurance, and Annual Deductible for which you are responsible is listed in Section 14: *Schedule of Benefits*.

***Pay the Cost of Limited and Excluded Services***

You must pay the cost of all Health Care Services and items that exceed the limitations on payment of Benefits or are not Covered Services. Please review Section 6: *What Is Not Covered* to become familiar with the Plan's limitations and Exclusions.

***Show Your ID Card***

To make sure you receive your full Benefit under the Plan, you should show your ID Card every time you request Health Care Services. If you do not show your ID Card, your Provider may fail to bill us for the Health Care Services delivered. Any resulting delay may mean that you will not receive Benefits under the Plan to which you would otherwise be entitled.

**Don't Forget Your ID Card**

Remember to show your CareSource ID Card every time you receive Health Care Services from a Network Provider or a Network Pharmacy. If you do not show your ID Card then, a Network Provider or Network Pharmacy has no way of knowing that you are enrolled under the Plan.

## Eligibility Requirements

To be eligible for coverage under the CareSource Just4Me™ Plan, you and your Dependents must meet all of the Plan's eligibility requirements. Generally, you will qualify if you are a resident of the State of Indiana and reside within the Plan's Service Area.

We may ask for verification that you are eligible for Benefits under the Plan. You must furnish satisfactory proof to us that the conditions above exist and continue to exist. Coverage under this Plan is available to you no matter what your health condition is.

Dependents who are eligible to participate in the Plan include:

1. Your legally recognized spouse.
2. Your domestic partner.

To qualify as a domestic partner, you must:

- Have a serious, committed relationship with the Covered Person;
  - Be financially interdependent;
  - Not be related to the Covered Person in any way that would prohibit legal marriage by state law;
  - Not be legally married to anyone else;
  - Not be a domestic partner of anyone else; and
  - Not be in a relationship that violates state or local laws.
3. Your natural blood related child, step-child, legally adopted child, a child for who you have a legal guardianship, or your child who is entitled to coverage under this Plan because of a medical child support order whose age is less than the limiting age. A dependent child is eligible for coverage
    - until the end of the month in which the child reaches the limiting age of 26; or
    - your child is incapable of self-sustaining employment by reason of developmental or intellectual disabilities or physical handicap and is primarily dependent upon you for support and maintenance.

## Dependent Provisions

You must furnish to the Plan satisfactory proof, upon our request, that the above conditions continuously exist. If satisfactory proof is not submitted to us, the Dependent's coverage will not continue beyond the last date of eligibility. Your Dependent must be enrolled in the Plan in order to be considered a Covered Person.

Proof of a child's incapacity must be furnished to us within one hundred twenty (120) days of the child's attainment of the limiting age. We may require at reasonable intervals during the two (2) years following the child's attainment of the limiting age subsequent proof of the child's disability and dependency. After such two (2) year period, we may require subsequent proof not more than once per year.

The Plan will provide Benefits to your newly added Dependent spouse effective as of the first day of the month following the date the Plan has enrolled your Dependent spouse in the Plan.

The Plan will provide Benefits to your newly born Dependent child from the moment of birth for thirty-one (31) days from the child's date of birth. To continue Benefits for a newly born Dependent, you must submit a request to the Plan to add the child to your coverage within sixty (60) days and pay any applicable Premium in accordance with the terms of this Plan.

The Plan will provide Benefits to your newly adopted Dependent child from the moment of adoption for thirty-one (31) days. To continue Benefits for a newly adopted Dependent, you must submit a request to the Plan to add the child to your coverage within sixty (60) days and pay any applicable Premium in accordance with the terms of this Plan.

A child will be considered adopted from the earlier of: (1) the moment of placement in your home; or (2) the date of an entry of an order granting custody of the child to you. The child will continue to be considered adopted unless the child is removed from your home prior to issuance of a legal decree of adoption.

The Plan will provide Benefits to your Dependent child for whom you have legal custody or guardianship. If you or your spouse is awarded legal custody or guardianship for a child, an application to add the child to your coverage must be submitted to the Plan within thirty-one (31) calendar days of the date legal custody or guardianship is awarded by the court. Coverage under the Plan will begin on the date the court granted legal custody or guardianship.

Unless otherwise provided for in Section 2: *How the Plan Works, Grace Period*, if payment of Premium is not received within such sixty (60) days as described above, you will be responsible for the cost of any Health Care Services received on or after the thirty-second (32<sup>nd</sup>) day of the birth, adoption or the award of legal custody or guardianship for a child, as the case may be.

The Plan will not deny enrollment to your child on the basis that the child was born out of wedlock; that the child is not claimed as a Dependent on your federal tax return; or that the child does not reside in your household or within the Plan's Service Area. If you are required by a court or administrative order to provide health care coverage for your Dependent child and you do not make application to obtain coverage for the child, the Plan will enroll your Dependent

child as a Dependent under the Plan upon an application from the other parent as provided for in Indiana Code § 27-8-23-7 and consistent with any applicable of the Plan's rules or processes. The Plan will not terminate such child's coverage unless the Plan receives satisfactory written evidence that either the court or administrative order is no longer in effect or the child is or will be enrolled under comparable health care coverage provided by another health insurer, which coverage will take effect not later than the effective date of termination of this Plan. Please see Section 9: *Coordination of Benefits* for additional information.

### **Application and Enrollment for CareSource Just4Me™**

To apply for coverage or to add coverage for a Dependent under CareSource Just4Me™, please call Member Services. Member Services will assist with your enrollment into the Plan. You will be asked to verify existing information about you or give proof when requested. Proof of eligibility may include, but not be limited to, age, residence, income, marital status, and employment.

#### ***Enrollment Date***

The Plan will use the information you provide when you enroll to determine the date that your coverage under the Plan is effective.

#### ***Availability of Benefits After Enrollment in the Plan***

When we enroll you in the Plan and your payment has been received, the Plan will provide coverage for the Covered Services to you on and after your coverage effective date.



**Change in Eligibility Status or Personal Information**

You must tell us (at the time of the event) if:

- You become pregnant;
- You have a baby;
- Your address or phone number changes;
- Your immigration status changes;
- Your income changes;
- Your marital status changes; or
- A Dependent reaches the limiting age.

The Plan must be notified of these changes within sixty (60) days. These changes may affect the amount you pay. All notices must be in writing and on approved forms or as otherwise required by the Plan.

A Covered Person's coverage under the Plan terminates on the date such person ceases to be eligible for coverage. Failure to notify the Plan of any person no longer eligible for coverage will not obligate the Plan to provide such coverage. Acceptance of payments for persons no longer eligible for coverage will not obligate the Plan to pay for Health Care Services.

**Open Enrollment**

The Plan will hold open enrollment every year. The Plan will give you information about the open enrollment process.

**Special Enrollment**

A special enrollment period is a period during which a person who experiences certain qualifying events or changes in eligibility may enroll in, or change enrollment in, coverage through the Plan, outside of an annual open enrollment period. The length of a special enrollment period is sixty (60) calendar days from the date of a triggering event unless specifically stated otherwise. Special enrollment periods include the following:

1. Loss of health insurance coverage;
2. A new Dependent due to marriage, birth, adoption or placement for adoption;
3. Becoming a United States citizen; or

4. Existing employer coverage will no longer be affordable or will only provide minimum value.

## SECTION 2 – HOW THE PLAN WORKS

### **This section includes information on:**

- Benefits;
- Your Financial Obligations;
- Your PCP;
- Specialty Care; and
- Authorization Requirements.

### **Benefits**

#### ***The Service Area***

The Service Area is the geographical area within which the Plan has developed its Network of Providers. Please visit the Plan's website for a map of the Plan's Service Area. The Plan is available to you if you live in the Service Area. If you plan to move out of the Service Area, please contact Member Services.

#### ***Out of Service Area Dependent Child Coverage***

Please note that the Plan will provide coverage for a Dependent child who lives outside of the Service Area if a court order requires that you provide health care coverage to such Dependent child.

Benefits for Covered Services will be provided for enrolled Dependent children who reside outside the Service Area due to such child attending an out of Service Area accredited public or private institution of higher education or residing with your former spouse.

Benefits provided under this section are payable at the Network level and are limited to the Maximum Allowable Amount. Your payment is subject to any Coinsurance, Copayment, or Deductible. You may be responsible for any amount in excess of the Maximum Allowable Amount.

#### ***Network Providers***

The Plan arranges for Providers to participate in its Network. Because of the importance of knowing whether Benefits are available to you when you use a Provider, you need to verify a Provider's status as a Network Provider by either calling Member Services at the toll-free telephone number on your ID Card or by logging onto our website.

### **Looking for a Network Provider?**

The directory of our Network Providers is on our website at [www.caresource.com/just4me](http://www.caresource.com/just4me). A printed directory may be provided to you free of charge.

***Covered Services From Network Providers***

The Plan provides Benefits when you receive Covered Services from Network Providers. You must choose the Network Providers to provide your Health Care Services.

Claims for Physician services provided in a Facility that is a Network Provider by either an anesthesiologist, Emergency Room Physician, consulting Physician, pathologist, or radiologist, whether or not a Network Provider, will be processed as if such services were rendered by a Network Provider.

Claims for Emergency Health Services and Covered Services provided by an Urgent Care Center outside the Service Area will be processed as if such services were rendered by a Network Provider. Such Benefits will be paid at the Network level and are limited to the Maximum Allowable Amount. Your payment is subject to any Coinsurance, Copayment, or Deductible. You may be responsible for any amount in excess of the Maximum Allowable Amount.

**Services Provided by Non-Network Providers**

Health Care Services you receive from Non-Network Providers are not Covered Services unless:

- A Non-Network Provider renders Emergency Health Services to you;
- You receive Urgent Care Services while you are temporarily outside the Service Area;
- There is a specific situation involving the continuity of your health care, as explained below in this Section 2;
- You receive Health Care Services from a Non-Network Provider (such as an anesthesiologist or radiologist) while you are in a Hospital or other Facility that is a Network Provider, as explained above; or
- You are referred by a PCP to a Non-Network Provider because the specialty care you need is not available from a Network Provider. In this case, your PCP or Network Provider must obtain our prior authorization.

Benefits provided under this section are payable at the Network level and are limited to the Maximum Allowable Amount. Your payment is subject to any Coinsurance, Copayment, or Deductible. You may be responsible for any amount in excess of the Maximum Allowable Amount.

Except for Emergency health Services, if you receive Health Care Services from a Non-Network Provider and the Plan did not grant prior authorization for such Health Care Services, you are responsible for making full payment to the Non-Network Provider.

**What You Must Pay*****Premium Payments***

Your monthly payments must be paid online at [www.caresource.com/just4me](http://www.caresource.com/just4me) or sent to the Plan at P.O. Box 630568, Cincinnati, Ohio 45263-0568. The Plan will provide you with other important information on Premium payments. You can also find this information on our website.

You will receive a monthly bill for your Premium. Your payment is due by the date stated on the bill. You must pay your Premium when it is due in order for your Benefits to continue. You will not receive Benefits for Covered Services if the Plan does not receive your Premium payments.

We reserve the right to change the Premium annually. You will receive sixty (60) calendar days' notice of any change in the amount of Premium, unless otherwise directed by law.

If Premium has been paid for any period of time after coverage under the Plan is terminated, we will refund that Premium to you. The refund will be for the period of time after your coverage ends.

### ***Grace Period***

If at least one (1) full month's Premium has been paid during the Benefit Year, a Grace Period of three (3) consecutive months shall be granted for the payment of any Premium.

During this three (3) month Grace Period, the Plan shall do all of the following:

1. Pay for Covered Services during the first month of the grace period and may pend claims for Covered Services rendered to you in the second and third months of the Grace Period; and
2. Notify Network Providers of the possibility for denied claims during the second and third months of the Grace Period.

If you do not pay Premium for any period during the Benefit Year, any Health Care Services received during such period will not be covered by the Plan and the Grace Period provisions above will not apply to you. You are responsible for the costs of any Health Care Services that you receive for any period of time during the Benefit Year for which you did not pay Premium. Your Provider(s) will bill you for such non-covered Health Care Services, and you will be responsible for directly paying your Provider(s).

### ***Annual Deductible***

The Annual Deductible is the amount you must pay in a Benefit Year before we will provide Benefits for most Covered Services. Please refer to your Schedule of Benefits for a detailed listing of those Covered Services that are subject to the Annual Deductible. Benefits for Preventive Health Services are not subject to the Annual Deductible. The amounts you pay toward your Annual Deductible accumulate during the Benefit Year.

### ***Eligible Expenses***

Eligible Expenses, generally, are charges for Covered Services (*see* the full definition in the Glossary). For certain Covered Services, the Plan will not pay Eligible Expenses until you have met your Annual Deductible for that Benefit Year.

***Coinsurance***

Coinsurance is a fixed percentage of Eligible Expenses that you are responsible for paying for certain Covered Services after you meet the Annual Deductible.

**Coinsurance - Example**

You have met your Annual Deductible. You receive Plan Benefits for Home Health Care Services from a Network Provider. Assume that the Plan pays 80%, you are responsible for paying the other 20%. This 20% amount is your Coinsurance.

***Copayment***

Copayment is the dollar amount that you are required to pay for certain Covered Services. For a complete definition of Copayment, see Section 13: *Glossary*.

***Annual Out-of-Pocket Maximum***

The Annual Out-of-Pocket Maximum is the maximum amount that you will pay each Benefit Year for Covered Services. For a complete definition of Annual Out-of-Pocket Maximum, see Section 13: *Glossary*. When you exceed your Annual Out-of-Pocket Maximum for a Benefit Year, the Plan will pay 100% of Eligible Expenses for Covered Services through the end of that Benefit Year. The table below shows what does and does not apply toward your Annual Out-of-Pocket Maximum:

<b>Plan Features</b>	<b>Applies to the Annual Out-of-Pocket Maximum?</b>
Copayments	Yes
Payments toward the Annual Deductible	Yes
Coinsurance Payments	Yes
Charges for Non-Covered Services	No

**The Plan Does Not Pay for All Health Care Services**

The Plan Benefits are limited to Covered Services. For a definition of Covered Services, see Section 12: *Glossary*. Not all Health Care Services will be covered by the Plan.

**Your Primary Care Provider*****Choose a PCP***

CareSource allows you to choose a primary care Provider (PCP) who is a Network Provider. Your Network PCP will work with you to direct your health care. Your PCP will treat you for most of your routine health care needs. If needed, your PCP will send you to other doctors (specialists) or admit you to the Hospital. If you prefer, we will be happy to assist you in selecting your Network PCP. For information on how to select a PCP and for a list of Network PCPs, please contact Member Services or visit our website. If you do not select a PCP within thirty (30) calendar days after enrolling in the Plan, we may assign you to a PCP.

Your PCP can be an individual Physician, Physician group practice, advanced practice nurse, or advanced practice nurse group trained in family medicine (general practice), internal medicine, or pediatrics. You may choose a Network Provider who is a pediatrician to serve as a child's PCP. Sometimes a specialist may need to be your PCP. If you and/or your specialist believe that he or she should be your PCP, you should call Member Services.

A woman covered under this Plan may choose a Network Provider who specializes in obstetrical or gynecological care to serve as her PCP. The Plan does not require a woman to obtain prior authorization from the Plan or from any other person (including a PCP) in order to obtain access to obstetrical or gynecological care from a Network Provider who specializes in obstetrics or gynecology. For a list of Network Providers who specialize in obstetrics or gynecology, contact Member Services or visit our website.

### ***Visit Your PCP***

It is important that you start to build a good doctor/patient relationship with your PCP as soon as you can. After you enroll in the Plan, we recommend that you visit your PCP if you have not met him or her. You can reach your PCP by calling the PCP's office. Introduce yourself as a new Plan Member and schedule an appointment. This will help you get to know your new PCP. It is important to try to see your PCP within your first thirty (30) calendar days of enrollment. If applicable, you should ask your previous doctor to send your medical records to your new PCP. (Note: Your previous doctor may charge you for copies.) If you have difficulty getting an appointment with or seeing your PCP or any Network Provider, please call CareSource Member Services.

### ***Changing Your PCP***

We hope you are happy with the PCP you have chosen, but we know that you may decide to choose a different PCP in the future. If your PCP tells us that he/she is moving away, retiring, or leaving the Network for any reason, you may choose another PCP from the Network or we may assign another PCP for you and let you know in writing. We will do our best to send this notice to you at least thirty (30) calendar days before your PCP leaves the Network. You can call us if you need help choosing another PCP.

### ***If You Can't Reach Your PCP***

Your PCP or covering Provider is available to provide and refer you for care 24 hours a day. If your PCP cannot take your call right away, always leave a message with the office staff or answering service. You should wait a reasonable amount of time for someone to call you back unless you require Emergency Health Services. You do not need to call your PCP before seeking Emergency Health Services. If you are unable to reach your PCP or the covering Provider, call Member Services during Business Hours or CareSource 24™ after or before Business Hours.

### ***Canceling Provider Appointments***

If you have to cancel an appointment with your PCP or any Provider, always do so as far in advance of your appointment as possible. Providers may charge you for missed appointments. The Plan does not pay, provide coverage, or reimburse you for any missed appointment charges.

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## When You Need Specialty Care

If you think you need specialty care, we encourage you to first call your PCP. Your PCP can tell you whether you need specialty care and should refer you to an appropriate Network specialist. Before you visit a Network specialist, you should always check with your PCP or Network specialist to make sure that he or she has obtained any required prior authorization from the Plan.

## Prior Authorization

Prior Authorization is the process used by the Plan to determine those Health Care Services listed on the Plan's Prior Authorization List that meet evidence based criteria for Medical Necessity and are Covered Services under your Plan prior to the Health Care Service being provided. Your Provider, whether a Network Provider or a Non-Network Provider, is responsible for obtaining prior authorization for the Health Care Services described on the Prior Authorization List. Please check with your Provider to ensure that your Provider has obtained prior authorization prior to you receiving any Health Care Services listed on the Prior Authorization List. The Prior Authorization List is available by calling Member Services at 1-877-806-9284 or by viewing it on our website at [www.caresource.com/just4me](http://www.caresource.com/just4me). The Prior Authorization List is subject to change. Your Network Provider and you will be provided thirty (30) calendar days prior notice before a change is made to the Prior Authorization List.

If your Network Provider fails to obtain prior authorization from us for Health Care Services as required by us and such Provider renders such Health Care Services to you, the Network Provider shall be responsible for the costs of such Health Care Services and neither Plan nor you will be required to pay for such Health Care Services. If you receive Health Care Services from a Non-Network Provider and you or the Non-Network Provider did not obtain prior authorization for such Health Care Services, you are responsible for making full payment to the Non-Network Provider.

Examples of types of Health Care Services that require Prior Authorization include but are not limited to:

- Non-Emergency Health Services provided by Non-Network Providers;
- Behavioral Health Services;
- Reconstructive procedures;
- Diagnostic Tests such as specialized labs, procedures and high technology imaging;
- Injectable drugs and medications;
- Inpatient Health Care Services;
- Specific surgical procedures;
- Nutritional supplements;
- Pain management services; and
- Transplant services.



Prior authorization is not required from us before you get Emergency Health Services. If you have an Emergency, call 911 or go to the nearest Emergency Room or other appropriate setting.

If you are a woman, you do not need authorization from us or from any other person (including a PCP) in order to obtain access to obstetrical or gynecological care from a Network Provider who specializes in obstetrics or gynecology; however, the Network Provider may be required to obtain prior authorization for certain Health Care Services. Please ensure that your Provider obtains any necessary prior authorizations.

If we, or a utilization review organization acting on our behalf, authorizes a proposed Health Care Service to be provided by a Network Provider based upon the complete and accurate submission of all necessary information relative to a Covered Person, we will not retroactively deny this authorization if the Network Provider renders the Health Care Service in good faith and pursuant to the authorization and all of the terms and conditions of this EOC and the Network Provider's contract with us.

### **Continuity of Care**

While you are expected to seek Health Care Services from Network Providers, the Plan, when appropriate, will manage continuity of care requests for you by coordinating care across the Network to ensure that your care is not disrupted or interrupted. Continuity of care concerns may arise when a Non-Network Provider is treating you when you first enroll in the Plan. In addition, continuity of care issues may arise when a Network Provider is no longer a Provider within our Network or when you are or will be receiving services for which a prior authorization was received from another plan or payer.

If your circumstances fall within the provisions identified below, you will be eligible for continuity of care from a Non-Network Provider for the listed period of time.

#### ***Continuity of Care for Existing Covered Persons***

If your PCP leaves the Network, we will use our best efforts to provide you with written notice at least thirty (30) calendar days prior to the date your PCP leaves the Network. Our notice to you will explain how to choose a new PCP. Unless your PCP was terminated from our Network for reasons related to Fraud or quality of care, we will continue to pay for Covered Services you receive from the PCP, for thirty (30) calendar days after the date the PCP leaves the Network. If you are undergoing an active course of treatment for Sickness or an Injury, the Plan may authorize continuing coverage with that PCP from the date the Provider left the Network through the acute phase of Sickness or for up to ninety (90) calendar days (whichever is shorter). Your Provider should contact the Medical Management Department to obtain our prior authorization.

If you are a woman in your second or third trimester of Pregnancy and the Network Provider you are seeing in connection with your Pregnancy involuntarily leaves the Network (for reasons other than Fraud or quality of care), you may, with our prior authorization, continue to receive Covered Services from that Provider through your first postpartum visit. Please have your Provider contact the Medical Management Department to obtain our prior authorization. If you are a woman in your first trimester of Pregnancy when your coverage becomes effective and the

Network Provider you are seeing in connection with your Pregnancy is a non-Network Provider, you must choose a Network Provider in Order to receive Benefits.

If you have a Terminal Illness, and the Provider you are seeing in connection with your Terminal Illness is involuntarily disenrolled from the Plan (for reasons other than Fraud or quality of care), you may, with our prior authorization, continue to receive coverage for Covered Services provided by that Provider until you no longer need Health Care Services. Please have your Provider contact the Medical Management Department to obtain our prior authorization.

### ***Continuity of Care for New Covered Persons***

If you are a new Covered Person of the Plan, the Plan will provide coverage for Covered Services provided by your existing Physician or nurse practitioner, if he or she is a Non-Network Provider, as follows:

For up to thirty (30) calendar days after your coverage effective date if:

- The Physician or nurse practitioner is providing you with an ongoing course of treatment or is your PCP;
- Through your first postpartum visit, if you are a new Covered Person in your second or third trimester of Pregnancy; or
- Until death, if you are a new Covered Person with a Terminal Illness.

You must obtain our prior authorization before continuing your care with a Non-Network Provider.

### ***Conditions for Coverage of Continuity of Care as Described in this Section***

Health Care Services rendered by a Provider who is disenrolled from the Network or a Non-Network Provider as described in this "Continuity of Care" section will only be covered when the Health Care Services would otherwise be Covered Services if provided by a Network Provider under this EOC, and the Provider agrees to:

- Accept payment from the Plan at the rates the Plan pays to Network Providers of the same specialty or sub-specialty;
- Accept such payment as payment in full and not charge you any more than you would have paid if the Provider was a Network Provider;
- Comply with the Plan's quality assurance standards;
- Provide the Plan with necessary medical information related to the care provided; and
- Comply with the Plan's policies and procedures including but not limited to procedures regarding referrals, obtaining prior authorization, and providing Covered Services pursuant to a treatment, approved by the Plan.

## SECTION 3 – IMPORTANT INFORMATION ON EMERGENCY, URGENT CARE, AND INPATIENT SERVICES

### **This section includes information on:**

- Emergency Health Services;
- Urgent Care Services; and
- Inpatient Services.

It is especially important for you to know certain information about your Benefits for Emergency Health Services, Urgent Care Services, Inpatient Services, and Maternity Services. This section explains those Benefits.

### **Emergency Health Services**

Emergency Health Services are used to treat an Emergency Medical Condition. We provide Benefits for an Emergency Medical Condition within the United States and while you are traveling outside of the United States.

You do not have to obtain our authorization before you get Emergency Health Services. If you have or think you have an Emergency Medical Condition, call 911 or go to the nearest Emergency Room or other appropriate setting. If you are not sure whether you need to go to the Emergency Room, call your PCP or CareSource 24™. Your PCP or CareSource 24™ can talk to you about your medical problem and give you advice on what you should do.

Remember, if you need Emergency Health Services:

- You should go to the nearest Emergency Room or other appropriate setting. Be sure to tell the Provider you are a CareSource Member and show the Provider your ID Card.
- If the Provider takes care of your Emergency Medical Condition but thinks that you need other medical care to treat the problem that caused your Emergency Medical Condition, the Provider must call CareSource.
- If you are able, call your PCP as soon as you can to let him or her know that you have an Emergency Medical Condition. If you are unable to call your PCP, have someone call for you.

If the Hospital admits you as an Inpatient, please make sure that CareSource is called within twenty-four (24) hours after your admission or as soon as reasonably possible. Copayments, Coinsurance and your Deductible may apply.

### ***Notice to Your PCP or the Plan Following Emergency Care***

If you receive Emergency Health Services at an Emergency Room (whether inside or outside the Service Area), but are not admitted to the Hospital, you or someone acting on your behalf must call your PCP or the Plan within forty-eight (48) hours after receiving care. This will allow your PCP to provide or arrange for any follow-up care that you may need.

If you receive Emergency Health Services care at an Emergency Room (whether inside or outside the Service Area) and you are admitted as an Inpatient, you or someone acting on your behalf must call your PCP or the Plan within twenty-four (24) hours of your admission or as soon as reasonably possible. This is essential so that your PCP can manage and coordinate your care, arrange for any Medically-Necessary transfer, and arrange for any follow-up care you may need. (*Note:* notice by the Provider of Emergency Health Services to your PCP or the Plan satisfies your requirement to notify your PCP and the Plan.)

### ***Transfer***

If you have been admitted to a Facility that is a Non-Network Provider after you have received Emergency Health Services and your PCP determines that a transfer to another Facility is medically appropriate, you will be transferred to a Facility that is a Network Provider. The Plan will not pay for Inpatient Stay provided in the Facility that is a Non-Network Provider to which you were first admitted after your PCP determined that a transfer is medically appropriate and transfer arrangements have been made for you.

### **Coverage for Urgent Care Services Outside the Service Area**

If you get hurt or sick while temporarily traveling outside the Service Area, the Plan will pay for Covered Services for Urgent Care Services that you receive from Non-Network Providers. Urgent Care Services that you receive outside of the United States while traveling are Covered Services. Prior to seeking Urgent Care Services, we recommend that you call your PCP for guidance; however, you are not required to do so. You should obtain Urgent Care Services from the nearest and most appropriate health care Provider.

The Plan will not cover the following types of care when you are traveling outside the Service Area:

- Care you could have foreseen needing before leaving the Service Area, including care for chronic medical conditions that require ongoing medical treatment.
- Routine care or preventive care.
- Elective Inpatient Stays or Outpatient surgery that can be safely delayed until you return to the Service Area.
- Follow-up care that can wait until your return to the Service Area.

If you are hospitalized outside the Service Area after you receive Urgent Care Services, you must call your PCP and the Plan within forty-eight (48) hours or as soon as reasonably possible.

### **Inpatient Hospital Stay**

#### ***Inpatient Hospital Services***

Except in the case of an Emergency Medical Condition, you must always call your PCP first before going to a Hospital. If you need Hospital care, your PCP will refer you to a Network Hospital. In rare instances when the Hospital services you need are not available from any Hospital that is a Network Provider, your PCP may refer you to a Hospital that is a Non-Network Provider after obtaining prior authorization from us.

***Charges After Your Discharge from a Hospital***

If you choose to stay as an Inpatient after a Physician has scheduled your discharge or determined that further Inpatient Services are no longer Medically Necessary, the Plan will not pay for any of the costs incurred after your scheduled discharge or after Inpatient Services are determined to be no longer Medically Necessary.

***How Benefits are Paid***

Benefits provided under this section are payable at the Network level and are limited to the Maximum Allowable Amount. Your payment is subject to any Coinsurance, Copayment, or Deductible. You may be responsible for any amount in excess of the Maximum Allowable Amount.

## SECTION 4 – YOUR COVERED SERVICES

### This section includes information on:

- Your Covered Services; and
- When authorization is required.

This section provides an overview of your Covered Services. Except as specifically provided in this EOC, the Plan does not cover Health Care Services provided by Non-Network Providers. Please refer to Section 14: *Schedule of Benefits* for information related to the Annual Deductible, Coinsurance, Copayments and the Annual Out-of-Pocket Maximum.

All Covered Services are subject to the conditions, Exclusions, limitations, terms and provisions of this EOC, including any Riders/Enhancements or Amendments. Covered Services must be Medically Necessary and not Experimental or Investigational. The fact that a Provider may prescribe, order, recommend or approve Health Care Services does not make it Medically Necessary or a Covered Service and does not guarantee payment. To receive maximum Benefits for Covered Services, you must follow the instructions outlined in this EOC, including receipt of care from a Network Provider, and obtaining any required prior authorization. Please refer to Section 2: *How the Plan Works – Prior Authorization*. If your Network Provider fails to obtain prior authorization from us for Health Care Services as required by us and such Network Provider renders such Health Care Services to you, the Network Provider shall be responsible for the costs of such Health Care Services and neither Plan nor you will be required to pay for such Health Care Services. If you receive Health Care Services from a Non-Network Provider and either you or the Non-Network Provider Plan did not obtain prior authorization for such Health Care Services, you are responsible for making full payment to the Non-Network Provider.

### 1. AMBULANCE SERVICES

#### Description

Ambulance Services means transportation by a vehicle (including ground, water, fixed wing and rotary wing air transportation) designed, equipped and used only to transport the sick and injured and staffed by Emergency Medical Technicians (EMT), paramedics, or other certified medical professionals.

The Plan provides Benefits for Ambulance Services:

- To a Hospital from your home or from the scene of an accident or an Emergency;
- Between Hospitals;
- Between a Hospital and Skilled Nursing Facility; or
- From a Hospital or Skilled Nursing Facility to your home.

The Plan also provides Benefits for Emergency Health Services provided by Emergency medical responders at your home or at the scene of an accident, or during transportation by Ambulance Services if you are subsequently transported to a Facility.

Ambulance Services are Covered Services only when Medically Necessary, except:

- When ordered by an employer, school, fire or public safety official and you are not in a position to refuse the transport; or
- When we require you to move from a Non-Network Provider to a Network Provider.

#### Authorization Requirements

Authorization of Ambulance Services for reasons other than those above or services provided by air or water transportation, may be subject to prior authorization. Always check with your Provider to make sure he or she has obtained the necessary prior authorization.

Prior authorization is not required for Ambulance Services related to the provision of Emergency Health Services.

#### Limitations

The Plan does not cover Ambulance Services provided by ambulettes or similar vehicles, including taxi or other means of public transportation.

Ambulance transports must be made to the closest local Facility that can provide you with Covered Services appropriate for your medical condition. If none of these Facilities are in your local area, the Plan will provide Benefits for an Ambulance Transport to the closest Facility outside your local area. Ambulance Services will not be covered when another type of transportation can be used without endangering your health. Any Ambulance Services used for the convenience of you, your family, your Provider or Facility are not Covered Services. Non-Covered Services also include but are not limited to, trips to a Physician's office or clinic or a morgue or funeral home.

## **2. BEHAVIORAL HEALTH SERVICES**

### Description

The Plan provides Benefits for Behavioral Health Services as described below.

**Inpatient Stays.** The Plan provides Benefits for Behavioral Health Services you receive during an Inpatient Stay. These services include individual or group psychotherapy, psychological testing, family counseling with family members to assist in your diagnosis and treatment, convulsive therapy including electroshock treatment or convulsive drug therapy. Your Network Provider must obtain prior authorization before an Inpatient Stay. Please confirm that your Network Provider has obtained prior authorization from us before receiving such services.

**Residential Treatment Stays.** The Plan provides Benefits for Behavioral Health Services in a Residential Treatment Program. These Health Services include individual and group psychotherapy, family counseling, nursing service and pharmacological therapy in a supportive 24 hour community.

**Partial Hospitalization.** The Plan provides Benefits for Behavioral Health Services provided in a partial hospitalization setting with an intensive structured setting providing three (3) or more hours of treatment or programming per day or evening, in a program that is available five (5) days a week. The intensity of services must be similar to Inpatient settings where skilled nursing care and daily psychiatric care (and Substance Use Disorders Treatment if you are being treated in a partial Hospital Substance Use Disorders Treatment program) are available and treatment is provided by a multidisciplinary team of Behavioral Health Services professionals.

**Intensive Outpatient Services.** The Plan provides Benefits for intensive Outpatient Services offered by practice groups or Facilities that provide Behavioral Health Services. Intensive Outpatient Services programs are defined as those that provide three (3) hours of treatment per day, and the program is available at least two (2) to three (3) days per week. Intensive Outpatient Services programs may offer group, dialectical behavior therapy, individual, and family services.

**Other Outpatient Services.** The Plan provides Benefits for office-based Behavioral Health Services. These include diagnostic evaluation, counseling, psychotherapy, family therapy, and medication evaluation. The services may be provided by a licensed mental health professional and are coordinated with a psychiatrist.

#### Authorization Requirements

Your Provider must obtain prior authorization from us for all Inpatient Stays, Residential Treatment Programs, partial hospitalization programs, and Intensive Outpatient Services related to Behavioral Health Services. Please confirm that your Provider has obtained prior authorization from us before receiving such services.

#### Limitations

Coverage for the diagnosis and treatment of Mental Sickness will not be subject to any limitations, including Annual Deductibles, Copayment, and Coinsurance provisions that are less favorable than the limitations that apply to a physical Sickness as covered under this EOC.

The following Health Care Services are not Covered Services:

- Custodial Care or Domiciliary Care.
- Supervised living or halfway houses.
- Room and board charges unless the treatment provided meets our Medical Necessity criteria for an Inpatient Stay for your condition.
- Services or care provided or billed by a school, halfway house, Custodial Care center for the developmentally disabled, or outward bound programs, even if psychotherapy is included.



### 3. COVERED CLINICAL TRIALS

#### Description

The Plan provides Benefits for routine patient Health Care Services you receive as part of an approved clinical trial provided that such Health Care Services are otherwise Covered Services under the Plan. Approved clinical trial means a clinical trial that (i) is a phase I, a phase II, a phase III, or a phase IV clinical trial that is conducted in relation to the prevention of cancer or another life-threatening disease or condition (defined as any disease or condition from which the likelihood of death is probable unless the course of the disease or condition is interrupted); and (ii) meets all of the following criteria:

- The purpose of the trial is to test whether the intervention potentially improves your health or the treatment is given with the intention of improving your health, and is not designed simply to test toxicity or disease pathophysiology;
- The trial does one of the following:
  - Tests how to administer a Health Care Service for the treatment of cancer or the life-threatening disease;
  - Tests responses to a Health Care Service for the treatment of cancer or the life-threatening disease;
  - Compares the effectiveness of Health Care Services for the treatment of cancer or the life-threatening disease; or
  - Studies new uses of Health Care Services for the treatment of cancer or the life-threatening disease; and
- The trial is approved by one of the following:
  - The National Institutes of Health, or one of its cooperative groups or centers under the United States Department of Health and Human Services;
  - The Centers for Disease Control and Prevention, or one of its cooperative groups or centers;
  - The Agency for Health Care Research and Quality, or one of its cooperative groups or centers;
  - The Centers for Medicare and Medicaid Services, or one of its cooperative groups or centers;
  - The United States Food and Drug Administration;
  - The United States Department of Defense; or
  - The United States Department of Veteran's Affairs.

#### Limitations

The Plan does not cover the following:

- A Health Care Service that is the subject of the clinical trial or is provided solely to satisfy data collection and analysis needs for the clinical trial that is not used in the direct clinical management of you;
- A Health Care Service that is clearly inconsistent with widely accepted and established standards of care for a particular diagnosis;
- An Experimental or Investigational drug or device that has not been approved for market by the United States Food and Drug Administration;
- Transportation, lodging, food, or other expenses for you, your family members or your companions that are associated with the travel to or from a Facility providing the approved clinical trial;
- A Health Care Service provided by the clinical trial sponsors free of charge to you; and
- A Health Care Service that is eligible for reimbursement by a person other than the Plan, including the sponsor of the clinical trial.

#### Authorization Requirements

Coverage for clinical trials requires our prior authorization. Your Provider must obtain prior authorization from us. Please confirm that your Provider has obtained prior authorization from us before receiving such Health Care Services.

#### **4. DENTAL SERVICES - RELATED TO ACCIDENTAL INJURY**

##### Description

The Plan provides Benefits for Outpatient Services, Physician Home Visits and Office Services, Emergency Health Services and Urgent Care Services for dental work and oral surgery if they are for the initial repair of an Injury to the jaw, sound natural teeth, mouth or face which are required as a result of an accident and are not excessive in scope, duration, or intensity to provide safe, adequate, and appropriate treatment without adversely affecting your condition. "Initial" dental work to repair injuries due to an accident means performed within twelve (12) months from the Injury, or as clinically appropriate and includes all examinations and treatment to complete the repair. For a child requiring facial reconstruction due to a dental related Injury, the Plan may provide Benefits, in its discretion, even if there may be several years between the accidental Injury and the final repair.

Covered Services for dental services related to accidental Injury include, but are not limited to:

- Oral examinations;
- Dental X-rays;
- Tests and laboratory examinations;
- Restorations;
- Prosthetic services;

- Oral surgery;
- Mandibular/maxillary reconstruction;
- Anesthesia.

The only other Dental Health Care Services that are Covered Services are Facility charges for Outpatient Services. Benefits are payable for the removal of teeth or for other processes only if the Covered Person's mental or physical condition or the dental procedure requires a Hospital or an Ambulatory Surgical Facility setting to ensure the safety of the Covered Person.

### Limitations

Injury as a result of chewing or biting is not considered an accidental Injury, and Health Care Services related to such injuries are not Covered Services.

## **5. DIABETIC EDUCATION, EQUIPMENT, AND SUPPLIES**

### Description

The Plan provides Benefits for diabetes self-management training if you have insulin dependent diabetes, non-insulin dependent diabetes, or elevated blood glucose levels induced by Pregnancy or another medical condition when:

- Medically Necessary;
- Ordered in writing by a Physician or a Podiatrist; and
- Rendered by a Network Provider who is appropriately licensed, registered, or certified under state law to provide such training.

Covered Services also include all Physician or Podiatrist prescribed Medically Necessary equipment and supplies used for the management and treatment of diabetes. See the sections below on "Medical Supplies, "Durable Medical Equipment and Appliances," "Preventive Health Services," and "Physician Home Visits and Office Services."

### Limitations

Covered Services for diabetes self-management training must be provided by a certified, registered or licensed Provider with expertise in Diabetes.

## **6. DIAGNOSTIC SERVICES**

### Description

The Plan provides Benefits for non-invasive Diagnostic Services, including but not limited to the following:

- X-ray and other radiology services, including mammograms for any person diagnosed with breast disease;

- Laboratory and pathology services;
- Advanced Imaging such as: MRI, MRA, PET, SPECT and CT imaging procedures;
- Allergy testing; and
- Cardiographic, encephalographic, and radioisotope tests.

The Plan provides Benefits for central supply (IV tubing) or pharmacy (dye) necessary to perform Diagnostic Services covered by the Plan.

### Authorization Requirements

Coverage for certain Diagnostic Services may be subject to prior authorization. Please review the Prior Authorization List for further detail. You should always check with your Provider to make sure he or she has obtained necessary prior authorization.

## **7. EMERGENCY HEALTH SERVICES**

### Description

The Plan provides Benefits for Emergency Health Services (Please refer to Section 3: *Important Information on Emergency, Urgent Care, Inpatient, and Maternity Services*). Health Care Services which we determine to meet the definition of Emergency Health Services will be Covered Services, whether the care is rendered by a Network Provider or a Non-Network Provider. The Plan provides Benefits for treatment of an Emergency Medical Condition, the Emergency Medical Condition screening and the services to Stabilize an Emergency Medical Condition without prior authorization for conditions that reasonably appear to constitute an Emergency Medical Condition based upon your presenting symptoms and conditions. Benefits for Emergency Health Services include Facility costs and Physician services, and supplies and Prescription Drugs charged by that Facility.

Whenever you are admitted as an Inpatient directly from a Hospital Emergency Room, the Emergency Health Services Copayment or Coinsurance for that Emergency Room visit will be waived. For Inpatient Stays following Emergency Health Services, prior authorization is not required. However, you must notify us or verify that your Physician has notified us within twenty-four (24) hours of your admission. When we are contacted, you will be notified whether the Inpatient setting is appropriate, and if appropriate, the number of days considered Medically Necessary. By calling us, you may avoid financial responsibility for any Inpatient Stay that is determined to be not Medically Necessary.

### Limitations

Benefits provided under this section are payable at the Network level and are limited to the Maximum Allowable Amount. Your payment is subject to any Coinsurance, Copayment, or Deductible. You may be responsible for any amount in excess of the Maximum Allowable Amount.

Follow-up care and other care and treatment provided after you have been Stabilized are no longer considered Emergency Health Services. Continuation of care from a Non-Network

Provider beyond that needed to evaluate or Stabilize your condition in an Emergency will not be covered unless we authorize the continuation of such care and it is Medically Necessary.

## 8. HABILITATIVE SERVICES

### Description

The Plan provides Benefits for habilitative services. Habilitative services include, but are not limited to, habilitative services provided Covered Persons who have a medical diagnosis of Autism Spectrum Disorder. Habilitative services that the Plan deems to be Covered Services include:

- Outpatient Physical Rehabilitation Services including:
  - Speech and Language therapy and/or Occupational therapy, performed by licensed therapists, twenty (20) visits per Benefit Year; and
  - Clinical Therapeutic Intervention defined as therapies supported by empirical evidence. This includes Applied Behavioral Analysis, provided by or under the supervision of a professional who is licensed, certified, or registered by an appropriate agency of this state to perform the services in accordance with a treatment plan, twenty (20) hours per week. Requests for greater than twenty (20) hours per week require medical review; and
  - Mental/Behavioral Health Outpatient Services performed by a licensed Psychologist, Psychiatrist, or Physician to provide consultation, assessment, development and oversight of treatment plans. Refer to Section 4: *Your Covered Services, Behavioral Health Services*.

Coverage for Autism Spectrum Disorders includes services prescribed by your Physician in accordance with a treatment plan. Any exclusion or limitation in this EOC in conflict with this provision will not apply. Coverage for Autism Spectrum Disorders will not be subject to dollar limits, deductibles, Copayments, or Coinsurance provisions that are less favorable than the dollar limits, deductibles, Copayments or Coinsurance provisions that apply to physical illness under the Plan.

## 9. HOME HEALTH CARE SERVICES

### Description

The Plan provides Benefits for services performed by a Home Health Care Agency or other Network Provider in your residence. Home Health Care Services include professional, technical, health aide services, supplies, and medical equipment. In order for you to qualify for Home Health Care Services, you must be confined to the home for medical reasons, and be physically unable to obtain needed services on an Outpatient basis. Covered Services include:

- Intermittent Skilled Nursing Services (by an R.N. or L.P.N.).

- Medical/Social Services.
- Diagnostic Services.
- Nutritional guidance.
- Home Health Care Agency aide services furnished by appropriately trained personnel employed by the Home Health Care Agency if you are receiving skilled nursing or therapy. Organizations other than Home Health Care Agencies may provide services only when approved by us, and their duties must be assigned and supervised by a professional nurse on the staff of the Home Health Care Agency.
- Therapy Services (except for Manipulation Therapy which will not be covered when rendered in the home). Home Care Visit limits specified below for Home Health Care Services apply when Therapy Services are rendered in the home.
- Medical/Surgical Supplies.
- Durable Medical Equipment.
- Prescription Drugs (only if provided and billed by a Home Health Care Agency).
- Private Duty Nursing.

### Limitations

The Plan provides Benefits for up to a maximum of one hundred (100) combined Home Health Care Services visits per Benefit Year.

Non-Covered Services include but are not limited to:

- Food, housing, homemaker services and home delivered meals.
- Home or Outpatient hemodialysis services (these are covered under Therapy Services).
- Physician charges billed by the Home Health Care Agency.
- Helpful environmental materials (hand rails, ramps, telephones, air conditioners, and similar services, appliances and devices.)
- Services provided by registered nurses and other health workers who are not acting as employees or under approved arrangements with a contracting Home Health Care Agency.
- Services provided by a member of your family.
- Services provided by volunteer Ambulance associations for which you are not obligated to pay, visiting teachers, vocational guidance and other counselors, and services related to outside, occupational and social activities.

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## 10. HOME INFUSION THERAPY

### Description

The Plan provides Benefits for Home Infusion Therapy. Benefits for Home Infusion Therapy include nursing, Durable Medical Equipment and pharmaceutical services that are delivered and administered intravenously in the home. Home IV therapy includes: injections, total parenteral nutrition, enteral nutrition therapy, antibiotic therapy, pain management and chemotherapy.

### Authorization Requirements

Your Provider must obtain our prior authorization prior to you receiving Home Infusion Therapy Provider services. Please confirm that your Provider has obtained prior authorization from us before receiving such services.

## 11. HOSPICE SERVICES

### Description

The Plan provides Benefits for Hospice services if you have a Terminal Illness for up to six (6) months. Hospice care may be provided in your home or at a Hospice Facility where medical, social and psychological services are given to help treat individuals with Terminal Illnesses. Hospice services include routine home care, continuous home care, Inpatient Hospice and Inpatient respite. To be eligible for Hospice Benefits, you must have a Terminal Illness. When recommended by your attending Physician, Hospice Benefits may be provided beyond the six (6) month limit.

Hospice services that qualify as Covered Services include the following:

- Skilled Nursing Services (by an R.N. or L.P.N.).
- Diagnostic Services.
- Physical, speech and inhalation therapies if part of a treatment plan.
- Medical supplies, equipment and appliances.
- Counseling services.
- Inpatient Stay at a Hospice Facility.
- Prescription Drugs given by the Hospice.
- Home health aide services.

### Limitations

Non-Covered Services include but are not limited to:

- Medical equipment, supplies and equipment used to treat you when the Facility you are in should provide such equipment.

- Services provided by volunteers.
- Housekeeping services.
- Services received if you do not have a Terminal Illness.

## 12. INFERTILITY SERVICES

### Description

The Benefit Plan covers services for the diagnosis and treatment of infertility when provided by or under the direction of a Network Physician. Covered Services include Medically Necessary treatment and procedures that treat the medical condition that results in infertility (e.g., endometriosis, blockage of fallopian tubes, varicocele, etc.).

### Limitations

Not all services connected with the treatment of infertility are Covered Services. Refer to Section 6: *What Is Not Covered*.

## 13. INPATIENT SERVICES

### Description

The Plan provides Benefits for Inpatient Services, including:

- Charges from a Hospital or Skilled Nursing Facility (SNF) or other Provider as authorized by the Plan for room, board and general nursing services, as follows:
  - A room with two (2) or more beds.
  - A private room. The private room allowance is the Hospital's average Semi-private Room rate unless it is Medically Necessary that you use a private room for isolation and no isolation Facilities are available.
  - A room in a special care unit approved by us. The unit must have facilities, equipment and supportive services for intensive care of critically ill patients.
- Ancillary (related) services, as follows:
  - Charges for operating, delivery and treatment rooms and equipment.
  - Prescription Drugs.
  - Anesthesia, anesthesia supplies and services.
  - Medical and surgical dressings, supplies, casts and splints.
  - Diagnostic Services.
  - Therapy Services.
- Physician services you receive during an Inpatient Stay, as follows:



- Physician visits that are limited to one (1) visit per day by any one Physician.
- Intensive medical care for constant attendance and treatment when your condition requires it for a prolonged time.
- Concurrent care for a medical condition by a Physician who is not your surgeon while you are in the Hospital for Surgery. Care by two (2) or more Physicians during one (1) Inpatient Stay when the nature or severity of your condition requires the skills of separate Physicians.
- A consultation, which is personal bedside examination by another Physician, when requested by your Physician.
- Surgery and the administration of general anesthesia.
- Newborn exam. A Physician other than the Physician who performed the obstetrical delivery must do the examination.

When you are transferred from one Hospital or Facility to another Hospital or Facility on the same day, any Copayment per admission in Section 14: *Schedule of Benefits* is waived for the second admission.

#### Authorization Requirements

Your Provider must obtain our prior authorization from us prior to an Inpatient Stay, unless otherwise noted in this EOC. Please confirm that your Provider has obtained prior authorization from us before receiving such services.

#### Limitations

The Plan provides Benefits for a maximum of ninety (90) days per Benefit Year for Skilled Nursing Facility stays.

The following consultations are not Covered Services: staff consultations required by Hospital rules; consultations requested by you; routine radiological or cardiographic consultations; telephone consultations; and EKG transmittal by phone.

## **14. MATERNITY SERVICES**

#### Description

The Plan provides Benefits for Maternity Services. Maternity Services include Inpatient Services, Outpatient Services and Physician Home Visits and Office Services. These services are used for normal or complicated Pregnancy, miscarriage, Therapeutic Abortion, and ordinary routine nursery care for a healthy newborn.

If you are pregnant when your Benefits begin, please refer to the Continuity of Care for New Covered Persons provisions in Section 2: *How the Plan Works*. These provisions describe how the Plan provides coverage for Non-Network Providers if you are in your second or third trimester of Pregnancy.

If Maternity Services are not covered for any reason, Hospital charges for ordinary routine nursery care for a well newborn are also not covered.

Coverage for the postpartum Inpatient Stay for you and your newborn child in a Hospital will be, at a minimum, forty-eight (48) hours for a vaginal delivery and ninety-six (96) hours for a cesarean section. Coverage for a length of stay shorter than the minimum period mentioned above may be permitted if you consent to such shorter stay and your attending Physician determines further Inpatient postpartum care is not necessary for you or your newborn child, provided that the following conditions are met:

- In the opinion of your attending Physician, the newborn child meets the criteria for medical stability in the Guidelines for Perinatal Care prepared by the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists that determine the appropriate length of stay based upon evaluation of:
  - the antepartum, intrapartum, and postpartum course of the mother and infant;
  - the gestational stage, birth weight, and clinical condition of the infant;
  - the demonstrated ability of the mother to care for the infant after discharge; and
  - the availability of post discharge follow-up to verify the condition of the infant after discharge.

If your newborn is required to stay as an Inpatient past the mother's discharge date, the Inpatient Stay for the newborn past the mother's discharge date will be considered a routine nursery admission separate from Maternity Services and will be subject to a separate Inpatient Coinsurance/Copayment.

The Plan also provides Benefits for Physician-directed follow-up care. Covered Services for follow-up care include physical assessment of your newborn and you, parent education, assistance and training in breast or bottle feeding, assessment of the home support system, performance of any Medically Necessary and appropriate clinical tests including but not limited to clinical tests for the detection of the following: (i) phenylketonuria; (ii) hypothyroidism; (iii) hemoglobinopathies, including sickle cell anemia; (iv) galactosemia; (v) Maple Syrup urine disease; (vi) homocystinuria; (vii) inborn errors of metabolism that results in mental retardation and that are designated by the state department; (viii) congenital adrenal hyperplasia; (ix) biotinidase deficiency; (x) disorders by tandem mass spectrometry or other technologies with the same or greater detection capabilities as determined by the state; or (xi) HIV or the antigen to HIV. Covered Services for follow-up care also include any other services that are consistent with the follow-up care recommended in the protocols and guidelines developed by national organizations that represent pediatric, obstetric, and nursing professionals. This Benefit applies to services provided in a medical setting or through Home Health Care visits. This Benefit will apply to a Home Health Care visit only if the Network Provider who conducts the visit is knowledgeable and experienced in maternity and newborn care.

The Plan also provides Benefits for at-home post-delivery care visits by your Physician or Nurse performed no later than seventy-two (72) hours following you and your newborn child's

discharge from the Hospital. Covered Services for at-home post-delivery care visits include but are not limited to:

- parent education;
- assistance and training in breast or bottle feeding; and
- performance of any maternal or neonatal tests routinely performed during the usual course of Inpatient care for you or your newborn child, including the collection of an adequate sample for the hereditary and metabolic newborn screening.

At your discretion, this visit may occur at the Physician's office.

## **15. MEDICAL SUPPLIES, DURABLE MEDICAL EQUIPMENT, AND APPLIANCES**

### Description

The Plan provides Benefits for the medical supplies, durable medical equipment and appliances described below. The supplies, equipment and appliances will only be Covered Services if they are Medically Necessary.

The Plan may cover the repair, adjustment and replacement of purchased equipment, supplies or appliances when approved by us. The repair, adjustment or replacement of the purchased equipment, supply or appliance is covered if:

- The equipment, supply or appliance is a Covered Service;
- The continued use of the item is Medically Necessary; and
- There is reasonable justification for the repair, adjustment, or replacement (warranty expiration is not reasonable justification).

In addition, replacement of purchased equipment, supplies or appliances may be covered if:

- The equipment, supply or appliance is worn out or no longer functions.
- Repair is not possible or would equal or exceed the cost of replacement. An assessment by a rehabilitation equipment specialist or vendor should be done to estimate the cost of repair.
- Your needs have changed and the current equipment is no longer usable due to weight gain, rapid growth, or deterioration of function, etc.
- The equipment, supply or appliance is damaged and cannot be repaired.

The Plan provides Benefits for:

- Medical and surgical supplies - Certain supplies and equipment for the management of disease that we approve will be Covered Services as Prescription Drug Services. These supplies are considered as a medical supply Benefit if you do not receive the supplies,

equipment or appliances from our Pharmacy Benefit Manager's mail service or from a Network Pharmacy.

- Therapeutic food, formulas, supplements, and low-protein modified food products for the treatment of inborn errors of metabolism or genetic conditions if the therapeutic food, formulas, supplements, and low-protein modified food products are obtained for the therapeutic treatment of inborn errors of metabolism or genetic conditions under the direction of a Physician. Benefits available for their use are limited to conditions required by law. Prior Authorization is required.
- Syringes, needles, oxygen, surgical dressings, splints and other similar items which serve only a medical purpose
- Allergy serum extracts
- Chem strips, Glucometer, Lancets
- Clinitest
- Ostomy bags and supplies provided; however, the Plan does not provide Benefits for Health Care Services related to the fitting of such Ostomy bag and supplies.
- Contraceptive devices including diaphragms, intra uterine devices (IUDs), and implants.

We may establish reasonable quantity limits for certain supplies, equipment or appliances as described below.

#### Authorization Requirements

Coverage for Medical Supplies, Durable Medical Equipment and Appliances may require prior authorization. Always check with your Provider to make sure he or she has obtained necessary prior authorization.

#### Limitations

Reimbursement for a motorized wheelchair will be limited to the reimbursement for a standard wheelchair, when a standard wheelchair adequately accommodates your condition.

The following items are not Covered Services:

- Adhesive tape, Band-Aids, cotton tipped applicators
- Arch Supports
- Doughnut cushions
- Hot packs, ice bags
- Vitamins
- Medinjectors

If you have any questions regarding whether a specific medical or surgical supply is covered, please call Member Services.

The Plan provides Benefits for certain Durable Medical Equipment, as described in this section. The Plan covers the rental (or, at our option, the purchase) of Durable Medical Equipment prescribed by a Physician or other Provider. Rental costs must not be more than the purchase price of the Durable Medical Equipment. The Plan will not pay for rental for a longer period of time than it would cost to purchase the equipment. The costs for delivering and installing the equipment are Covered Services. Payment for related supplies is a Covered Service only when the Durable Medical Equipment is a rental, and medically fitting supplies are included in the rental; or the Durable Medical Equipment is owned by you; medically fitting supplies may be paid separately. Durable Medical Equipment must be purchased when it costs more to rent it than to buy it. Repair of Durable Medical Equipment may be covered as set forth herein.

Covered Services for Durable Medical Equipment include but are not limited to:

- Hemodialysis equipment
- Crutches and replacement of pads and tips
- Pressure machines
- Infusion pump for IV fluids and medicine
- Glucometer
- Tracheotomy tube
- Cardiac, neonatal and sleep apnea monitors
- Augmentive communication devices are covered when we approve based on your condition.
- Wheelchairs
- Hospital beds
- Oxygen equipment
- CPAP machines when indicated for sleep apnea

#### Limitations

The following are not Covered Services:

- Air Conditioners
- Ice bags/cold pack pump
- Raised Toilet Seats
- Rental Equipment if the Covered Person is in a Facility that is expected to provide such equipment
- Translift chairs
- Treadmill exerciser

- Tub Chair used in shower

If you have any questions regarding whether a specific Durable Medical Equipment is covered, call the Member Services number on the back of your ID Card.

The Plan provides Benefits for certain prosthetics. The Plan covers artificial substitutes for body parts (including an artificial leg or arm) and tissues and materials inserted into tissue for functional or therapeutic purposes. Covered Services include purchase, fitting, needed adjustment, repairs, and replacements of prosthetic devices and supplies that:

- Replace all or part of a missing body part and its adjoining tissues; or
- Replace all or part of the function of a permanently useless or malfunctioning body part.

Prosthetic devices should be purchased not rented, and must be Medically Necessary. Applicable taxes, shipping and handling are also covered.

Covered Services for prosthetics include but are not limited to:

- Aids and supports for defective parts of the body including but not limited to internal heart valves, mitral valve, internal pacemaker, pacemaker power sources, synthetic or homograft vascular replacements, fracture fixation devices internal to the body surface, replacements for injured or diseased bone and joint substances, mandibular reconstruction appliances, bone screws, plates, and vitallium heads for joint reconstruction.
- Left Ventricular Artificial Devices (LVAD) (only when used as a bridge to a heart transplant).
- Breast prosthesis whether internal or external, following a mastectomy, and four (4) surgical bras per Benefit Year, as required by the Women's Health and Cancer Rights Act. Maximums for Prosthetic devices, if any, do not apply.
- Replacements for all or part of absent parts of the body or extremities, such as artificial limbs, artificial eyes, etc.
- Intraocular lens implantation for the treatment of cataract or aphakia. Contact lenses or eyeglasses prescribed following lens implantation are Covered Services. If cataract extraction is performed, intraocular lenses are usually inserted during the same operative session. Eyeglasses (for example bifocals) including frames or contact lenses are Covered Services when they replace the function of the human lens for conditions caused by cataract surgery or aphakia. The first pair of contact lenses or eyeglasses following surgery are covered. The donor lenses inserted at the time of surgery are not considered contact lenses, and are not considered the first lens following surgery. If the Injury is to one eye or if cataracts are removed from only one eye and you select eyeglasses and frames, reimbursement for both lenses and frames will be covered.
- Cochlear implant.

- Colostomy and other ostomy (surgical construction of an artificial opening) supplies directly related to ostomy care.
- Restoration prosthesis (composite facial prosthesis)
- Wigs (the first one following cancer treatment, not to exceed one (1) per Benefit Year).

Benefits for an artificial leg or arm will equal the standards for the federal Medicare program unless a different reimbursement rate is negotiated.

### Limitations

The following are not Covered Services:

- Denture, replacing teeth or structures directly supporting teeth
- Dental appliances
- Such non-rigid appliances as elastic stockings, garter belts, arch supports and corsets
- Artificial heart implants
- Penile prosthesis in men suffering from impotency resulting from disease or Injury.

If you have any questions regarding whether specific Prosthetic Equipment is covered, call the Member Services number on the back of your ID Card.

The Plan provides Benefits for certain orthotic devices. The Plan provides Benefits for the initial purchase, fitting, and repair of a custom made rigid or semi-rigid supportive device used to support, align, prevent, or correct deformities or to improve the function of movable parts of the body, or which limits or stops motion of a weak or diseased body part. Orthotic devices include Medically Necessary custom fabricated braces or supports that are designed as a component of a prosthetic device. The cost of casting, molding, fittings, and adjustments are covered. Applicable tax, shipping, postage and handling charges are also covered. The casting is covered when an orthotic appliance is billed with it, but not if billed separately.

Covered Services for orthotic devices may include but are not limited to:

- Cervical collars.
- Ankle foot orthosis.
- Back and special surgical corsets.
- Splints (extremity).
- Trusses and supports
- Slings.
- Wristlets
- Build-up shoe.
- Custom made shoe inserts.

Orthotic appliances may be replaced once per year when Medically Necessary. Additional replacements may be allowed if an appliance is damaged and cannot be repaired or you are under the age of eighteen (18) and the need for the replacement is due to your rapid growth.

Benefits for Medically Necessary custom fabricated braces or supports that are designed as a component of a prosthetic device will equal the standards for the federal Medicare program unless a different reimbursement rate is negotiated.

### Limitations

The following are not Covered Services:

- Orthopedic Shoes (except therapeutic shoes for diabetics)
- Foot support devices, such as arch supports and corrective shoes, unless they are an integral part of a leg brace
- Standard elastic stockings, garter belts and other supplies not specifically made and fitted (except as specified under Medical Supplies).

Benefits for repairs and replacement do not include the following:

- Repair and replacement due to misuse, malicious breakage or gross neglect.
- Replacement of lost or stolen items.

## **16. OUTPATIENT SERVICES**

### Description

The Plan provides Benefits for Outpatient Services. Outpatient Services include Facility, ancillary, Facility use, and professional charges when given as an Outpatient at a Hospital, Alternative Care Facility, Retail Health Clinic, or other Provider as determined by the Plan. These Facilities may include a non-Hospital site providing Diagnostic Services, therapy services, surgery, or rehabilitation, or other Provider Facility as determined by us.

When Diagnostic Services or other therapy services (chemotherapy, radiation, dialysis, inhalation, or cardiac rehabilitation) are the only Outpatient Services charge, no Copayment is required if received as part of an Outpatient surgery. Any Coinsurance will still apply to these Health Care Services.

### Limitations

Professional charges only include services billed by a Physician or other Provider.



## 17. PHYSICIAN HOME VISIT AND OFFICE SERVICES

### Description

The Plan provides Benefits for care provided by a Physician, nurse practitioner, or physician assistant in his or her office or your home. Refer to the sections titled "Preventive Health Services", "Maternity Care", "Home Health Care Services" and "Behavioral Health Services" for services covered by the Plan. For Emergency Health Services refer to the "Emergency Health Services" section. The Plan provides Benefits for:

**Office Visits** for medical care and consultations to examine, diagnose, and treat a Sickness or Injury performed in the Physician's office. Office visits also include allergy testing, injections and serum. When allergy serum is the only charge from a Physician's office, no Copayment is required. Coinsurance is not waived.

**Home Visits** for medical care and consultations to examine, diagnose, and treat a Sickness or Injury performed in your home.

**Diagnostic Services** when required to diagnose or monitor a symptom, disease or condition.

**Surgery and surgical services** (including anesthesia and supplies) including normal post-operative care.

**Therapy Services** for physical medicine therapies and other Therapy Services when given in the office of a Physician or other professional Provider.

### Limitations

Non-Covered Services include, but are not limited to communications used for:

- Reporting normal lab or other test results;
- Office appointment requests;
- Billing, insurance coverage or payment questions;
- Requests for referrals to doctors outside the online care panel;
- Benefit precertification; and
- Physician to Physician consultation

## 18. PHYSICAL MEDICINE AND REHABILITATION SERVICES

### Description

The Plan provides Benefits for a structured therapeutic program of an intensity that requires a multidisciplinary coordinated team approach to upgrade an individual's ability to function as independently as possible, including skilled rehabilitative nursing care, physical therapy, occupational therapy, speech therapy and services of a Social Worker or Psychologist. The goal

is to obtain practical improvement in a reasonable length of time in the appropriate Inpatient setting.

Covered Services for physical medicine and rehabilitation involve several types of therapy and a coordinated team approach. The variety and intensity of treatments required is the major differentiation from an admission primarily for physical therapy.

The Plan provides Benefits for Day Rehabilitation Program services provided through a Day Hospital for physical medicine and rehabilitation are Covered Services. A Day Rehabilitation Program is for those individuals who do not require Inpatient care but still require a rehabilitation therapy program four (4) to eight (8) hours a day, two (2) or more days a week at a Day Hospital. Day Rehabilitation Program services may consist of Physical Therapy, Occupational Therapy, Speech Therapy, nursing services, and neuro-psychological services. A minimum of two (2) Therapy Services must be provided for this program to be a Covered Service.

### Limitations

Non-Covered Services for physical medicine and rehabilitation include, but are not limited to admissions to a Hospital mainly for physical therapy.

## **19. PRESCRIPTION DRUGS**

Please refer to Section 5: *Prescription Drugs* for information on your Prescription Drug coverage.

## **20. PREVENTIVE HEALTH SERVICES**

The Plan provides Benefits for Preventive Health Services as part of your Essential Health Benefits, as determined by federal and state law. The Plan will cover Preventive Health Services at no cost to you if provided by a Network Provider.

Preventive Health Services in this section must meet requirements as determined by federal and state law. Preventive Health Services fall under four (4) broad categories. The categories are:

- Services with an "A" or "B" rating from the United States Preventive Services Task Force. Examples of these services are screenings for:
  - Breast cancer (mammogram);
  - Cervical cancer;
  - Colorectal cancer (colonoscopy);
  - High Blood Pressure;
  - Type 2 Diabetes Mellitus;
  - Cholesterol; and
  - Child and Adult Obesity.

- Immunizations for children, adolescents, and adults recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention;
- Preventive Health Services for infants, children and adolescents as provided for in the comprehensive guidelines supported by the Health Resources and Services Administration; and
- Additional Preventive Health Services for women provided for in the guidelines supported by the Health Resources and Services Administration.

You may call Member Services for additional information about these services or review the federal government's web sites:

- <http://www.uspreventiveservicestaskforce.org/uspstf/uspabrecs.htm>
- <http://www.healthcare.gov/what-are-my-preventive-care-benefits/>
- <http://www.ahrq.gov/clinic/uspstfix.htm>
- <http://www.cdc.gov/vaccines/acip/index.html>

Covered Services also include the following services required by state and federal law:

- Diagnostic Breast Cancer Screening Mammography including: (a) one baseline breast cancer screening mammography for a Covered Person between thirty-five (35) and forty (40) years of age, (b) one baseline screening mammography performed each year for a Covered Person who is less than forty (40) years of age and determined to be high risk, (c) any additional mammography views that are required for proper evaluation, and (d) ultrasound services, if determined to be Medically Necessary. A woman is considered to be high risk if she meets at least one of the following criteria:
  - Has a personal history of breast cancer;
  - Has a personal history of breast disease proven benign by biopsy;
  - Has a mother, sister, or daughter who has had breast cancer; or
  - Is at least thirty (30) years of age and has not given birth.
- Diagnostic Colorectal Cancer Screenings. Examinations and laboratory tests for prostate cancer for a nonsymptomatic Covered Person who (i) is either at least fifty (50) years of age, or (ii) is under the age of fifty (50) years and is at risk for colorectal cancer according to the most recent published guidelines of the American Cancer Society. Colorectal cancer screening means examinations and laboratory test for cancer for any nonsymptomatic Covered Person.
- Diagnostic Prostate Cancer Screening. One prostate specific antigen test is covered annually for a Covered Person who either is at least fifty (50) years of age or who is less than fifty (50) years of age and at high risk for prostate cancer according to the most recent published guidelines of the American Cancer Society.
- Routine hearing screenings.
- Routine vision screenings.
- Voluntary family planning services.

The Plan will give you at least sixty (60) days written notice before the effective day of any material modification to the list of covered Preventive Health Services in accordance with federal law.

## **21. RECONSTRUCTIVE SERVICES**

### Description

The Plan provides Benefits for certain reconstructive services required to correct a deformity caused by disease, trauma, Congenital Anomalies, or previous therapeutic process. Covered Services include the following:

- Necessary care and treatment of medically diagnosed congenital defects and birth abnormalities of a newborn child.
- Breast reconstruction resulting from a mastectomy. See Section 12 for the Women's Health and Cancer Rights Act Notice;
- Hemangiomas, and port wine stains of the head and neck areas for children ages eighteen (18) years or younger;
- Limb deformities such as club hand, club foot, syndactyly (webbed digits), polydactyly (supernumerary digits), macrodactyly;
- Otoplasty when performed to improve hearing by directing sound in the ear canal, when ear or ears are absent or deformed from trauma, surgery, disease, or congenital defect;
- Tongue release for diagnosis of tongue-tied;
- Congenital disorders that cause skull deformity such as Crouzon's disease;
- Cleft lip; and
- Cleft palate.

### Authorization Requirements

Your Provider must obtain prior authorization from us for reconstructive services. Please confirm that your Provider has obtained prior authorization from us before receiving such services.

## **22. STERILIZATION**

### Description

The Plan provides Benefits for surgical sterilization procedures and related services received in a Physician's office or on an Outpatient basis at a Hospital or Alternate Facility.

Benefits under this category include the Facility charge, the charge for required Hospital-based professional services, supplies and equipment and for the surgeon's fees.

## 23. SURGICAL SERVICES

### Description

The Plan provides Benefits for surgical services when provided as part of Physician Home Visits and Office Services, Inpatient Stays, or Outpatient Services. Surgical Services will only be Covered Services when provided in an appropriate setting, as determined by us. Such Benefits include but are not limited to:

- Performance of accepted operative and other invasive procedures, including but not limited to:
  - Operative and cutting procedures;
  - Endoscopic examinations, such as arthroscopy, bronchoscopy, colonoscopy, laparoscopy; and
  - Other invasive procedures such as angiogram, arteriogram, amniocentesis, tap or puncture of brain or spine;
- The correction of fractures and dislocations;
- Anesthesia and surgical assistance when Medically Necessary;
- Usual and related pre-operative and post-operative care; or
- Other procedures as approved by us.

We may combine the Benefits when more than one (1) surgery is performed during the same operative session.

### Authorization Requirements

Your Provider must obtain prior authorization from us for Surgical Services. Please confirm that your Provider has obtained prior authorization from us before receiving such services.

## 24. TEMPOROMANDIBULAR OR CRANIOMANDIBULAR JOINT DISORDER AND CRANIOMANDIBULAR JAW DISORDER

### Description

The Plan provides Benefits for temporomandibular (joint connecting the lower jaw to the temporal bone at the side of the head) and craniomandibular (head and neck muscle) disorders if such services are provided in accordance with our guidelines.

### Authorization Requirements

Coverage for Benefits for Temporomandibular and Craniomandibular require prior authorization. Always check with your Provider to make sure he or she has obtained necessary Prior Authorization.

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## 25. THERAPY SERVICES

### Description

The Plan provides Benefits for certain therapy services if given as part of Physician Home Visits and Office Services, Inpatient Stays, Outpatient Services, or Home Health Care Services when a Network Provider expects that the therapy services will result in a practical improvement in the level of your functioning within a reasonable period of time.

### **Physical Medicine Therapy Services**

The Plan provides Benefits for physical medicine therapy services when a Network Provider expects that the physical medicine therapy services will result in a practical improvement in the level of your functioning within a reasonable period of time.

The Plan will provide Benefits for physical therapy including treatment by physical means, hydrotherapy, heat, or similar modalities, physical agents, bio-mechanical and neuro-physiological principles and devices. In order to be considered Covered Services, physical therapy services must be provided to relieve your pain, restore your function, and to prevent disability following your Sickness, Injury, or loss of a body part.

### **Occupational Therapy Services**

The Plan will provide Benefits for occupational therapy for treatment if you are physically disabled by means of constructive activities designed and adapted to promote the restoration of your ability to satisfactorily accomplish the ordinary tasks of daily living and those tasks required by your particular occupational role.

### **Speech Therapy**

The Plan will provide Benefits for speech therapy for a correction of a speech impairment.

### **Manipulation Therapy**

The Plan will provide Benefits for manipulation therapy that includes osteopathic/chiropractic manipulation therapy used for treating problems associated with bones, joints and the back. The two (2) therapies are similar, but chiropractic therapy focuses on the joints of the spine and the nervous system, while osteopathic therapy includes equal emphasis on the joints and surrounding muscles, tendons and ligaments. Manipulations whether performed and billed as the only procedure or manipulations performed in conjunction with an exam and billed as an office visit will be counted toward any maximum for manipulation therapy services as specified herein.

### **Other Therapy Services**

The Plan will provide Benefits for therapy services for:

- Cardiac rehabilitation to restore your functional status after a cardiac event. Cardiac rehabilitation services includes a program of medical evaluation, education, supervised

exercise training, and psychosocial support. Home programs, on-going conditioning and maintenance are not covered.

- Pulmonary rehabilitation to restore an individual's functional status after a Sickness or Injury. Covered Services include but are not limited to Outpatient short-term respiratory services for conditions which are expected to show significant improvement through short-term therapy. Also covered is inhalation therapy administered in Physician's office including but are not limited to breathing exercise, exercise not elsewhere classified, and other counseling. Pulmonary rehabilitation in the acute Inpatient Rehabilitation Facility setting is not a Covered Service.

### Limitations

The following visit limitations apply to each therapy service. Prior Authorization is required for visits in excess of these limits?

- Physical Therapy: Twenty (20) visits per Benefit Year when rendered as Physician Home Visits and Office Services or Outpatient Services. When rendered in the home, Home Health Care Services limits apply.

### Limitation

The Plan does not provide Benefits for physical therapy services that are for maintenance therapy; that delay or minimize muscular deterioration in individuals suffering from a chronic disease or Sickness; that are repetitive exercises to improve movement, maintain strength and increase endurance (including assistance with walking for weak or unstable individuals); that are range of motion and passive exercises not related to restoration of a specific loss of function, but are for maintaining a range of motion in paralyzed extremities; that are general exercise programs; that are diathermy, ultrasound and heat treatments for pulmonary conditions; that are diapulse; or for work hardening.

- Occupational Therapy: Twenty (20) visits per Benefit year when rendered as Physician Home Visits and Office Services or Outpatient Services. When rendered in the home, Home Health Care Services limits apply.

### Limitation

The Plan does not provide Benefits for occupational therapy including but not limited to diversional, recreational, vocational therapies (e.g. hobbies, arts and crafts); supplies (looms, ceramic tiles, leather, utensils); therapy to improve or restore functions that could be expected to improve as you resume normal activities again; general exercises to promote overall fitness and flexibility; therapy to improve motivation; suction therapy for newborns (feeding machines); soft tissue mobilization (visceral manipulation or visceral soft tissue manipulation), augmented soft tissue mobilization, myofascial; adaptations to the home such as ramp ways, door widening, automobile adaptors, kitchen adaptation and other types of similar equipment.

- **Speech Therapy:** The Plan provides Benefits for up to twenty (20) visits per Benefit Year when rendered as Physician Home Visits and Office Services or Outpatient Services. When rendered in the home, Home Health Care Services limits apply.
- **Manipulation Therapy:** Twelve (12) visits per Benefit Year.

### Limitation

The Plan does not provide Benefits for manipulation therapy services provided in the home as part of Home Health Care Services.

- **Cardiac Rehabilitation:** Thirty-six (36) visits per Benefit Year when rendered as Physician Home Visits and Office Services or Outpatient Services. When rendered in the home, Home Health Care Services limits apply.
- **Pulmonary Rehabilitation:** Twenty (20) visits when rendered as Physician Home Visits and Office Services or Outpatient Services. When rendered in the home, health Care Services limits apply. When rendered as part of physical therapy, the Physical Therapy limit will apply instead of the limit listed here.

### Other Services

- **Chemotherapy** for the treatment of a disease by chemical or biological antineoplastic agents, including the cost of such agents.
- **Dialysis treatments** of an acute or chronic kidney ailment which may include the supportive use of an artificial kidney machine.
- **Radiation therapy** for the treatment of disease by X-ray, radium, or radioactive isotopes. Radiation therapy includes treatment (teletherapy, brachytherapy and intraoperative radiation, photon or high energy particle sources); materials and supplies used in therapy; and treatment planning.
- **Inhalation Therapy** for the treatment of a condition by the administration of medicines, water vapors, gases, or anesthetics of inhalation. Covered Services include but are not limited to, introduction of dry or moist gases into the lungs; nonpressurized inhalation treatment; intermittent positive pressure breathing treatment, air or oxygen, with or without nebulized medication; continuous positive airway pressure ventilation (CPAP); continuous negative pressure ventilation (CNP); chest percussion; therapeutic use of medical gases or drugs in the form of aerosols, and equipment such as resuscitators, oxygen tents, and incentive spirometers; broncho-pulmonary drainage and breathing exercises.

## **26. TRANSPLANT: HUMAN ORGAN AND TISSUE TRANSPLANT (BONE MARROW/STEM CELL) SERVICES**

### Description



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## Covered Transplant Procedure

The Plan provides Benefits for human organ and stem cell/bone marrow transplants and transfusions that we determine are Medically Necessary. Such Benefits include the necessary and related acquisition procedures, harvest and storage, and preparatory myeloablative therapy if these related services are Medically Necessary.

The Human Organ and Tissue Transplant (Bone Marrow/Stem Cell) Services Benefits described below do not apply to the following:

- Cornea and kidney transplants; and
- Any Covered Services related to a Covered Transplant Procedure that are received prior to or after the Transplant Benefit Year. Please note that the initial evaluation and any necessary additional testing to determine your eligibility as a candidate for transplant by your Provider and storage of bone marrow/stem cells is included in the Covered Transplant Procedure Benefit regardless of the date of service.

The above services are covered as Inpatient Services, Outpatient Services of Physician Home Visits and Office Services depending on where the Health Care Service is performed.

## Transplant Benefit Year

The Benefit period for a covered transplant procedure begins one (1) day prior to the covered transplant procedure and continues for the applicable case rate/ global time period or starts one day prior to a Covered Transplant Procedure and continues to the date of discharge at a Non-Network Transplant Provider Facility. The number of days will vary depending on the type of transplant received and the Network Transplant Provider agreement. Contact a Case Manager for specific Network Transplant Provider information for services received at or coordinated by a Network Transplant Provider Facility.

## Transportation and Lodging

The Plan will provide certain Benefits associated with your reasonable and necessary travel expenses as determined by us if you obtain our prior authorization and if you are required to travel more than seventy-five (75) miles from your residence to reach the Facility where your transplant procedure will be performed. Your Benefit includes assistance with your travel expenses, including transportation to and from the Facility and lodging for you, as the patient, and one (1) companion. If you are receiving treatment as a minor, then reasonable and necessary expenses for transportation and lodging may be allowed for two (2) companions. You must submit itemized receipts for transportation and lodging expenses in a form satisfactory to us when claims are filed.

## Authorization Requirements

Your Provider must call us so that we can provide prior authorization for a transplant procedure. Your Provider should call the Medical Management Department and ask for the transplant coordinator. Your Provider must do this before you have an evaluation and/or work-up for a

transplant. We will assist your Provider and you by explaining your Benefits, including details regarding the services to which the Benefit applies, and any clinical coverage guidelines, medical policies, Network requirements, or Exclusions. If we issue a prior authorization for a transplant procedure, your Provider must call us prior to the transplant so that we may determine whether the transplant is performed in an Inpatient or Outpatient setting.

Please note that there are instances where your Provider may request approval for Human Leukocyte Antigen Testing (HLA) testing, donor searches and/or a harvest and storage of stem cells prior to the final determination as to what transplant procedure will be requested. Under these circumstances, the HLA testing and donor search charges are covered as routine Diagnostic Services. We will review whether the harvest and storage request is Medically Necessary. However, such an approval for HLA testing, donor search and/or a harvest and storage is not an approval for the subsequent requested transplant. We must make a separate determination as to whether the transplant procedure is Medically Necessary.

### Limitations

The Plan provides reimbursement for transportation and lodging expenses described above up to a maximum of Ten Thousand Dollars (\$10,000). The Plan provides reimbursement of up to Thirty Thousand Dollars (\$30,000) for expenses related to finding a donor who is not related to you and who will be a donor for a bone marrow/stem cell covered transplant procedures. You must obtain our authorization prior to being reimbursed for these expenses. If you do not obtain authorization, you must pay for these expenses.

Non-Covered Services for transportation and lodging include, but are not limited to:

- Child care;
- Mileage for travel while within the Facility's city;
- Rental cars, buses, taxis, or shuttle service, except as specifically approved by us;
- Frequent Flyer miles;
- Coupons, Vouchers, or Travel tickets;
- Prepayments or deposits;
- Services for a condition that is not directly related, or a direct result, of the transplant;
- Telephone calls;
- Laundry;
- Postage;
- Entertainment;
- Interim visits to a medical care Facility while waiting for the actual transplant procedure;
- Travel expenses for donor companion/caregiver; and
- Return visits for the donor for a treatment of a condition found during the evaluation.

## **27. URGENT CARE SERVICES**

### Description

The Plan provides Benefits for Covered Services received at an Urgent Care Center. When services to treat urgent health care needs are provided in a Physician's office, Benefits are available as described under *Physician Home Visits and Office Services* earlier in this section.

Benefits are also available for Urgent Care Services received at a Non-Network Urgent Care Center.

Benefits provided under this section are payable at the Network level and are limited to the Maximum Allowable Amount. Your payment is subject to any Coinsurance, Copayment, or Deductible. You may be responsible for any amount in excess of the Maximum Allowable Amount.

## **28. VISION SERVICES – PEDIATRIC**

### Description

The Plan provides Benefits to supplement the routine eye examinations and refractions under this EOC for children up to age nineteen (19). Please see Section 15: *Vision Services – Pediatric* for more information on this Benefit.

## SECTION 5 – PRESCRIPTION DRUGS

### What this section includes:

- Benefits available for Prescription Drugs;
- How to utilize the retail and mail order service for obtaining Prescription Drugs;
- Any Benefit limitations and Exclusions that exist for Prescription Drugs; and
- Definitions of terms used throughout this section related to the Prescription Drug Plan

### How Prescription Drug Coverage Works

This section provides an overview of the Plan's Prescription Drug coverage. See Section 14: *Schedule of Benefits* for Copayment amounts that apply when you have a prescription filled at a Network Pharmacy.

You are responsible for paying any amounts due to the Pharmacy at the time you receive your Prescription Drugs. You must notify CareSource to receive full Benefits for certain Prescription Drugs. Otherwise, you may pay more out-of-pocket.

### Pharmacy Benefits Manager

The Pharmacy Benefits available to you under this EOC are administered by our PBM. The management and other services the PBM provides include, among others, making recommendations to, and updating, the covered Prescription Drug List and managing a network of retail pharmacies and, operating a Mail Service Pharmacy, and a Specialty Drug Pharmacy Network. The PBM, in consultation with us, also provides services to promote and enforce the appropriate use of Pharmacy Benefits, such as review for possible excessive use; recognized and recommended dosage regimens; Drug interactions or Drug/Pregnancy concerns.

Our covered Prescription Drug list is available online. The CareSource website includes a formulary lookup tool from which you can search for a particular drug or you may also call the Member Services. The covered Prescription Drug List is subject to periodic review and amendment. Inclusion of a Drug or related item on the covered Prescription Drug List is not a guarantee of coverage.

Prescription Drugs, unless otherwise stated below, must be Medically Necessary in order to be Covered Services. Prescription Drugs will be covered for FDA approved indications. Prescription drugs will also be covered for off label and Experimental or Investigational uses provided that the drug has been recognized as safe and effective for the treatment of your condition in one or more of the standard medical references adopted by the United States Department of Health and Human Services under 42 U.S.C. 1395x(t)(2) or in medical literature that meets the criteria specified in Indiana Code § 27-8-20-7. For certain Prescription Drugs, the prescribing Physician may be asked to provide additional information before the Plan can determine Medical Necessity. The Plan may establish quantity and/or age limits for specific Prescription Drugs which the PBM will administer. Covered Services will be limited based on Medical Necessity, quantity and/or age limits established by the Plan, or utilization guidelines.

Prior authorization may be required for certain Prescription Drugs (or the prescribed quantity of a particular drug). Prior Authorization helps promote appropriate utilization and enforcement of guidelines for Prescription Drug Benefit coverage. At the time you fill a prescription, the Network pharmacist is informed of the prior authorization requirement through the Pharmacy's computer system. CareSource uses pre-approved criteria, developed by our Pharmacy and Therapeutics Committee, which is reviewed and adopted by us. We may contact your Provider if additional information is required to determine whether prior authorization should be granted. We communicate the results of the decision to both you and your Provider.

If Prior authorization is denied, you have the right to appeal through the appeals process outlined in the Complaint and Appeals Procedures section of this EOC.

For a list of the current drugs requiring prior authorization, please review our Pharmacy list or use our online formulary look-up tool, both available on our website or contact Member Services. The covered Prescription Drug list is subject to periodic review and amendment. Inclusion of a drug or related item on the covered Prescription Drug list is not a guarantee of coverage under your EOC. Your Provider or Network Pharmacist may check with us to verify covered Prescription Drugs, any quantity and/or age limits, or applicable Brand-name Drugs or Generic Drugs recognized under the Plan.

### **Benefit Levels**

Benefits are available for Outpatient Prescription Drugs that are considered Covered Services.

#### ***Tiers***

Your Copayment or Coinsurance amount may vary based on whether the Prescription Drug, including covered specialty drugs, has been classified by us as a first, second, third, fourth, or fifth "tier" drug. Tiers are based upon clinical information, the cost of the drug compared to other similar drugs used to treat the same or similar condition; the availability of over-the-counter alternatives; and certain clinical economic factors. The different tiers are below.

- Tier 1 Prescription Drugs include preventive medications. These medications are available without a Copayment or Coinsurance.
- Tier 2 Prescription Drugs in this tier contains low cost Generic Drugs.
- Tier 3 Prescription Drugs have a higher Coinsurance or Copayment than those in Tier 2. This tier will contain preferred medications that may be single or multi source Brand-name Drugs.
- Tier 4 Prescription Drugs have a higher Coinsurance or Copayment than those in Tier 3. This tier will contain non-preferred and high cost medications. This will include medications considered single- or multi-source Brand-name Drugs.
- Tier 5 Prescription Drugs have a higher Coinsurance or Copayment than those in Tier 4. Medications generally classified as specialty medications fall into this category.

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For Prescription Drugs at a retail Network Pharmacy, you must pay for the lower of:

- The applicable Copayment;
- The Network Pharmacy's Usual and Customary Charge for the Prescription Drug; or
- The Prescription Drug Cost that the Plan agreed to pay the Network Pharmacy.

For Prescription Drugs from a mail order Network Pharmacy, you are responsible for paying the lower of:

- The applicable Copayment; or
- The Prescription Drug Cost for that particular Prescription Drug.

If there is a Generic Drug available for a Brand-name Drug, the preference is that you receive the Generic Drug. If you elect to take the Brand-name Drug when a Generic Drug is available, then you will have to pay the difference between the cost of the Brand-name Drug and the Generic Drug.

### **How to Obtain Prescription Drug Benefits**

We will only cover Prescription Drugs filled by a Network Pharmacy. The Plan does not provide Benefits for Prescription Drugs filled by a Pharmacy that is a Non-Network Provider.

#### ***Network Pharmacy***

Present your written Prescription Order from your Physician, and your ID Card to the Pharmacist at a Network Pharmacy. The Pharmacy will file your claim for you.

You will be charged at the point of purchase for applicable Copayment or Coinsurance amounts. If you do not present your ID Card, you will have to pay the full retail price of the prescription. If you do pay the full charge, ask your Pharmacist for an itemized receipt. You will have to complete a form and return it to our PBM for reimbursement.

#### ***Specialty Drugs***

You or your Physician must order your specialty drugs directly from your PBM's specialty Pharmacy by calling Member Services. There are certain medications that are more complex for diseases that require special attention and need to be handled differently than medications you pick up at your local Pharmacy. These medications are called specialty medications, and most of these medications require a prior authorization from your Physician. Many of these medications need to be given to you by a Physician or nurse, and your Physician's office will help you get that done. If the prior authorization is approved, we will work with your doctor's office and the specialty Pharmacy.

#### ***Non-Network Pharmacy***

You are responsible for full payment of the entire amount charged by Pharmacy that is a Non-Network Provider.

### ***The Mail Service Program***

Complete the Order and Patient Profile Form. You will need to complete the patient profile information only once. You may mail written prescriptions from your Physician to the Mail Service or have your Physician fax the prescription to the Mail Service. Your Physician may also phone in the prescription to the Mail Service. You will need to submit the applicable Coinsurance and/or Copayment amounts to the Mail Service when you request a prescription or refill. Not all covered Prescription Drugs are available through the Mail Service Program.

### ***Special Programs***

From time to time we may start various programs to encourage you to use more cost-effective or clinically-effective Prescription Drugs including, Generic Drugs, mail service drugs, and over-the-counter or preferred products. Such programs may involve reducing or waiving Copayments or Coinsurance for certain drugs or preferred products for a limited period of time.

### ***Half-Tablet Program***

The Half-Tablet Program allows you to pay a reduced Copayment on selected medications. The Half-Tablet Program allows you to obtain a thirty (30) day supply of the higher strength medication when written by the Physician to take those medications on the approved list. Our Pharmacy and Therapeutics Committee will determine additions and deletions to the approved list of medications. The Half-Tablet Program is strictly voluntary and your decision to participate should follow consultation with and the agreement of your Physician.

### ***Therapeutic Substitution of Drugs Program***

Therapeutic Substitution of Drugs is a program designed to increase Generic Drug use, which in turn lowers your medication costs.

This program informs you and your Physician about possible alternatives to certain Prescription Drugs. We may contact you and your prescribing Physician to make you aware of substitution options. Therapeutic substitution may also be initiated at the time the prescription is dispensed. Only you and your Physician can determine whether the therapeutic substitute is appropriate for you. The therapeutic drug substitutes list is subject to periodic review and amendment.

### ***Step Therapy***

Step therapy means that you may need to use one type of medication before another. The PBM monitors some Prescription Drugs to control use, to ensure that appropriate prescribing guidelines are followed, and to help you access high quality, yet cost effective, Prescription Drugs. If your Physician decides that the medication is needed, the prior authorization process may be required.

### ***Designated Pharmacy***

If you require certain Prescription Drugs, CareSource may direct you to a Designated Pharmacy that offers those Prescription Drugs.

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### ***Orally Administered Chemotherapy***

Benefits for orally administered cancer chemotherapy will not be less favorable than the Benefits that apply to coverage for cancer chemotherapy that is administered intravenously or by injection.

### **Assigning Prescription Drugs to Tiers**

CareSource's Pharmacy and Therapeutics Committee makes the final approval of Prescription Drug placement in tiers. In its evaluation of each Prescription Drug, the Pharmacy and Therapeutics Committee takes into account a number of factors including, but not limited to, clinical and economic factors. Clinical factors may include:

- Evaluations of the place in therapy;
- Relative safety and efficacy; and
- Whether supply limits or notification requirements should apply.

Economic factors may include:

- The acquisition cost of the Prescription Drug; and
- Available rebates and assessments on the cost effectiveness of the Prescription Drug

When considering a Prescription Drug for tier placement, the Pharmacy and Therapeutics Committee reviews clinical and economic factors regarding Covered Persons as a general population. Whether a particular Prescription Drug is appropriate for an individual Covered Person is a decision that is made by the Covered Person and the prescribing Physician.

The Pharmacy and Therapeutics Committee may periodically change the placement of a Prescription Drug among the tiers. These changes will not occur more than six (6) times per Benefit Year and may occur without prior notice to you.

### **Notification Requirements**

Before you can get certain Prescriptions, your Physician, your Pharmacist, or you must notify CareSource. CareSource will determine if the Prescription Drug is:

- A Covered Service as defined by the Plan; and
- Not Experimental or Investigational or an Unproven Service, as defined in Section 13: *Glossary*.
- To determine if a Prescription Drug requires notification, either visit our website or call the toll-free number on your ID Card. From time to time, CareSource may change the Prescription Drugs requiring notification.



***Network Pharmacy Notification***

When Prescription Drugs are dispensed at a Network Pharmacy, the prescribing Provider, the Pharmacist, or you are responsible for notifying the PBM.

If CareSource is not notified before the Prescription Drug is dispensed, you may pay more for that Prescription Drug order or refill. You will be required to pay for the Prescription Drug at the time of purchase. If CareSource is not notified before you purchase the Prescription Drug, you can request a refund after you receive the Prescription Drug.

When you submit a claim on this basis, you may pay more because you did not notify the PBM before the Prescription Drug was dispensed. The amount you are refunded will be based on the Prescription Drug Cost (less the required Copayment and/or Coinsurance and any deductible that applies).

Benefits may not be available for the Prescription Drug after the PBM reviews the documentation provided and determines that the Prescription Drug is not a Covered Service or it is an Experimental or Investigational or Unproven Service.

**Limitation on Selection of Pharmacies**

If the PBM determines that you may use Prescription Drugs in a harmful or abusive manner, or with harmful frequency, your selection of Network Pharmacies may be limited. If this happens, you may be required to select a single Network Pharmacy that will provide and coordinate all future Pharmacy services. Benefits will be paid only if you use the designated single Network Pharmacy. If you don't make a selection within thirty (30) calendar days of the date the Plan Administrator notifies you, the Pharmacy Benefit Manager will select a single Network Pharmacy for you.

**Supply Limits**

Some Prescription Drugs are subject to supply limits that may restrict the amount dispensed per prescription order or refill. To determine if a Prescription Drug has been assigned a maximum quantity level for dispensing, either visit our website or call Member Services. If you need a refill before your supply is gone, call Member Services. CareSource may change the supply limit of a Prescription Drug at any time.

**If a Brand-name Drug Becomes Available as a Generic Drug**

If a Brand-name Drug becomes available as a Generic Drug, the tier placement of the Brand-name Drug may change. As a result, your Copayment may change. You will pay the Copayment applicable for the tier to which the Prescription Drug is assigned. If you or your Physician want to continue using the same Brand-name Drug when a Generic Drug is available, the Brand-name Drug Copayment will be applied. The cost of the Brand-name Drug Copayment may be higher than that of the Generic Drug Tier Copayment.

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## Exclusions - What the Prescription Drug Plan Will Not Cover

Exclusions from coverage listed under Section 6: *What Is Not Covered* also apply to this section. In addition, the following Exclusions apply.

Medications that are:

- For any condition, Injury, Sickness or Mental Sickness arising out of, or in the course of, employment for which benefits are available under any workers' compensation law or other similar laws, whether or not a claim for such benefits is made or payment or benefits are received;
- A Prescription Drug for which payment or benefits are provided or available from the local, state or federal government (for example, Medicare) whether or not payment or benefits are received, except as otherwise provided by law;
- Pharmaceutical products for which Benefits are provided under the medical portion of this EOC (Section 4: *Your Covered Services*);
- An available over-the-counter drug that does not require a prescription order or refill by federal or state law before being dispensed, unless the Plan has designated the over-the-counter drug as eligible for coverage as if it were a Prescription Drug and it is obtained with a prescription order or refill from a Physician;
- Prescription Drugs that are available in over-the-counter form or comprised of components that are available in over-the-counter form or equivalent;
- Certain Prescription Drugs that the Plan has determined are Therapeutically Equivalent to an over-the-counter drug. Such determinations may be made up to six (6) times during a Benefit Year, and the Plan may decide at any time to reinstate Benefits for a Prescription Drug that was previously excluded under this provision;
- Compounded drugs that do not contain at least one ingredient that has been approved by the United States Food and Drug Administration and requires a prescription order or refill. Compounded drugs that are available as a similar commercially available Prescription Drug. (Compounded drugs that contain at least one ingredient that requires a prescription order or refill are assigned to Tier-3);
- Dispensed by a Pharmacy that is a Non-Network Provider;
- Dispensed outside of the United States, unless dispensed as part of Emergency Health Services or Urgent Care Services;
- Durable Medical Equipment (prescribed and non-prescribed Outpatient supplies, other than the diabetic supplies and inhaler spacers specifically stated as covered);
- Dispensed in an amount (days' supply or quantity limit) which exceeds the supply limit;
- Prescribed, dispensed, or intended for use during an Inpatient Stay;
- Prescribed for appetite suppression and other weight loss products;

- Prescription Drugs, including new Prescription Drugs or new dosage forms, that CareSource determines do not meet the definition of a Covered Service;
- Prescription Drugs that contain an active ingredient(s) available in and are Therapeutically Equivalent to another covered Prescription Drug;
- Typically administered by a qualified Provider or licensed health professional in an Outpatient setting. This Exclusion does not apply to Depo Provera and other injectable drugs used for contraception;
- Used for conditions and/or at dosages determined to be Experimental or Investigational, or Unproven, unless CareSource has agreed to cover an Experimental or Investigational or Unproven Service, as defined in Section 13: *Glossary*;
- Used for Cosmetic Procedures or purposes;
- For growth hormone therapy to treat familial short stature. (This Exclusion does not apply to growth hormone therapy which is Medically Necessary, as determined by CareSource, to treat a diagnosed medical condition other than familial short stature);
- Used for treatment of onchomycosis; and
- Fertility drugs unless used to treat the medical condition that results in infertility.

### **Prescription Drug Exception Process**

The Plan has in place an exception process that allows you to request Benefits for Prescription Drugs that are not covered by the Plan. The exception process is described below, and it only applies to Prescription Drugs. This process is distinct from the appeal process described in Section 8: *Complaint Process, Claims Procedures and Adverse Benefit Determination Appeals* and does not limit your rights under Section 8: *Complaint Process, Claims Procedures and Adverse Benefit Determination Appeals* to the extent that the processes are not duplicative.

#### ***Step 1 – Internal Review***

If the Plan denies Benefits for a Prescription Drug, you must request that the Plan consider an exception either verbally or in writing within sixty (60) calendar days following the date of Plan's notification of the denial. With your consent, such request may also be submitted on your behalf by your Authorized Representative or by the Provider who prescribed such Prescription Drug. The Plan shall provide you with verbal notification of its determination as expeditiously as your health condition requires but will use its best efforts to provide you with verbal notification of its decision within seventy-two (72) hours after your request was received by the Plan. If you are suffering from a serious health condition, the Plan will use its best efforts to provide you with verbal notification of its determination with twenty-four (24) hours after your request was received. The Plan will also issue its decision in writing no later than forty-eight (48) hours after the Plan provided you with verbal notice of its decision. If your request is denied, such written notification will explain how you may request an independent review of the Plan's internal review determination.

***Step 2 – Independent Review***

If the Plan denies your request for an exception in the Step 1- Internal Review process described above, you may request either verbally or in writing that independent review of the Plan's determination be conducted. With your consent, such request may also be submitted on your behalf by your Authorized Representative or by the Provider who prescribed such Prescription Drug. Such request must be received by the Plan within sixty (60) calendar days of the date of the Plan's written internal review decision. The independent review will be conducted by an independent review entity contracted by the Plan to review the exception request denial. The independent review entity shall provide you with verbal notification of its determination as expeditiously as your health condition requires but will use its best efforts to provide you with verbal notification of its decision within seventy-two (72) hours after your request was received by the independent review entity. If you are suffering from a serious health condition, the independent review entity will use its best efforts to provide you with verbal notification of its determination within twenty-four (24) hours after your request was received. The independent review entity will also issue its decision in writing no later than forty-eight (48) hours after the independent review entity provided you with verbal notice of its decision.

## SECTION 6 – WHAT IS NOT COVERED

**This section includes information on:**

- Exclusions; and
- Limitations

### Benefit Limitations

Benefit limits are listed in Section 4: *Your Covered Services*. Limitations may also apply to some Covered Services that fall under more than one Covered Service category. Please review all limits carefully. We will not pay Benefits for any of the services, treatments, items or supplies that exceed these Benefit limits. When we say "this includes" or "including," it is not our intent to limit the description to that specific list. When we do intend to limit a list of services or examples, we state specifically that the list "is limited to."

### Exclusions

We will not pay Benefits for any of the services, treatments, items or supplies described in this section. All Exclusions listed in this section apply to you. The services, treatments, items or supplies listed in this section are not Covered Services unless they are listed as a Covered Service in Section 4: *Your Covered Services* or through a Rider/Enhancement or Amendment to the Plan.

We do not provide Benefits for the following Health Care Services that are:

- Listed as an Exclusion in this EOC.
- Are not Medically Necessary or do not meet our medical policy, clinical coverage guidelines, or Benefit policy guidelines.
- Received from a Non-Network Provider unless specifically covered in this EOC or authorized by the Plan.
- Received from an individual or entity that is not recognized by us as a Provider, as defined in this EOC.
- Experimental or Investigational Services. The fact that a service is the only available treatment for a condition will not make it eligible for coverage if we deem it to be an Experimental or Investigational Service. Please refer to the Experimental or Investigational Services Exclusion section, below, for further information on how we determine whether a service is Experimental or Investigational.
- Received to treat any condition, disease, defect, ailment, or Injury arising out of and in the course of employment if benefits are available under any Workers' Compensation Act or other similar law. If Workers' Compensation Act benefits are not available to you, then this Exclusion does not apply. This Exclusion applies if you receive Workers' Compensation Act benefits in whole or in part. This Exclusion also applies whether or

not you claim the benefits or compensation. It also applies whether or not you recover from any third party.

- Provided to you as benefits by any governmental unit, unless otherwise required by law or regulation.
- Received to treat any Sickness or Injury that occurs while serving in the armed forces.
- Received to treat a condition resulting from direct participation in a riot, civil disobedience, nuclear explosion, or nuclear accident.
- For court ordered testing or care unless Medically Necessary.
- Health Care Services for which you have no legal obligation to pay in the absence of this or like coverage.
- Health Care Services received while incarcerated in a federal, state or local penal institution or required while in custody of federal, state, or local law enforcement authorities, including work release programs, unless otherwise required by law or regulation.
- For the Provider charges listed below:
  - Surcharges for furnishing and/or receiving medical records and reports.
  - Charges for doing research with Providers not directly responsible for your care.
  - Charges that are not documented in Provider records.
  - Charges from an outside laboratory or shop for services in connection with an order involving devices that are manufactured by that laboratory or shop, but which are designed to be fitted and adjusted by the attending Physician.
  - For membership, administrative, or access fees charged by Providers. Examples of administrative fees include, fees charged for educational brochures or calling you to provide your test results.
- Received from a dental or medical department maintained by or on behalf of an employer, mutual benefit association, labor union, trust or similar person or group.
- Prescribed, ordered or referred by or received from a member of your immediate family.
- For completion of claim forms or charges for medical records or reports unless otherwise required by law.
- For missed or canceled appointments.
- For any travel related expenses, except as authorized by us or specifically stated as a Covered Service.
- For Health Care Services received prior to the date your coverage began under this EOC.
- For Health Care Services received after the date your coverage terminates except as specified elsewhere in this EOC.
- For Health Care Services provided in connection with Cosmetic Procedures or cosmetic services. Cosmetic Procedures and cosmetic services are primarily intended to preserve,

change or improve your appearance or are furnished for psychiatric or psychological reasons. No Benefits are available for surgery or treatments to change the texture or appearance of your skin or to change the size, shape or appearance of facial or body features (such as your nose, eyes, ears, cheeks, chin, chest or breasts).

- For maintenance therapy, which is treatment given when no additional progress is apparent or expected to occur. Maintenance therapy includes treatment that preserves your present level of functioning and prevents loss of that functioning, but which does not result in any additional improvement.
  
- Charges for the following:
  - Custodial Care, convalescent care or rest cures.
  - Domiciliary Care provided in a residential institution, treatment center, halfway house, or school because your own home arrangements are not available or are unsuitable, and consisting chiefly of room and board, even if therapy is included.
  - Care provided or billed by a hotel, health resort, convalescent home, rest home, nursing home or other extended care facility home for the aged, infirmary, school infirmary, institution providing education in special environments, supervised living or halfway house, or any similar facility or institution.
  - Services or care provided or billed by a school, Custodial Care center for the developmentally disabled, or outward bound programs, even if psychotherapy is included.
  - Wilderness camps.
  
- For surgical treatment of flat feet; subluxation of the foot; weak, strained, unstable feet; tarsalgia; metatarsalgia; hyperkeratoses.
  
- For routine foot care, including the cutting or removing of corns and calluses; nail trimming, cutting or debriding, hygienic and preventative maintenance foot care, including:
  - Cleaning and soaking the feet.
  - Applying skin creams in order to maintain skin tone.
  - Other services that are performed when there is not a localized Sickness, Injury or symptom involving the foot.
  
- For weight loss programs unless specifically listed as covered in this EOC. This Exclusion includes commercial weight loss programs and fasting programs.
  
- For bariatric surgery, regardless of the purpose it is performed. This includes but is not limited to Roux-en-Y (RNY), Laparoscopic gastric bypass surgery or other gastric bypass surgery, Gastroplasty, or gastric banding procedures.
  
- For marital counseling.

- For biofeedback.
- For prescription, fitting, or purchase of eyeglasses or contact lenses except as otherwise specifically stated as a Covered Service.
- For vision orthoptic training.
- For hearing aids or examinations to prescribe or fit them, unless otherwise specified within this EOC.
- For services or supplies primarily for educational, vocational, or training purposes, except as otherwise specified herein.
- For Health Care Services and associated expenses for Assisted Reproductive Technology (ART) including but not limited to: artificial insemination, in vitro fertilization, gamete intrafallopian transfer (GIFT) procedures, zygote intrafallopian transfer (ZIFT) procedures or any other treatment or procedure designed to create a Pregnancy, and any related prescription medication treatment. Embryo transport. Donor ovum and semen and related costs including collection and preparation.
- For the reversal of surgical sterilization.
- For cryo-preservation and other forms of preservation of reproductive materials.
- For long-term storage of reproductive materials such as sperm, eggs, embryos, ovarian tissue and testicular tissue.
- For Health Care Services related to surrogacy if the Covered Person is not the surrogate.
- For abortion, except a Therapeutic Abortion as defined in Section 13: *Glossary*.
- For services and materials not meeting accepted standards of optometric practice.
- For visual therapy.
- For special lens designs or coatings other than those described in this EOC.
- For replacement of lost/stolen eyewear.
- For non-prescription (Plano) lenses.
- For two pairs of eyeglasses in lieu of bifocals.
- For insurance of contact lenses, except as explained herein.
- For personal hygiene, environmental control, or convenience items including but not limited to:
  - Air conditioners, humidifiers, air purifiers;
  - Personal comfort and convenience items during an Inpatient Stay but not limited to daily television rental, telephone services, cots or visitor's meals;
  - Charges for non-medical self-care except as otherwise stated;
  - Purchase or rental of supplies for common household use, such as water purifiers;
  - Allergenic pillows, cervical neck pillows, special mattresses, or waterbeds;



- Infant helmets to treat positional plagiocephaly;
- Safety helmets for neuromuscular diseases; or
- Sports helmets.
- For emergency response systems, unless otherwise authorized by Plan.
- For automatic medication dispensers, unless otherwise authorized by Plan.
- For health club memberships, health spas, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment, or facilities used for developing or maintaining physical fitness, even if ordered by a Provider.
- For telephone consultations or consultations via electronic mail or web site, except as required by law, authorized by us, or as otherwise described in this EOC.
- For Health Care Services received in an Emergency Room which are not Emergency Health Services, except as specified in this EOC. This includes, but is not limited to suture removal in an Emergency Room.
- For eye surgery to correct errors of refraction, such as near-sightedness, including without limitation LASIK, radial keratotomy or keratomileusis or excimer laser refractive keratectomy.
- For self-help training and other forms of non-medical self-care, except as otherwise provided in this EOC.
- For examinations relating to research screenings.
- For stand-by charges of a Provider.
- For physical exams and immunizations required for enrollment in any insurance program, as a condition of employment, for licensing, or for other purposes; provided, however, that this Exclusion shall not apply to those Health Services for which Benefits have not been exhausted or that have not been covered by another source.
- For private duty nursing services rendered in a Hospital or Skilled Nursing Facility. Private duty nursing services are Covered Services only when provided through the Home Health Care Services Benefit as specifically stated in Section 4: *Your Covered Services*.
- For manipulation therapy services other than described in Section 4: *Your Covered Services*.
- For Health Care Services and supplies related to sex transformation and/or the reversal thereof, or male or female sexual or erectile dysfunctions or inadequacies, regardless of origin or cause. This Exclusion includes sexual therapy and counseling. This Exclusion also includes penile prostheses or implants and vascular or artificial reconstruction, Prescription Drugs, and all other procedures and equipment developed for or used in the treatment of impotency, and all related Diagnostic Services.

- For services or supplies related to alternative or complementary medicine. Services in this category include, but are not limited to, acupuncture, holistic medicine, homeopathy, hypnosis, aroma therapy, massage and massage therapy, reiki therapy, herbal, vitamin or dietary products or therapies, naturopathy, thermograph, orthomolecular therapy, contact reflex analysis, bioenergetic synchronization technique (BEST), iridology-study of the iris, auditory integration therapy (AIT), colonic irrigation, magnetic innervation therapy, electromagnetic therapy, and neurofeedback.
- For any services or supplies provided to a person not covered under this EOC in connection with a surrogate Pregnancy.
- For surgical treatment of gynecomastia.
- For treatment of hyperhidrosis (excessive sweating).
- For human growth hormone for children born small for gestational age.
- For drugs, devices, products, or supplies with over the counter equivalents and any drugs, devices, products, or supplies that are Therapeutically Equivalent to an over the counter drug, device, product, or supply.
- For sclerotherapy for the treatment of varicose veins of the lower extremities including ultrasonic guidance for needle and/or catheter placement and subsequent sequential ultrasound studies to assess the results of ongoing treatment of varicose veins of the lower extremities with sclerotherapy.
- For treatment of telangiectatic dermal veins (spider veins) by any method.
- For reconstructive services except as specifically stated in the Your Covered Services section of this EOC, or as required by law.
- For nutritional and/or dietary supplements, except as provided in this EOC or as required by law. This Exclusion includes: those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed Pharmacist.
- For Health Care Services you receive outside of the United States other than Emergency Health Services or Urgent Care Services as provided in this EOC.
- Received if the Injury, Illness, or Sickness for which the Health Care Services are rendered resulted from an action or omission for which a governmental entity is liable.
- Not prescribed by or under the direct supervision of a dentist, except in those states where dental hygienists are permitted to practice without supervision by a dentist. In these states, we will pay for eligible Covered Services provided by an authorized dental hygienist performing within the scope of his or her license and applicable state law.
- For all dental treatment except as specified elsewhere in this EOC. "Dental treatment" includes: preventive care, diagnosis, treatment of or related to the teeth, jawbones (except that TMJ is a Covered Service) or gums, including but not limited to:
  - Extraction, restoration and replacement of teeth.
  - Medical or surgical treatments of dental conditions.

- Services to improve dental clinical outcomes.
- For treatment of the teeth, jawbone or gums that is required as a result of a medical condition except as expressly required by law or specifically stated as a Covered Service.
- For dental implants.
- For dental braces.
- For dental x-rays, supplies & appliances and all associated expenses, including hospitalization and anesthesia, except as required by law. The only exceptions to this are for any of the following:
  - Transplant preparation.
  - Initiation of immunosuppressives.
  - Direct treatment of acute traumatic Injury, cancer or cleft palate.
  - Anesthesia and Hospital or Ambulatory Surgical Facility charges if the mental or physical condition of the Covered Person requires dental treatment to be rendered in a Hospital or Ambulatory Surgical Facility as indicated by the American Academy of Pediatric dentistry.
- Treatment of congenitally missing, malpositioned, or super numerary teeth, even if part of a Congenital Anomaly except as set forth in this EOC.
- Oral surgery that is dental in origin.

### **Experimental or Investigational Services Exclusion**

Any drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply used in or directly related to the diagnosis, evaluation, or treatment of a disease, Injury, Illness, or other health condition which we determine to be Experimental or Investigational is not covered under the Plan.

We will deem any drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply to be Experimental or Investigational if we determine that one or more of the following criteria apply when the service is rendered with respect to the use for which coverage is sought. The drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply:

- Cannot be legally marketed in the United States without the final approval of the United States Food and Drug Administration, or other licensing or regulatory agency, and such final approval has not been granted; or
- Has been determined by the United States Food and Drug Administration to be contraindicated for the specific use; or
- Is provided as part of a clinical research protocol or clinical trial or is provided in any other manner that is intended to evaluate the safety, toxicity, or efficacy of the drug,

biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply;  
or

- Is subject to review and approval of an Institutional Review Board (IRB) or other body serving a similar function; or
- Is provided pursuant to informed consent documents that describe the drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply as Experimental or Investigational, or otherwise indicate that the safety, toxicity, or efficacy of the drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply is under evaluation.

Any service not deemed Experimental or Investigational based on the criteria above may still be deemed Experimental or Investigational by us. In determining whether a Health Care Service is Experimental or Investigational, we will consider the information described below and assess whether:

- The scientific evidence is conclusory concerning the effect of the service on health outcomes;
- The evidence demonstrates the service improves net health outcomes of the total population for whom the service might be proposed by producing beneficial effects that outweigh any harmful effects;
- The evidence demonstrates the service has been shown to be as beneficial for the total population for whom the service might be proposed as any established alternatives; and
- The evidence demonstrates the service has been shown to improve the net health outcomes of the total population for whom the service might be proposed under the usual conditions of medical practice outside clinical investigatory settings.

The information considered or evaluated by us to determine whether a drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply is Experimental or Investigational under the above criteria may include one or more items from the following list which is not all inclusive:

- Published authoritative, peer-reviewed medical or scientific literature, or the absence thereof; or
- Evaluations of national medical associations, consensus panels, and other technology evaluation bodies; or
- Documents issued by and/or filed with the United States Food & Drug Administration or other federal, state or local agency with the authority to approve, regulate, or investigate the use of the drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply; or
- Documents of an institutional review board or other similar body performing substantially the same function; or

- Consent document(s) and/or the written protocol(s) used by your Providers studying substantially the same drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply; or
- Medical records; or
- The opinions of consulting Providers and other experts in the field.

## SECTION 7 – STAYING HEALTHY

### Healthy Living/Health Management Programs

We offer health management programs for Covered Persons who have specific health conditions, such as diabetes and asthma. These programs are voluntary and may be available at no cost to you. Health management programs can provide important, value-added services. New programs may be added and existing programs may be modified or eliminated at any time. Please visit our website or contact Member Services for more information regarding our health management programs.

#### What this section includes:

#### Health and well-being resources available to you, including

- Consumer Solutions and Self-Service Tools; and
- Disease and Condition Management Services.

CareSource believes in giving you the tools you need to be an educated health care consumer. We have made available several convenient educational and support services, accessible by phone and the Internet, which can help you to:

- Take care of yourself;
- Manage a chronic health condition; and
- Navigate the complexities of the health care system.

#### NOTE:

Information obtained through the services identified in this section is based on current medical literature and on Physician review. It is not intended to replace the advice of a doctor. The information is intended to help you make better health care decisions and take a greater responsibility for your own health. CareSource is not responsible for the results of your decisions from the use of the information, including, but not limited to, your choosing to seek or not to seek professional medical care, or your choosing or not choosing specific treatment based on the text.

#### *CareSource 24™*

Health worries don't always happen during Business Hours. Our experienced nurses are available on CareSource 24™, 24 hours a day, to talk about any health problem that concerns you. Call us if you have questions, need advice or if you are wondering where the best place to receive care might be. We can help you decide if you can care for yourself or a sick family member at home or if you should seek help from a medical professional. Please remember to call 911 if you are experiencing an Emergency Medical Condition.

### ***Care Management***

If you have a serious or complicated health problem, we are here to help you navigate through the health care system to get the coordinated, quality care you need. Our experienced care management team works with you and your doctor to make certain you are getting the best care possible. We do the coordination for you so that you can concentrate on your health.

### ***Bridge to Home***

Bridge to Home is a free program for hospitalized Covered Persons to help coordinate the care you need to safely go home after your stay. Our experienced team works with you and your doctor to make certain you get the care you need when you return home. We help you set goals that will help you feel better and make certain you are taking the medicine you need, when you need it. We also work to make sure that you understand your care and who to call when the doctor's office is closed. Our Bridge to Home program is here to make coming home from the Hospital as smooth as possible for you and your family.

### ***Reminder Programs***

To help you stay healthy, CareSource may send you reminders to schedule recommended screening exams. Examples of reminders include:

- Mammograms;
- Child and adolescent immunizations;
- Cervical cancer screenings;
- Comprehensive screenings for individuals with diabetes; and
- Influenza/pneumonia immunizations.

There is no need to enroll in this program. You will receive a reminder automatically if you have not had a recommended screening exam.

### ***Medication Therapy Management Program***

At CareSource, we believe it is critical that you take your medications correctly and are on the right medications for your health conditions. We offer the Medication Therapy Management Program (MTM) as a program free of charge to help you do just that. We encourage you to meet with your pharmacist and discuss your medications. Your pharmacists are available for consultation and we encourage them to do so as part of our program.

Your pharmacist can help with:

- Review of all your prescriptions and over-the-counter medications
- Education on how to use medications correctly
- Identifying medications that may interact with each other
- Identifying medications that may help you save money

### ***CareSource On-Line***

The CareSource Member website, [www.caresource.com/just4me](http://www.caresource.com/just4me), provides information at your fingertips anywhere and anytime you have access to the Internet. Our website opens the door to a wealth of health information and convenient self-service tools to meet your needs.

On our website, you can:

- Research a health condition and treatment options to get ready for a discussion with your Physician;
- Search for Network Providers available in your Plan through the online Provider directory;
- Complete a health risk assessment to identify health habits you can improve, learn about healthy lifestyle techniques and access health improvement resources;

#### **Registering on [www.caresource.com](http://www.caresource.com)**

If you have not already registered on our website, simply go to [www.caresource.com/just4me](http://www.caresource.com/just4me). Have your CareSource ID Card handy. The enrollment process is quick and easy.

Visit our website to:

- Make real-time inquiries into the status and history of your claims;
- View eligibility and Plan Benefit information, including Copayments and Annual Deductibles;
- Order a new or replacement ID Card or print a temporary ID Card.

#### **Want to learn more about a condition or treatment?**

Log into our website and research health topics that are of interest to you. Learn about a specific condition, the symptoms, how it is diagnosed, how common it is, and what to ask your Physician.



## SECTION 8 – GRIEVANCE PROCESS, CLAIMS PROCEDURES AND ADVERSE BENEFIT DETERMINATION APPEALS

### What this section includes:

- How to request Prior Authorizations, Predeterminations, and Medical Reviews;
- What to do if you have a Grievance;
- How to Appeal Adverse Benefit Determinations; and
- How to request and External Review of an Adverse Benefit Determination.

Please contact Member Services at 1-877-806-9284 with any questions you have about your Benefits, including any questions about your coverage and Benefit levels; Annual Deductibles, Coinsurance Copayment, and Annual Out-of-Pocket Maximum amounts; specific claims or services you have received; our Network; and our authorization requirements.

While we hope that there are no problems with our services to you, we have implemented the Complaint Process and the Internal and External Appeals procedures to provide fair, reasonable, and timely solutions to complaints that you may have concerning the Plan, Benefit determinations, coverage and eligibility issues, or the quality of care rendered by Network Providers.

### The Grievance Process

Pursuant to Indiana Code Section 27-13-10 et seq., we have put in place a Grievance Process for the quick resolution of Grievances you submit to us.

For purposes of this Grievance Process, we define a Grievance as any dissatisfaction expressed by you or your Authorized Representative regarding:

- Availability, delivery, appropriateness, or quality of Health Care Services; or
- Handling or payment of claims for Health Care Services; or
- Matters pertaining to our contractual relationship; or
- Our decision to rescind your coverage under the Plan.

Grievances can be filed by you or your Authorized Representative, orally or in writing. If you have a Grievance concerning the Plan, please contact us.

You may submit your Grievance by sending a letter to us at the following address: CareSource, Attn: Member Appeals, PO Box 1947, Dayton, OH 45401. You may also submit a Grievance by calling us at 1-877-806-9284. You may arrange to meet with us in-person to discuss your Complaint.

We will acknowledge all Grievances submitted by you or your Authorized Representative, orally or in writing, within three (3) business days of our receipt of the Grievance.

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## Timing of Decisions and Notifications for Grievances Unrelated to Adverse Benefit Determinations and the Appeal of Such Grievances

For Grievances that are unrelated to Benefits, Benefit denials, and/or Health Care Services generally, we will resolve the Grievance as quickly as possible. We will investigate, resolve, and make a decision regarding the Grievance within not more than twenty (20) business days after the Grievance was filed. We will send you a letter explaining the Plan's resolution of the Grievance within five (5) business days after completing our investigation.

If, due to circumstances beyond our control, we are unable to make a decision regarding your Grievance within the twenty (20) business day period, we will notify you in writing of the reason for the delay before the end of the twenty (20) business day period. We will send you a letter explaining the Plan's resolution of the Grievance within an additional ten (10) business days.

If you are unsatisfied with our decision regarding your Grievance, you or your Authorized Representative may submit an Appeal, orally or in writing, within 180 days of receiving notice of our decision. We will acknowledge receipt of your Appeal within three (3) business days after receiving the Appeal request.

We will appoint a panel of qualified individuals to resolve your Appeal. The panel will not consist of any individuals who were involved in the matter giving rise to the Grievance nor involved in the initial investigation of the Grievance. The Appeal will be resolved not later than forty-five (45) days after the Appeal is filed, and we will send you written notice of the resolution of the Appeal within five (5) business days after completing the investigation.

Please note that the Adverse Benefit Determination Grievance and Appeal Process below addresses Grievances related to Benefits, Benefits denials, or other Adverse Benefit Determinations.

### CareSource Managed Care

In processing claims, CareSource reviews requests for Prior Authorization, Predetermination and Medical Review for purposes of determining whether provided or proposed to be provided Health Care Services are Covered Services. This managed care process is described below. If you have any questions regarding the information contained in this section, you may call Member Services at 1-877-806-9284.

**Prior Authorization** - A required review of a service, treatment or admission for a benefit coverage determination which must be obtained prior to the service, treatment or admission start date pursuant to the terms of this Plan.

**Predetermination** - An optional, voluntary Prospective or Concurrent request for a benefit coverage determination for a service or treatment. We will review your EOC to determine if there is an Exclusion for the Health Care Service. If there is a related clinical coverage guideline, the benefit coverage review will include a review to determine whether the Health Care Service meets the definition of Medical Necessity under this Plan or is Experimental/Investigative as that term is defined in this Plan.

**Medical Review** - A Retrospective review for a benefit coverage determination to determine the Medical Necessity or Experimental/Investigative nature of a Health Care

Service that did not require Prior Authorization and did not have a Predetermination review performed. Medical Reviews occur for a service, treatment or admission in which we have a related clinical coverage guideline and are typically initiated by us.

Most Network Providers know which services require Prior Authorization and will obtain any required Prior Authorization or request a Predetermination if they feel it is necessary. The ordering Network Provider will contact us to request Prior Authorization or a Predetermination review. We will work directly with your Network Provider regarding such Prior Authorization request. However, you may designate an Authorized Representative to act on your behalf for a specific request.

We will utilize our clinical coverage guidelines in determining whether Health Care Services are Covered Services. These guidelines reflect the standards of practice and medical interventions identified as appropriate medical practice. We reserve the right to review and update these clinical coverage guidelines periodically.

You are entitled to receive, upon request and free of charge, reasonable access to any documents relevant to your request. To request this information, please contact Member Services.

**The following define the categories of Prior Authorization, Predetermination and Medical Requests:**

**Review Request for a Claim Involving Emergent Care-** a request for Prior Authorization or Predetermination that in the opinion of the treating Provider with knowledge of the Covered Person's medical condition, could in the absence of such care or treatment, seriously jeopardize the life or health of the Covered Person or the ability of the Covered Person to regain maximum function or subject the Covered Person to severe pain that cannot be adequately managed without such care or treatment. If a review request for a claim involving emergent care is not approved, the Covered Person may proceed with an Expedited External Review while simultaneously pursuing an internal appeal, the procedures for which are described below.

**Pre-Service Review Request** - a request for Prior Authorization or Predetermination that is conducted prior to the service, treatment or admission.

**Concurrent Review Request** - a request for Prior Authorization or Predetermination that is conducted during the course of treatment or admission. If a Concurrent review request is not approved, a Covered Person who is receiving an ongoing course of treatment may proceed with an expedited External Review while simultaneously pursuing an internal appeal, the procedures for which are described below.

**Post-Service Claim Review Request** - a request for Prior Authorization that is conducted after the service, treatment or admission has occurred. Medical Reviews are also retrospective. Retrospective review does not include a review that is limited to an evaluation of reimbursement levels, veracity of documentation, accuracy of coding or adjudication of payment.

## Timing of Decisions and Notifications

We will issue our benefit decisions and related notifications to you or your Authorized Representative within the timeframes set forth below. Please call Member Services at 1-877-806-9284 with any questions.

<b>Review Request Category</b>	<b>Timeframe for Notice of Decision</b>
Pre-Service Claim Involving Emergent Care*	As soon as possible but not later than 72 hours from the receipt of request, whichever is less
Pre-Service Claim (Non-Emergent)*	15 calendar days from the receipt of request
Concurrent Care for a Claim Involving Emergent Care when request is received at least 24 hours before the expiration of the previous authorization or no previous authorization exists*	24 hours from the receipt of the request, whichever is less
Concurrent Care for a Claim Involving Emergent Care when request is received less than 24 hours before the expiration of the previous authorization or no previous authorization exists*	As soon as possible but not later than 72 hours from the receipt of request, whichever is less
Concurrent (Non-Emergent)*	As soon as possible but not later than 72 hours from the receipt of request, whichever is less
Post-Service Claim*	20 business days from the receipt of the request

\* The timelines above do not apply if the Plan is unable to make a decision due to reasons beyond the Plan's control. In such an instance, the Plan shall notify you or your Authorized Representative, in writing, for the reason for the delay not more than (i) fourteen (14) days after the Plan's receipt of your Review Request for a Pre-Service Claim (Non-Emergent), and (ii) nineteen (19) days after the Plan's receipt of your Review Request for a Post-Service Claim. The Plan shall issue a written decision to you or your Authorized Representative not more than ten (10) business days after notifying you or your Authorized Representative of the reason for the delay.

\* The timelines above do not apply if the Plan does not receive sufficient information to determine whether or not Health Care Services are Covered Services.

- For Pre-Service Claims (Non-Emergent), the Plan will notify you or your Provider, as the case may be, that additional information is necessary to complete the Plan's review, and

such notice shall be sent within fourteen (14) business days of the Plan's receipt of the Review Request for a Pre-Service Claim. You or Your Authorized Representative shall submit such information to the Plan within forty-five (45) days of the Plan's request for such information. The Plan shall then issue a decision within fifteen (15) days of the Plan's receipt of such information or the end of the period afforded to you or your Authorized Representative to provide the specified information.

- For Pre-Service Claims Involving Emergent Care, the Plan will notify you or your Provider, as the case may be, that additional information is necessary to complete the Plan's review, and such notification shall be sent within twenty-four (24) hours of the Plan's receipt of the Review Request for a Pre-Service Claim Involving Emergent Care. You or your Authorized Representative shall submit such information to the Plan within forty-eight (48) hours of the Plan's request. The Plan shall then issue a decision within forty-eight (48) hours of the Plan's receipt of such information or the end of the period afforded to you or your Authorized Representative to provide the specified additional information.
- For Post-Service Claims, the Plan will notify you or your Provider, as the case may be, that additional information is necessary to complete the Plan's review, and such notice shall be sent within nineteen (19) business days of the Plan's receipt of the Review Request for a Post-Service Claim. You or Your Authorized Representative shall submit such information to the Plan within forty-five (45) days of the Plan's request for such information. The Plan shall then issue a decision within ten (10) days of the Plan's receipt of such information or the end of the period afforded to you or your Authorized Representative to provide the specified information.
- If we do not receive the specific information requested or if the information is not complete by the applicable timeframe identified above and in the written notification, a decision will be made based upon the information in our possession.

We will provide notification of our decision in accordance with state and federal regulations. Notification may be given by the following methods:

- **Verbal:** oral notification given to the requesting Provider via telephone or via electronic means if agreed to by the Provider.
- **Written:** mailed letter or electronic means including email and fax given to, at a minimum, the requesting Provider and the Covered Person or his or her Authorized Representative.

The notification will include our decision, whether adverse or not; the reasons, policies and procedures that served as the basis for our decision; a description of any additional material or information necessary for you or your Authorized Representative to perfect the claim for Benefits; notice of your right to appeal the decision; and the department, address, and telephone number through which you may contact a qualified representative to obtain more information about our decision or your right to appeal. You have one hundred eighty (180) days after you receive the Notification of our decision to file an Appeal with us.

You have the right to file an Appeal with us if you disagree with or are dissatisfied with our decision concerning any of the review requests listed above. Your Appeal may be filed orally or in writing, and may be submitted by you or your Authorized Representative. The timing of decisions and notifications related to such Appeals are provided directly below.

### **Adverse Benefit Determination Appeals**

If we make an Adverse Benefit Determination, we will provide you or your Authorized Representative with a Notice of an Adverse Benefit Determination, as described above.

If you wish to appeal an Adverse Benefit Determination as described below, you or your Authorized Representative must submit your Appeal orally or in writing within one hundred eighty (180) days of receiving the Adverse Benefit Determination. You do not need to submit Appeals for Claims Involving Emergent Care in writing.

Your appeal request should include:

1. Your name and identification number as shown on the ID card;
2. the Provider's name;
3. the date of the medical service;
4. the reason you disagree with the denial; and
5. any documentation or other written information to support your request.

You or your Authorized Representative may send a written request for an Appeal to:

CareSource, Attn: Member Appeals, PO Box 1947, Dayton, OH 45401. You may also submit An Adverse Benefit Determination Appeal by calling us at 1-877-806-9284.

For Appeals for Claims Involving Emergent Care, you or your Authorized Representative can call the Plan at 1-877-806-9284 to request an Appeal.

Your Plan offers one (1) level of Appeal. The Appeal will be reviewed by a panel of qualified individuals who were not involved in the matter giving rise to the complaint or in the initial investigation of the complaint. The panel will include one (1) or more individuals who have knowledge in the medical condition, , or Health Care Service at issue; are in the same licensed profession as the Provider who proposed, refused, or delivered the Health Care Service; are not involved in the matter; and do not have a relationship with you or the Provider who previously recommended the Health Care Service giving rise to the grievance. You have the right to appear in front of the panel in person or to communicate with the panel through appropriate other means if you are unable to appear in person.

You and/or Authorized Representative have the right to review your claim file and present evidence and testimony as part of the internal claims and appeals process. We will provide you, free of charge, with any new or additional evidence considered, relied upon, or generated by the panel in connection with the claim; such evidence will be provided as soon as possible and

sufficiently in advance of the date on which the notice of the our decision is to be provided in order to give you a reasonable opportunity to respond prior to that date.

Before we may issue our final decision regarding your Appeal based on new or additional rationale, you will be provided, free of charge, with the rationale; the rationale will be provided as soon as possible and sufficiently in advance of the date on which the notice of our decision is required to be provided in order to give you a reasonable opportunity to respond prior to that date.

We will provide continued coverage to you pending the outcome of the Appeal. For Appeals concerning Concurrent Care Claims, benefits for an ongoing course of treatment will not be reduced or terminated without providing advance notice to you and an opportunity for advance review.

Separate schedules apply to the timing of the resolution of Appeals, depending on the type of Grievance being appealed.

**The time frames which you and CareSource are required to follow are provided below.**

Review Request for a Claim Involving Emergent Care.\* Appeals concerning decisions related to a Review Request for a Claim Involving Emergent Care are referred directly to an expedited appeal review process for investigation and resolution. See the “Expedited Review of Internal Appeals” section below for additional information concerning the timing of the resolution of such Appeals.

You do not need to submit an Appeal of an Adverse Benefit Determination related to Emergent Care in writing. You should call CareSource as soon as possible to appeal a decision related to a Claim Involving Emergent Care.

Pre-Service Claims. The panel will make a decision concerning your Appeal for a decision related to a Pre-Service Claim as quickly as possible, taking into account the clinical urgency of the Appeal. We will notify you of our decision within 15 days after your Appeal is filed.

Post-Service Claims. The panel will make a decision concerning your Appeal of a decision related to a Post-Service Claim as quickly as possible, taking into account the clinical urgency of the Appeal. We will notify you of our decision within 45 days after the Appeal is filed.

Concurrent Care Claims. Appeals relating to ongoing emergencies or denials of continued hospital stays (Concurrent Care Claims Involving Emergent Care) are referred directly to an expedited appeal process for investigation and resolution. Appeals for Concurrent Care Claims (Non-Emergent) will be concluded in accordance with the medical or dental immediacy of the case.

Notice of our final decision regarding your Appeal will be sent to you in writing. The Notice will include our decision; notice of your right to further remedies under law, including the right to an External Review by an IRO; and the department, address, and telephone number through

which you may contact a qualified representative to obtain more information about the decision or your right to appeal.

### **Expedited Review of Internal Appeal**

Expedited Review of an internal Appeal may be started orally, in writing, or by other reasonable means available to you or your Authorized Representative. All necessary information, including our decision, will be transmitted to you by telephone, facsimile, or other available similarly expeditious method. We will complete the expedited review of your Appeal as soon as possible given the medical needs but no later than seventy-two (72) hours after our receipt of the request and will communicate our decision by telephone to you or your Authorized Representative. We will also provide written notice of our determination to you and your Authorized Representative.

You may request an expedited review for Adverse Benefit Determinations related to Review Requests for Claims Involving Emergent Care, as defined in the Definition Section of this *Section 8*.

### **External Reviews**

Under Indiana Code § 27-13-10.1, et seq, CareSource, as a health plan, must provide a process that allows you the right to request an independent External Review of an Adverse Benefit Determination. An Adverse Benefit Determination is a decision by us to deny Benefits because services are not covered, are excluded, or limited under the Plan, or because you are not eligible to receive the Benefit. The Adverse Benefit Determination may involve an issue of Medical Necessity, appropriateness, health care setting, or level of care or effectiveness. An Adverse Benefit Determination can also be a decision to deny health benefit plan coverage or to rescind coverage.

#### ***Opportunity for External Review***

An External Review may be conducted by an IRO. You will not pay for the External Review. There is no minimum cost of Health Care Services denied in order to qualify for an External Review.

You will not be subject to retaliation for exercising your right to request an independent External Review.

You are entitled to an External Review by an IRO in the following instances:

The following determinations made by us or our agent regarding a service proposed by a treating physician:

- An adverse utilization review determination, as outlined in the Managed Care Section above.
- An adverse determination of medical necessity.
- A determination that the proposed service is experimental or investigational.



- Our decision to rescind your coverage under the Plan.

There are two (2) types of IRO reviews: standard and expedited.

**Standard External Review.** Standard reviews and external investigation/experimental reviews are normally completed within fifteen (15) days.

**Expedited External Review.** An expedited review for urgent medical situations is normally completed within seventy-two (72) hours. The IRO will notify us and you of its determination of an expedited External Review within twenty-four (24) hours after making the determination.

A Grievance is considered an urgent medical situation and qualifies for expedited External Review if the Grievance is related to an illness, a disease, a condition, an injury, or a disability that would seriously jeopardize your:

- Life or health; or
- Ability to reach and maintain maximum function.

The expedited External Review process can also occur at the same time as an internal appeal for a Grievance related to a Claim Involving Emergent Care and a Concurrent Care Claim.

Additionally, you may request orally or by electronic means an expedited review under this section if your treating physician certifies that the requested health care service in question would be significantly less effective if not promptly initiated.

**NOTE:** Upon receipt of new information from you that is relevant to our the resolution of our Adverse Benefit Determination, we may reconsider our Adverse Benefit Determination and provide coverage. While we reconsider our Adverse Benefit Determination, the IRO shall cease its External Review. If we make such reconsideration, we will notify you and the IRO within seventy-two (72) hours after the new information is submitted for a Grievance that qualified for an expedited External Review, and within fifteen (15) days after the new information is submitted for all other Grievances. If our reconsideration is adverse to you, you may request the IRO resume the External Review process.

**NOTE:** If you have the right to an External Review under Medicare (42 U.S.C. 1395, et seq.) you may not request an External Review of an Adverse Benefit Determination under the procedures outlined in the Plan.

### ***Request for External Review***

You or your Authorized Representative must request an External Review through us within one hundred eighty (180) days of the date of the notice of an Adverse Benefit Determination issued by us. All requests must be in writing, except for a request for an expedited External Review. Expedited External Reviews may be requested electronically or orally.

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### ***IRO Assignment***

When we initiate an External Review by an IRO, we will select an IRO from a list of IROs that are certified by the Indiana Department of Insurance. We select a different IRO for each request for external review filed and rotate the choice of IRO among all certified IROs before repeating a selection. The IRO will assign a medical review professional who is board certified in the applicable specialty for resolution of the external review appeal. An IRO that has a material professional, familial, financial, or other affiliation, or conflict of interest with us, our management, you, your Provider, the proposed drug, therapy or device, or the Facility will not be selected to conduct the review.

### ***IRO Review and Decision***

The IRO must consider all documents and information considered by us in making the Adverse Benefit Determination, any information submitted by you and other information such as: your medical records, your attending health care professional's recommendation, consulting reports from appropriate health care professionals, the terms of coverage under the Plan, the most appropriate practice guidelines, clinical review criteria used by the Plan or our utilization review organization, and the opinions of the IRO's clinical reviewers. . We agree to cooperate with the IRO throughout the External Review process by promptly providing any information requested by the IRO. The IRO is not bound by any previous decision reached by us.

You are required to cooperate with the IRO by providing any requested medical information, or by authorizing the release of necessary medical information. You are also permitted to submit additional information relating to the proposed service throughout the External Review process. You are permitted to use the assistance of other individuals, including physicians, attorneys, friends, and family members throughout the External Review process.

The IRO will make its decision within fifteen (15) days after a standard External Review request is filed or within seventy-two (72) hours of after an expedited External Review request is filed. The IRO will provide you and us with written notice of its decision within seventy-two (72) hours after making its determination for a standard External Review and within twenty-four (24) hours after making its determination for an expedited External Review.

After receiving notice from the IRO of its determination, you may request that the IRO send you all information necessary for you to understand the effect of the determination and the manner in which the Plan may be expected to respond to the IRO's determination.

### ***Binding Nature of External Review Decision***

An External Review decision is binding on us. The decision is also binding on you except to the extent you have other remedies available under applicable state or federal law. You may file not more than one (1) External Review request of our Grievance determination. An IRO is immune from civil liability for actions taken in good faith in connection with an External Review. The work product and/or determination issued by the IRO will be admissible in any judicial or administrative proceeding. The documents and other information created and reviewed by the IRO or medical review professional in connection with the External Review are not public

records, cannot be disclosed as public records, and must be treated in accordance with confidentiality requirements of state and federal law.

### **If You Have Questions About Your Rights or Need Assistance**

**Questions regarding your policy or coverage should be directed to:**

**CareSource  
1-877-806-9284**

If you (a) need the assistance of the governmental agency that regulates insurance; or (b) have a complaint you have been unable to resolve with your insurer you may contact the Department of Insurance by mail, telephone or email:

State of Indiana Department of Insurance  
Consumer Services Division  
311 West Washington Street, Suite 300  
Indianapolis, Indiana 46204  
Consumer Hotline: (800) 622-4461; (317) 232-2395

Complaints can be filed electronically at [www.in.gov/idoi](http://www.in.gov/idoi).

### **Definitions**

*Definitions.* For purposes of this section, the following definitions apply—

**Adverse Benefit Determination** means an adverse benefit determination as defined in 29 CFR 2560.503-1, as well as any rescission of coverage, as described in § 147.128 (whether or not, in connection with the rescission, there is an adverse effect on any particular Benefit at that time). An Adverse Benefit Determination is a decision by CareSource to deny, reduce, or terminate a requested Health Care Service or Benefit in whole or in part, including all of the following:

- A determination that the Health Care Service does not meet the Plan's requirements for Medical Necessity, appropriateness, health care setting, level of care, or effectiveness, including Experimental or Investigational treatments;
- A determination of your eligibility for Benefits under the Plan;
- A determination that a Health Care Service is not a Covered Service;
- The imposition of an Exclusion or other limitation on Benefits that would otherwise be covered;
- A determination not to issue you coverage, if applicable to this Plan; or
- A determination to rescind coverage under the Plan regardless of whether there is an adverse effect on any particular Benefit at that time.

**Appeal (or internal appeal)** means the review by the Plan of an Adverse Benefit Determination, as required in this section.

A Claim Involving Emergent Care means:

- Any claim for medical care or treatment with respect to which the application of the time periods for making non-emergent care determinations:
  - Could seriously jeopardize your life or health or your ability to regain maximum function, or,
  - In the opinion of a Physician with knowledge of your medical condition, would subject you to severe pain that cannot be adequately managed without the care or treatment that is the subject of the claim.
- Except as provided below, a claim involving Emergent Care Services is to be determined by an individual acting on behalf of the Plan applying the judgment of a prudent layperson who possesses an average knowledge of health and medicine.
- Any claim that a Physician with knowledge of your medical condition determines is a claim involving emergent care, and we shall defer to such determination by the attending Provider.

**External Review** means a review of an Adverse Benefit Determination (including a Final Internal Adverse Benefit Determination) conducted pursuant to State or federal law.

**IRO or Independent review organization** means an entity that conducts independent External Reviews of Adverse Benefit Determinations and Final Internal Adverse Benefit Determinations pursuant this Section

## SECTION 9 – COORDINATION OF BENEFITS (COB)

### What this section includes:

- How your Benefits under this Plan coordinate with other medical plans;
- How your coverage is affected if you become eligible for Medicare; and
- Procedures in the event the Plan overpays Benefits.

This Coordination of Benefits ("COB") section applies if you have health care coverage under more than one Health Plan. "Health Plan" is defined below.

COB is the process used when two (2) or more Health Plans provide coverage for an individual. The COB process is used to determine the coverage obligations of each Health Plan; and the order in which Health Plans will provide and pay for benefits.

The Order of Benefit Determination Rules govern the order in which each Health Plan will pay a claim for benefits. The Health Plan that pays first is called the Primary Health Plan. The Primary Health Plan must pay benefits in accordance with its policy terms without regard to the possibility that another Health Plan may cover some expenses. The Health Plan that pays after the Primary Health Plan is the Secondary Health Plan. The Secondary Health Plan may reduce the benefits it pays so that payments from all Health Plans do not exceed the Primary Health Plan's Maximum Allowable Amount.

### Definitions

- A. A "Health Plan" is any of the following that provides benefits or services for medical or dental care or treatment. If separate contracts are used to provide coordinated coverage for members of a group, the separate contracts are considered parts of the same Health Plan and there is no COB among those separate contracts.
- (1) Health Plan includes: group and nongroup insurance contracts and subscriber contracts; uninsured arrangement of group or group-type coverage; group or non-group coverage through closed Panel Health Plans; other group-type contracts; medical care components of long-term care contracts, such as skilled nursing care; medical benefits in automobile "no fault" and traditional automobile "fault" type contracts; and Medicare or any other federal governmental Health Plan, as permitted by law.
  - (2) Health Plan does not include: Hospital indemnity coverage or other fixed indemnity coverage; accident only coverage; specified disease or specified accident coverage; limited health benefit coverage; school accident type coverage covering grammar, high school, and college students for accident only; benefits for non-medical services in long-term care policies that pay a fixed daily benefit without regard to expenses incurred or the receipt of service in long-term care policies; Medicare supplement policies; Medicaid policies; or coverage under other federal governmental Health Plans, unless permitted by law.

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Each contract for coverage under (1) or (2) is a separate Health Plan. If a Health Plan has two parts and COB rules apply only to one of the two, each of the parts is treated as a separate Health Plan.

- B. "This Health Plan" means, in a COB provision, the part of the contract providing the health care benefits to which the COB provision applies and which may be reduced because of the benefits of other Health Plans. Any other part of the contract providing health care benefits is separate from This Health Plan. A contract may apply one COB provision to certain benefits, such as dental benefits, coordinating only with similar benefits, and may apply another COB provision to coordinate other benefits.
- C. The "Order of Benefit Determination Rules" determine whether This Health Plan is a Primary Health Plan or Secondary Health Plan when the person has health care coverage under more than one Health Plan.

When This Health Plan is primary, it determines payment for its benefits first before those of any other Health Plan without considering any other Health Plan's benefits. When This Health Plan is secondary, it determines its benefits after those of another Health Plan and may reduce the benefits it pays so that all Health Plan benefits do not exceed the Primary Health Plan's Maximum Allowable Amount.

- D. "Allowable Expense" is a health care expense, including deductibles, Coinsurance and Copayments, that is covered at least in part by any Health Plan covering the person. When a Health Plan provides benefits in the form of services, the reasonable cash value of each service will be considered an Allowable Expense and a benefit paid. An expense that is not covered by any Health Plan covering the person is not an Allowable Expense. In addition, any expense that a Provider by law or in accordance with a contractual agreement is prohibited from charging a covered person is not an Allowable Expense.

The following are examples of expenses that are not Allowable Expenses:

- (1) The difference between the cost of a Semi-private Room and a private Hospital room is not an Allowable Expense, unless the patient's stay in a private Hospital is Medically Necessary in terms of generally accepted medical practice.
- (2) If a person is covered by two (2) or more Health Plans that compute their benefit payments on the basis of usual and customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology, any amount charged by a Provider in excess of the highest reimbursement amount for a specific benefit is not an Allowable Expense.
- (3) If a person is covered by two (2) or more Health Plans that provide benefits or services on the basis of negotiated fees, an amount in excess of the highest of the negotiated fees is not an Allowable Expense.
- (4) If a person is covered by one Health Plan that calculates its benefits or services on the basis of usual and customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology and another Health

Plan that provides its benefits or services on the basis of negotiated fees, the Primary Health Plan's payment arrangement will be the Allowable Expense for all Health Plans. However, if the provider has contracted with the Secondary Health Plan to Provide the benefit or service for a specific negotiated fee or payment amount that is different than the Primary Health Plan's payment arrangement and if the Provider's contract permits, the negotiated fee or payment will be the Allowable Expense used by the Secondary Health Plan to determine its benefits.

- (5) The amount of any benefit reduction by the Primary Health Plan because a covered person has failed to comply with the Health Plan provisions is not an Allowable Expense. Examples of these types of Health Plan provisions include second surgical opinions, precertification of admissions, and preferred Provider arrangements.
- E. "Closed Panel Health Plan" is a Health Plan that provides health care benefits to covered persons primarily in the form of services through a panel of Providers that have contracted with or are employed by the Health Plan, and that excludes coverage for services provided by other Providers, except in cases of Emergency or referral by a panel member.
- F. "Custodial Parent" is the parent awarded custody of a child for more than one-half (1/2) of a calendar year by a court decree or, in the absence of a court decree, is the parent with whom the child resides more than one half of the Benefit Year excluding any temporary visitation.

### **Order of Benefit Determination Rules**

When a person is covered by two or more Health Plans, the rules for determining the order of benefit payments are as follows:

- A. The Primary Health Plan pays or provides its benefits according to its terms of coverage and without regard to the benefits of under any other Health Plan.
- B.
- (1) Except as provided in Paragraph (2), a Health Plan that does not contain a coordination of benefits provision that is consistent with 760 Indiana Admin. Code § 1-38.1 is always primary unless the provisions of both Health Plans state that the complying Health Plan is primary.
- (2) Coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits and provides that this supplementary coverage will be excess to any other parts of the Health Plan provided by the contract holder. Examples of these types of situations are major medical coverages that are superimposed over base Health Plan hospital and surgical benefits, and insurance type coverages that are written in connection with a Closed Panel Health Plan to provide out-of-network benefits.

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- C. A Health Plan may consider the benefits paid or provided by another Health Plan in calculating payment of its benefits only when it is secondary to that other Health Plan.
- D. Each Health Plan determines its order of benefits using the first of the following rules that apply:
- (1) Non-Dependent or Dependent. The Health Plan that covers the person other than as a dependent, for example as an employee, member, policyholder, subscriber or retiree is the Primary Health Plan and the Health Plan that covers the person as a dependent is the Secondary Health Plan. However, if the person is a Medicare beneficiary and, as a result of federal law, Medicare is secondary to the Health Plan covering the person as a dependent, and primary to the Health Plan covering the person as other than a dependent (e.g. a retired employee), then the order of benefits between the two Health Plans is reversed so that the Health Plan covering the person as an employee, member, policyholder, subscriber or retiree is the Secondary Health Plan and the other Health Plan is the Primary Health Plan.
  - (2) Dependent child covered under more than one Health Plan. Unless there is a court decree stating otherwise, when a dependent child is covered by more than one Health Plan the order of benefits is determined as follows:
    - (a) For a dependent child whose parents are married or are living together, whether or not they have ever been married:
      - The Health Plan of the parent whose birthday falls earlier in the calendar year is the Primary Health Plan; or
      - If both parents have the same birthday, the Health Plan that has covered the parent the longest is the Primary Health Plan.
    - (b) For a dependent child whose parents are divorced or separated or not living together, whether or not they have ever been married:
      - (i) If a court decree states that one of the parents is responsible for the dependent child's health care expenses or health care coverage and the Health Plan of that parent has actual knowledge of those terms, that Health Plan is primary. If the parent with the responsibility has no health care coverage for the dependent child's health care expense, but that parent's spouse does, that parent's spouse's plan is the primary plan. This rule does not apply with respect to any claim determination period or plan year during which any benefits are actually paid or provided before the Health Plan has actual knowledge of the terms of the court decree.
      - (ii) If a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage, the provisions of Subparagraph (a) above will determine the order of benefits;



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- (iii) If a court decree states that the parents have joint custody without specifying that one parent has responsibility for the health care expenses or health care coverage of the dependent child, the provisions of Subparagraph (a) above will determine the order of benefits; or
  - (iv) If there is no court decree allocating responsibility for the dependent child's health care expenses or health care coverage, the order of benefits for the child are as follows:
    - The Health Plan covering the Custodial Parent;
    - The Health Plan covering the spouse of the Custodial Parent;
    - The Health Plan covering the non-Custodial Parent; and then
    - The Health Plan covering the spouse of the non-Custodial Parent.
  - (c) For a dependent child covered under more than one Health Plan of individuals who are not the parents of the child, the provisions of Subparagraph (a) or (b) above will determine the order of benefits as if those individuals were the parents of the child.
- (3) Active employee or retired or laid-off employee. The Health Plan that covers a person as an active employee, that is, an employee who is neither laid off nor retired, is the Primary Health Plan. The Health Plan covering that same person as a retired or laid-off employee is the Secondary Health Plan. The same would hold true if a person is a dependent of an active employee and that same person is a dependent of a retired or laid-off employee. If the other Health Plan does not have this rule, and as a result, the Health Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D(1) can determine the order of benefits.
  - (4) COBRA or state continuation coverage. If a person whose coverage is provided pursuant to COBRA or under a right of continuation provided by state or other federal law is covered under another Health Plan, the Health Plan covering the person as an employee, member, subscriber or retiree or covering the person as a dependent of an employee, member, subscriber or retiree is the Primary Health Plan and the COBRA or state or other federal continuation coverage is the Secondary Health Plan. If the other Health Plan does not have this rule, and as a result, the Health Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D(1) can determine the order of benefits.
  - (5) Longer or shorter length of coverage. If the preceding rules do not determine the order of benefits, the Health Plan that covered the person as an employee, member, policyholder, subscriber or retiree longer is the Primary Health Plan and

the Health Plan that covered the person the shorter period of time is the Secondary Health Plan.

- (6) If the preceding rules do not determine the order of benefits, the Allowable Expenses will be shared equally between the Health Plans meeting the definition of Health Plan. In addition, this Health Plan will not pay more than it would have paid had it been the Primary Health Plan.

### **Effect on the Benefits of This Health Plan**

- A. When This Health Plan is secondary, it may reduce its benefits so that the total benefits paid or provided by all Health Plans during a Health Plan year are not more than the total Allowable Expenses. In determining the amount to be paid for any claim, the Secondary Health Plan will calculate the benefits it would have paid in the absence of other health care coverage and apply that calculated amount to any Allowable Expense under its Health Plan that is unpaid by the Primary Health Plan. The Secondary Health Plan may then reduce its payment by the amount so that, when combined with the amount paid by the Primary Health Plan, the total benefits paid or provided by all Health Plans for the claim do not exceed the total Allowable Expense for that claim. In addition, the Secondary Health Plan will credit to its Health Plan deductible any amounts it would have credited to its deductible in the absence of other health care coverage.
- B. If a covered person is enrolled in two or more Closed Panel Health Plans and if, for any reason, including the provision of service by a non-panel Provider, benefits are not payable by one Closed Panel Health Plan, COB will not apply between that Health Plan and other Closed Panel Health Plans.

### **Right to Receive and Release Needed Information**

Certain facts about health care coverage and services are needed to apply these COB rules and to determine benefits payable under This Health Plan and other Health Plans. CareSource may get the facts it needs from or give them to other organizations or persons for the purpose of applying these rules and determining benefits payable under This Health Plan and other Health Plans covering the person claiming benefits. CareSource need not tell, or get the consent of, any person to do this. Each person claiming benefits under This Health Plan must give CareSource any facts it needs to apply those rules and determine benefits payable.

### **Facility of Payment**

A payment made under another Health Plan may include an amount that should have been paid under This Health Plan. If it does, CareSource may pay that amount to the organization that made that payment. That amount will then be treated as though it were a benefit paid under This Health Plan. CareSource will not have to pay that amount again. The term "payment made" includes providing benefits in the form of services, in which case "payment made" means the reasonable cash value of the benefits provided in the form of services.

**Right of Recovery**

If the amount of the payments made by CareSource is more than it should have paid under this COB provision, it may recover the excess from one or more of the persons it has paid or for whom it has paid, or any other person or organization that may be responsible for the benefits or services provided for the covered person. The "amount of the payments made" includes the reasonable cash value of any benefits provided in the form of services.

**Coordination of Benefits**

If you believe that we have not paid a claim properly, you should first attempt to resolve the problem by contacting us at the phone number listed on your ID card. Please also refer to the appeals procedures listed in this EOC. If you are still not satisfied, you may call the Indiana Department of Insurance for instructions on filing a consumer complaint. Call 1-800-622-4461, (317) 232-2395 or visit the Department's website at [www.in.gov/idoi](http://www.in.gov/idoi).

## SECTION 10 – SUBROGATION AND REIMBURSEMENT

### What this section includes:

- How your Benefits are impacted if you suffer a Sickness or Injury caused by a third party.

### Subrogation – Example

Suppose you are injured in a car accident that is not your fault, and you receive Benefits under the Plan to treat your injuries. Under subrogation, the Plan has the right to take legal action in our name against the driver who caused the accident and that driver's insurance carrier to recover the cost of those Benefits.

When the Plan has paid Benefits for the treatment of Sickness or Injury caused by a third party, and you have a right to recovery or have received recovery from a third party, the Plan has a right to subrogation. This means that the Plan is substituted to and will succeed to any and all legal claims that you may be entitled to pursue against any third party for Benefits for which a third party is considered responsible. The Plan also has a right to be reimbursed from any third party recovery in the amount of Benefits paid on your behalf.

The Plan's subrogation and reimbursement rights shall have first priority, which means that they are paid before any of your other claims are paid. The Plan may collect from you the proceeds of any full or partial recovery that you or your legal representative obtain, whether in the form of a settlement (either before or after any determination of liability) or judgment, no matter how those proceeds are captioned or characterized.

You must notify us promptly of how, when and where an accident or incident resulting in Sickness or Injury to you occurred and all information regarding the parties involved. You must notify us promptly if you retain an attorney related to such an accident or incident. You and your legal representative must cooperate with us, do whatever is necessary to enable us to exercise our subrogation and reimbursement rights, and do nothing to prejudice our rights.

## SECTION 11 – WHEN COVERAGE ENDS

### What this section includes:

- Circumstances that cause coverage to end;
- Extended coverage; and
- How to continue coverage after it ends.

### Guaranteed Renewable

You may renew this Plan at your option without regard to your health condition. The Plan can terminate your coverage for the reasons below:

- You are no longer eligible for coverage under the Plan.
- You do not pay your Premium on time provided that the applicable grace period set forth in Section 2: *How the Plan Works* has been exhausted.
- You commit an act, practice of omission that constitutes Fraud.
- You commit an intentional misrepresentation of material fact.
- You change coverage to another plan during an open or special enrollment period.
- The Plan terminates.
- You no longer reside in our Service Area.

If we discontinue a particular product provided that we provide you with written notice at least ninety (90) days before the date the product will be discontinued, we offer you the option to purchase any other individual contract we currently offer, and we act uniformly without regard to any health status-related factor.

If we discontinue all contracts in the individual market in Indiana if we provide you and the Indiana Department of Insurance with written notice at least one hundred eighty (180) days before the date of the discontinuance, we discontinue and do not renew all contracts we issue or deliver for issuance in the State of Indiana in the individual market, and we act uniformly without regard to any health status-related factor.

We may, at the time of renewal, modify the Plan if the modification is consistent with the laws of the state of Indiana and is effective uniformly for all persons who have coverage under this type of contract.

You may terminate coverage under this Plan by providing at least fourteen (14) calendar days prior notice to us. Such termination shall be effective fourteen (14) calendar days after we receive your request for termination unless otherwise agreed upon.

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## **Notice of Termination and Date of Termination**

The Plan will notify you if your coverage ends at least thirty (30) calendar days prior to the last day of coverage, with such effective date determined by the Plan. The notice will set forth the reason for the termination and will tell you the date your coverage under the Plan ends. If you are delinquent on premium payment, the Plan will provide you with notice of such payment delinquency.

Notice to you shall be deemed notice to your enrolled Dependents and is sufficient if mailed to your address as it appears in our records. Notice is effective when deposited in the United States mail, with first class postage prepaid.

### ***Benefits after Termination***

The Plan will not pay for services, supplies, or drugs you receive after your coverage ends, even if you had a medical condition (known or unknown), including Pregnancy, that requires medical care after your coverage ends.

Your entitlement to Benefits automatically ends on the date that coverage ends, even if you are receiving medical treatment on that date, except as specifically provided below.

In the event that we terminate your coverages while you are receiving Inpatient care in a Hospital, the Plan will continue your coverage until the earliest occurrence of any of the following: (1) your discharge from the Hospital; (2) the determination by your Physician that Inpatient care in the Hospital is no longer Medical Necessary for you; (3) your reaching the limit for contractual Benefits; (4) the effective date of any new coverage you have; or (5) sixty (60) days after your coverage is terminated; provided, however, that the Plan will not continue your coverage for the Inpatient care if your coverage terminates (a) you terminate coverage under this Section 11, (b) you fail to pay Premium within the applicable grace period set forth in Section 2: *How the Plan Works*; and (c) our receivership.

When your coverage ends, CareSource will still pay claims for Covered Services that you received before your coverage ended. Except as set forth above, Benefits are not provided for Health Care Services, supplies, and pharmaceutical products that you receive after coverage ended, even if the underlying medical condition occurred before your coverage ended.

Note: CareSource has the right to require you to pay back Benefits we paid to you or paid in your name during the time you were wrongly covered under the Plan.

## **Rescission**

Under certain circumstances, we may take away your coverage under the Plan. A Rescission of your coverage means that the coverage may be legally voided all the way back to the day the Plan began to provide you with coverage, just as if you never had coverage under the Plan. Your coverage can only be rescinded if you (or a person seeking coverage on your behalf), performs an act, practice, or omission that constitutes Fraud; or unless you (or a person seeking coverage on your behalf) makes an intentional misrepresentation of material fact, as prohibited by the terms of your Plan. You will be provided with thirty (30) calendar days' advance notice before

your coverage is rescinded. You have the right to request an internal appeal of a Rescission of your coverage. Once the internal appeal process is exhausted, you have the additional right to request an independent external review. See Section 8: *Complaints and Appeals Procedures* for more information.

### **Certification of Prior Creditable Coverage**

If your coverage is terminated and we are required by law to give you evidence of coverage, you will receive a certification showing when you were covered under the Plan. You may need the document to qualify for another health Plan. Certifications may be requested within 24 months of losing Benefits under this Plan. You may also request a certification be provided to you at any other time, even if you have not lost coverage under this Plan. If you have any questions, please contact Member Services.

### **Reinstatement**

If your coverage under the Plan was terminated for non-payment, you may request reinstatement of your coverage from the Plan within thirty (30) days of the effective date of termination. You must remit all Premium that was due for the coverage upon reinstatement. Upon receipt of the outstanding Premium, we will reinstate coverage as of the effective date of termination.

## SECTION 12 – OTHER IMPORTANT INFORMATION

### What this section includes:

- Your relationship with CareSource;
- Relationships with Providers; and
- Other important information you need to know.

### No Waiting Periods or Pre-Existing Conditions

There are no waiting periods or pre-existing condition limits that apply to Benefits covered by the Plan.

### No Lifetime Limits on the Dollar Value of Essential Health Benefits

The Plan does not impose any lifetime limits on the dollar amount of Essential Health Benefits, as defined in Section 13: *Glossary*, covered under this Plan.

### No Annual Limits on the Dollar Value of Essential Health Benefits

The Plan does not impose any annual limits on the dollar amount of Essential Health Benefits, as defined in Section 13: *Glossary*, covered under this Plan.

### Your Relationship with CareSource

CareSource does not provide Health Care Services or make treatment decisions. This means:

- CareSource does not recommend what Health Care Services you need or will receive. You and your Physician make those decisions.
- CareSource communicates to you decisions about whether the Plan will cover or pay for the Health Care Services that you may receive.
- CareSource does determine, according to the Plan's policies and nationally recognized guidelines, what Medically Necessary Covered Services are eligible Benefits under this Plan.
- The Plan may not pay for all Health Care Services you or your Physician may believe are necessary.

### CareSource's Relationship with Providers

The relationships between CareSource and Network Providers are contractual relationships between independent contractors. Network Providers are neither CareSource's agents nor employees. CareSource and any of its employees are neither agents nor employees of Network Providers. CareSource does not provide Health Care Services or supplies, nor does CareSource practice medicine. Instead, CareSource arranges for Providers to participate in a Network. CareSource also pays Benefits. Network Providers are independent practitioners who run their



own offices and Facilities. CareSource's credentialing process confirms public information about the Providers' licenses and other credentials, but does not assure the quality of the Health Care Services provided. Providers are not CareSource's employees. CareSource does not have any other relationship with Network Providers such as principal-agent or joint venture. CareSource is not liable for any act or omission of any Provider.

### **Your Relationship with Providers**

The relationship between you and any Provider is that of Provider and patient. Your Provider is responsible for the quality of the Health Care Services provided to you. You:

- are responsible for choosing your own Providers;
- are responsible for paying, directly to your Provider, any amount identified as a Covered Person responsibility, including Copayments, Coinsurance, any Annual Deductible and any amounts that are more than Eligible Expenses;
- are responsible for paying, directly to your Provider, the cost of any Non-Covered Service; and
- are responsible for deciding with your Provider what care you should and should not receive.

If CareSource determines that you are using Health Care Services in a harmful or abusive manner, you may be required to select a Network Physician to coordinate all of your future Covered Services. If you do not make a selection within thirty (30) calendar days of the date you are notified, we will pick a Network Physician for you. If you do not use the Network Physician to coordinate all of your care, any Covered Services you receive will not be paid.

### **Reimbursements for Services of Osteopath, Optometrist, Chiropractor, Podiatrist, Psychologist, or Dentist**

When this Plan provides Benefits for Covered Services that may be legally performed in Indiana for the practice of osteopath, optometry, chiropractic, or podiatry, such Benefits will not be denied when such Covered Service is rendered by a person licensed in the State of Indiana as an osteopath, optometrist, Chiropractor, or podiatrist, as the case may be. When this Plan provides Benefits for Covered Services that may be legally performed in Indiana for the practice of psychology, such Benefits will not be denied when such Covered Services are rendered by a person licensed in the State of Indiana who has received a doctorate of psychology. When this Plan provides Benefits for Covered Services that may be legally performed in Indiana for the practice of dentistry, such Benefits will not be denied when such Covered Services are rendered by a person licensed in the State of Indiana as a dentist.

### **Claims**

Your Provider is responsible for requesting payment from us. If your Provider is unable to submit claims for payment to the Plan in accordance with Plan's customary practices, you may submit a claim directly to us by using the member claim form that can be found at [www.caresource.com/just4me](http://www.caresource.com/just4me) or by calling Member Services.

**Guaranteed Availability and Renewability**

We are not obligated to renew or continue Benefits if you fail to pay Premiums; if you perform an act or practice that constitutes Fraud or the making of an intentional misrepresentation; if CareSource ceases to offer the Plan; if you move outside the Service Area, or become otherwise ineligible for Benefits.

**Payment of Benefits**

When your care is rendered by a Network Provider you are not required to file a claim. Since no claim filing is required, the provisions below regarding “Notice of Claim” and “Claim Forms” do not apply.

You authorize us to make payments directly to Providers giving Covered Services. We also reserve the right to make payments directly to you. Claims may be submitted by you or a Provider.

**Notice of Claim**

We are not liable under the Plan, unless we receive written notice that Covered Services have been given to you. The notice must be given to us within twenty (20) days of receiving the Covered Service.

**Claim Forms**

Upon receipt of notice of claim, we will furnish you with the appropriate forms to file proof of loss. The form will be sent to you within 15 days after the receipt of such notice. If you do not receive the forms within 15 days, written notice of services rendered may be submitted to Us without the claim form.

**Proof of Loss**

Written proof of loss satisfactory to us must be submitted to us within ninety (90) days after the date of the event for which claim is made or as soon as reasonably possible. In any case, the proof required must be sent to us no later than one year following the ninety (90) day period specified, unless you were legally incapacitated. Many Providers may file for you. If your Provider will not file, and you do not receive a claim form from us within fifteen (15) days of our receipt of notice of claim, you may submit a written notice of services rendered to us without the claim form. The same information that would be given on the claim form must be included in the written proof of loss. This includes the name of patient, relationship to you, identification number, date, type and place of service, your signature and the Provider’s signature be fully discharged from that portion of its liability. Proof of Loss shall be submitted to us at: P.O. Box 630568, Cincinnati, Ohio 45263-0568.

**Payment of Claim**

We will pay or deny a clean claim filed electronically within thirty (30) days or within forty-five (45) days if filed on paper. A “clean claim” means a claim submitted that includes all of the information necessary to process the claim. If additional supporting information is required to process the claim, we will notify the applicable person(s) within thirty (30) days after receipt of a claim electronically and within forty-five (45) days if the claim is submitted on paper. This notice will detail the supporting documentation needed. We will complete the processing of the claim within fifteen (15) days after our receipt of all requested information. You and your Provider will be notified when a claim is denied. The notification will include the reason(s) for the denial. Claims submitted by Providers are also governed by Indiana Code § 27-13-36.2.

**Explanation of Benefits**

After you receive medical care, you will generally receive a written explanation of benefits summarizing the Benefits you receive.

**Coverage through Non-custodial Parent**

Whenever a child under the age of 18 is an enrolled Dependent under the Plan through a non-custodial parent, we shall upon the written request of the non-custodial parent, do any of the following.

Provide any information to the custodial parent that is necessary for the child to obtain benefits under the Plan.

Permit the custodial parent, or the Provider with the custodial parent’s approval, to submit claims for Covered Services without the non-custodial parent’s approval.

Pay claims submitted by the custodial parent or the Providers directly to the custodial parent or Provider.

**Explanation of Benefits**

After you receive Health Care Services, you will generally receive a written explanation of benefits summarizing the Benefits you receive. This explanation of benefits is not a bill for Health Care Services.

**Legal Action**

You may not bring any suit on a claim until at least sixty (60) days after the required claim document is given. You may not bring any suit more than three (3) years after the date of submission of a proof of loss.

**Information and Records**

By accepting Benefits under the Plan, you authorize and direct any person or institution that has provided Health Care Services to you to furnish CareSource with all information or copies of

records relating to the Health Care Services provided to you. CareSource has the right to request this information at any reasonable time. CareSource may request additional information from you to decide your claim for Benefits. Such information and records will be considered confidential.

### **Incentives to Providers**

Network Providers may be provided financial incentives by CareSource to promote the delivery of health care in a cost efficient and effective manner. These financial incentives are not intended to affect your access to health care.

Examples of financial incentives for Network Providers are:

- Bonuses for performance based on factors that may include quality measures, Covered Person satisfaction, and/or cost-effectiveness; or
- A practice called capitation, which is when a group of Network Providers receives a monthly payment from CareSource for each Covered Person who selects a Network Provider within the group to perform or coordinate certain Health Care Services. The Network Providers receive this monthly payment regardless of whether the cost of providing or arranging to provide the Covered Person's health care is less than or more than the payment.

If you have any questions regarding financial incentives, you may contact us. You can ask whether your Network Provider is paid by any financial incentive, including those listed above; however, the specific terms of the contract, including rates of payment, are confidential and cannot be disclosed. In addition, you may choose to discuss these financial incentives with your Network Provider.

### **Incentives to You**

Sometimes you may be offered coupons or other incentives to encourage you to participate in various wellness programs or certain disease management programs. The decision about whether or not to participate is yours, but CareSource recommends that you discuss participating in such programs with your Physician. These incentives are not Benefits and do not alter or affect your Benefits. You may call the number on the back of your ID Card if you have any questions.

### **Rebates and Other Payments**

CareSource may receive rebates for certain drugs that are administered to you in a Physician's office or at a Hospital or Alternate Facility. This includes rebates for those drugs that are administered to you before you meet your Annual Deductible. We do not pass these rebates on to you, nor are they applied to your Annual Deductible or taken into account in determining your Copays or Coinsurance.

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## **Workers' Compensation Not Affected**

Benefits provided under the Plan do not substitute for and do not affect any requirements for coverage by workers' compensation insurance.

## **Statement of Rights Under the Newborns' and Mothers' Health Protection Act**

Under federal law, health insurance issuers generally may not restrict Benefits for any Hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery or less than 96 hours following a delivery by cesarean section; however, the issuer may pay for a shorter stay if the attending Provider (e.g., your Physician, nurse midwife, or physician assistant), after consultation with the mother, discharges the mother or newborn earlier. Also, under federal law, issuers may not set the level of Benefits or out-of-pocket costs so that any later portion of the 48-hour (or 96-hour) stay is treated in a manner less favorable to the mother or newborn than any earlier portion of the stay. In addition, an issuer may not, under federal law, require that a Physician or other Provider obtain authorization for prescribing a length of stay of up to 48 hours (or 96 hours); however, to use certain providers of Facilities, or to reduce your out-of-pocket costs, you may be required to obtain precertification. For information on precertification, please contact Member Services.

## **Women's Health and Cancer Rights Act Notice**

Effective October 21, 1998, the Federal Women's Health and Cancer Rights Act requires all health insurance plans that provide coverage for a mastectomy must also provide coverage for the following medical care:

- Reconstruction of the breast on which the mastectomy has been performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance; and
- Prosthesis and treatment of physical complications at all stages of the mastectomy, including lymphedemas, in a manner determined in consultation with the attending Physician and the patient.

Covered Benefits are subject to all provisions described in the Plan, including but not limited to deductible, Copayment, rate of payment, Exclusions, and limitations.

## **Victims of Abuse**

We will not deny or refuse to issue coverage, refuse to contract with or refuse to renew coverage, refuse to reissue, or otherwise terminate or restrict coverage on an individual under this Plan because the individual has been, is or has the potential to be a victim of abuse or seeks, has sought, or should have sought protections from abuse, shelter from abuse, or medical or psychological treatment for abuse. We will not add any surcharge or rating factor to a Premium because an individual has a history of being, is or has the potential to be a victim of abuse. We will not exclude or limit coverage for losses or deny a claim incurred by a Covered Person as a result of abuse or the potential for abuse. We will not ask a Covered Person or individual applying for coverage under the Plan whether such individual is, has been, or may be the victim

of abuse or seeks, has sought, or should have sought protection from abuse, shelter from abuse, or medical or psychological treatment for abuse.

### **Examination**

In the event of a question or dispute regarding your right to Benefits, we may require that a Network Provider of our choice examine you at our expense.

### **Genetic Screening**

When processing any application you submit to us related to coverage under the Plan, we will not:

- Require you to submit to genetic screening or testing;
- Take into consideration the results of genetic screening or testing;
- Make any inquiry to determine the results of genetic screening or testing; or
- Make a decision adverse to you based on entries in your medical record or other reports related to genetic screening or testing.

### **Legal Contract**

This EOC, any Riders/Enhancements, Amendments, and documentation submitted to the Plan, constitute the entire legal contract between you and the Plan, and as of the effective date of your coverage, supersede all other agreements between us. This EOC, its Riders/Enhancements, and Amendments constitute the legal contract between CareSource and you. Your payment of the first Premium owed to the Plan and your receipt of Benefits under the Plan indicate your acceptance of and agreement with the terms and conditions of this EOC, its Riders/Enhancements, and Amendments. Any and all statements that you have made to the Plan and any and all statements that the Plan has made to you are representations and not warranties. No such statement, unless it is contained in this EOC and any of its Riders/Enhancements or Amendments, will be used in defense to a claim under this EOC, its Riders/Enhancements, or Amendments.

### **Policy is Not a Medicare Supplemental Policy**

This Plan is not a Medicare supplemental policy. If you are eligible for Medicare, please review the “Guide to Health Insurance for People with Medicare” available from the Plan or at [www.medicare.gov/Pubs/pdf/02110.pdf](http://www.medicare.gov/Pubs/pdf/02110.pdf).

### **Medicare**

Any Health Care Services covered under both this Plan and Medicare will be paid according to Medicare secondary payor legislation, regulations, and Centers for Medicare and Medicaid Services guidelines. As a Medicare secondary payor, benefits under this Plan shall be determined after those of Medicare. For the purposes of the calculation of benefits, if the Covered Person has not enrolled in Medicare, we will calculate benefits as if they had enrolled.

The benefits under this Plan for Covered Persons age 65 and older or Covered Persons otherwise eligible for Medicare do not duplicate any benefit for which Covered Persons are entitled under Medicare, except when federal law requires us to be the primary payor. Where Medicare is the primary payor, all sums payable by Medicare for Health Care Services provided to Covered Persons shall be reimbursed by or on behalf of the Covered Persons to us to the extent we have made payment for such Health Care Services.

### **Limitation of Action**

No legal proceeding or action may be brought more than three (3) years from the date the cause of action first arose. Damages shall be limited to recovery of actual Benefits due under the terms of this EOC. The Covered Person waives any right to recover any additional amounts or damages, including, but not limited to, punitive and/or exemplary damages.

### **Changes/Amendments**

The EOC may be amended. In the event that we make a material modification to the EOC other than during the renewal or reissuance of coverage, we will provide notice of the material modification to you no later than sixty (60) calendar days prior to the date on which the material modification will become effective.

### **Misstatement of Information**

If you misstate information you submit to the Plan, including but not limited to information about your residence, age, or family, we will adjust the Premium(s) under the Plan to the amount the Premium(s) would have been if such information had been correctly stated.

### **Non-Discrimination**

In compliance with state and federal law, we shall not discriminate on the basis of age, gender, color, race, disability, marital status, sexual preference, religion affiliation, or public assistance status.

### **Conformity with Law**

Any provision of this Plan which is in conflict with the laws of Indiana when this EOC was issued, or with federal law, is hereby automatically amended to conform with the minimum requirements of such laws.

### **Severability**

In the event that any provision of this EOC is declared legally invalid by a court of law, such provision will be severable and all other provisions of the EOC will remain in full force and effect.

**Waiver and Oral Statements**

No agent or other person, except as authorized officer of CareSource, has authority to waive any conditions or restrictions of this EOC, to extend the time for paying Premium, or to bind the Plan by making any promise or representation or by giving or receiving information. No oral statement of any person shall modify or otherwise affect the Benefits, limitations, or Exclusions of this EOC or convey or void any coverage under the Plan.

**Non-Assignment**

The Benefits provided under this Plan are for your personal benefit. You may not assign or transfer to any third party any of your rights to Benefits or Covered Services under this Plan. Any attempt by you to assign this Plan to any third party is void.

**Clerical Errors**

If a clerical error or other mistake occurs, that error will not deprive you of Benefits under this Plan, nor will it create a right to Benefits.

**Circumstances Beyond the Plan's Control**

If circumstances arise that are beyond the control of the Plan, the Plan will make a good-faith gesture to arrange an alternative method of providing coverage. Circumstances that may occur, but are not within the control of the Plan, include but are not limited to:

- A major disaster or epidemic,
- Complete or partial destruction of Facilities,
- A riot,
- Civil insurrection,
- Labor disputes that are out of the control of the Plan,
- Disability affecting a significant number of a Network Provider's staff or similar causes, or
- Health Care Services provided under this EOC are delayed or considered impractical.

Under such circumstances, the Plan and Network Providers will provide the Health Care Services covered by this EOC as far as is practical under the circumstances and according to their best judgment; however, the Plan and Network Providers will accept no liability or obligation for delay, or failure to provide or arrange Health Care Services if the failure or delay is caused by events or circumstances beyond the control of the Plan.



## SECTION 13 – GLOSSARY

### What this section includes:

- Definitions of terms used throughout this EOC

**Adverse Benefit Determination** means a decision by CareSource to deny, reduce, or terminate a requested Health Care Service or Benefit in whole or in part, including all of the following:

- A determination that the Health Care Service does not meet the Plan's requirements for Medical Necessity, appropriateness, health care setting, level of care, or effectiveness, including Experimental or Investigational Services;
- A determination of your eligibility for Benefits under the Plan;
- A determination that a Health Care Service is not a Covered Service;
- The imposition of an Exclusion or other limitation on Benefits that would otherwise be covered;
- A determination not to issue you coverage, if applicable to this Plan; or
- A determination to rescind coverage under the Plan.

**Alternate Facility** means a freestanding health care facility that is not a Hospital or a Facility that is attached to a Hospital and that is designated by the Hospital as an Alternate Facility. An Alternate Facility provides one or more of the following Health Care Services on an Outpatient basis, as permitted by law: pre-scheduled surgical services, Emergency Health Services, Urgent Care Services, pre-scheduled rehabilitative, laboratory, or Diagnostic Services. An Alternate Facility may also provide Behavioral Health Services on an Outpatient, intermediate or Inpatient basis.

**Ambulance** means a licensed ambulance service that is designed, equipped, and used only to transport a Covered Person with a Sickness or Injury, provided it is staffed by Emergency medical technicians, paramedics, or other certified first responders. An Ambulance may transport a Covered Person by ground, water, fixed wing air, or rotary wing air transportation. An ambulance service is not an Ambulance regardless of whether it meets certain criteria set forth above.

**Ambulance Services** means transportation by an Ambulance of a Covered Person who has a Sickness or Injury.

**Amendment** means any written changes or additions to this EOC. Amendments are subject to all conditions, limitations, and Exclusions of the Plan, except for those that are changed by the Amendment. CareSource at all times reserves the right to make Amendments.

**Annual Deductible** means the amount you must pay for Covered Services in a Benefit Year before we will begin paying for Benefits in that Benefit Year. Copayments do not count towards the Annual Deductible. Amounts paid toward the Annual Deductible for Covered Services that

are subject to a visit or day limit will also be calculated against that maximum Benefit limit. The limited Benefit will be reduced by the number of days/visits used toward meeting the Annual Deductible. Network Benefits for Preventive Health Services are never subject to payment of the Annual Deductible.

**Annual Out-of-Pocket Maximum** means the maximum amount you pay in a Benefit Year relating to obtaining Benefits. When you reach the Annual Out-of-Pocket Maximum, Benefits for Covered Services that apply to the Annual Out-of-Pocket Maximum are payable at 100% of Eligible Expenses during the rest of the Benefit Year. Copayments and Coinsurance for Covered Services will apply to your Annual Out-of-Pocket Maximum, unless otherwise noted below.

The following costs will never apply to the Annual Out-of-Pocket Maximum:

- Any charges for services that are not Covered Services;
- Coinsurance amounts for Covered Services available by an optional Rider/Enhancement, unless specifically stated otherwise in the Rider/Enhancement; and
- Copayments for optional dental and vision benefits or any other optional Rider/Enhancement.

Even when the Annual Out-of-Pocket Maximum has been reached, you will still be required to pay:

- Any charges for Non-Covered Services;
- Charges that exceed Eligible Expenses;
- Copayments and Coinsurance amounts for Covered Services available by an optional Rider/Enhancement, unless specifically stated otherwise in the Rider/Enhancement; and
- The amount of any reduced Benefits if you do not obtain authorization from us when required to do so under the terms of the Plan.

**Applied Behavior Analysis** means the design, implementation, and evaluation of environmental modifications, using behavioral stimuli and consequences to produce significant improvement in human behavior, including the use of direct observation, measurement and functional analysis of the relationship between environment and behavior.

**Authorized Representative** means an individual who represents a Covered Person in an internal appeal or external review process of an Adverse Benefit Determination and who is any one of the following:

- A person to whom you have given express, written consent to represent you in an internal appeals process or external review process of an Adverse Benefit Determination;
- A person authorized by law to provide substituted consent for you;
- A family member or a treating health care professional when, and only when, you are unable to provide consent.

**Autism Spectrum Disorder** means a neurological condition, including Asperger's Syndrome and autism as defined by the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (American Psychiatric Association) or other condition that is specifically categorized as a pervasive developmental disorder in the *Manual*.

**Behavioral Health Services** means Health Care Services for the diagnosis and treatment of Mental Sicknesses, alcoholism and substance use disorders that are listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (American Psychiatric Association), unless those services are specifically excluded. The fact that a condition or disorder is listed in the current *Manual* does not mean that treatment for the condition is a Covered Service.

**Benefits or Benefit** means your right to payment for Covered Services that are available under the Plan. Your right to Benefits is subject to the terms, conditions, limitations, and Exclusions of the Plan, including this EOC and any attached Riders/Enhancements and Amendments.

**Benefit Year** means the calendar year for which you have coverage under the Plan.

**Brand-name Drug** means a Prescription Drug that is either manufactured and marketed under a trademark or name by a specific drug manufacturer or identified by CareSource as a Brand-name Drug based on available data resources (including, but not limited to, First DataBank) that classify drugs as either Brand-name or Generic based on a number of factors. Products identified as "brand name" by the manufacturer, Pharmacy, or your Physician may not be classified as Brand-name Drug by the PBM.

**Business Day** means Monday through Friday, excluding any state or federal holiday observed by CareSource.

**Business Hours** means Monday through Friday, 8 a.m. EST to 5 p.m. EST, excluding any state or federal holiday observed by CareSource.

**CareSource 24™** means CareSource's nurse help line, for non-Emergency health situations, which Covered Persons can call 24 hours a day, seven days a week, including holidays. The call is free and confidential. Covered Persons speak directly with a registered nurse about their symptoms or health questions. The nurse will quickly assess your situation and help you choose the most appropriate action. A fax will then be sent to the CareSource Covered Person's PCP to help him or her coordinate better care for the CareSource Covered Person.

**Chiropractor** means any doctor of chiropractic who is duly licensed and qualified to provide chiropractic services.

**Coinsurance** means the charge, stated as a percentage of Eligible Expenses, that you are required to pay for certain Covered Services after the Annual Deductible is satisfied (*see* Section 2).

**Congenital Anomaly** means a physical developmental defect that is present at birth and is identified within the first 12 months of birth.

**Copayment** means the charge, stated as a flat dollar amount, that you are required to pay for certain Covered Services (*see* Section 2).

**Cosmetic Procedures** means procedures or services that change or improve appearance without significantly improving physiological function, as determined by us.

**Covered Person** means an individual, including you or your Dependent, who is properly enrolled by the Plan and due to such enrollment is entitled to receive Benefits provided under this Plan.

**Covered Services** means those Health Care Services that are (1) covered by a specific Benefit provision of the Plan; (2) not excluded under the terms of the Plan; and (3) determined to be Medically Necessary per the Plan's medical policies and nationally recognized guidelines and that we determine to be all of the following: Provided for the purpose of preventing, diagnosing, or treating a Sickness, Injury, Mental Sickness, substance use disorder, or their symptoms; consistent with nationally recognized scientific evidence, as available, and prevailing medical standards and clinical guidelines, as described below; and not provided for the convenience of you, a Provider, or any other person. In applying the above definition, "scientific evidence" and "prevailing medical standards" have the following meanings: "Scientific evidence" means the results of controlled clinical trials or other studies published in peer-reviewed, medical literature generally recognized by the relevant medical specialty community. "Prevailing medical standards and clinical guidelines" means nationally recognized professional standards of care including, but not limited to, national consensus statements, nationally recognized clinical guidelines, and national specialty society guidelines.

**Custodial Care** means care primarily for the purpose of assisting you in the activities of daily living or in meeting personal rather than medical needs. Custodial Care is not specific treatment for an Sickness or Injury. Custodial Care is care that cannot be expected to substantially improve a medical condition and has minimal therapeutic value. Custodial Care includes, but is not limited to: assistance with walking, bathing, or dressing; transfer or positioning in bed; normally self-administered medicine; meal preparation; feeding by utensil, tube, or gastrostomy; oral hygiene; ordinary skin and nail care; catheter care; suctioning; using the toilet; enemas; and preparation of special diets and supervision over medical equipment or exercises or over self-administration of oral medications not requiring constant attention of trained medical personnel. Custodial Care includes maintenance care provided by a Covered Person's family, friends, health aides, or other unlicensed individuals after an acute medical event when such Covered Person has reached the maximum level of physical or mental function. In determining whether an individual is receiving Custodial Care, the factors considered are the level of care and medical supervision required and furnished.

**Dependent** means a person who meets the requisite criteria listed in Section 1: *Eligibility Requirements*.

**Designated Pharmacy** means a Pharmacy that has entered into an agreement with CareSource or with an organization contracting on its behalf, to provide specific Prescription Drugs. The fact that a Pharmacy is a Network Pharmacy does not mean that it is a Designated Pharmacy.

**Diagnostic Services** means Health Care Services performed on a Covered Person who is displaying specific symptoms in order to detect or monitor a disease or condition. A Diagnostic Service also includes a Medically Necessary Preventive Health Care Services screening test that may be required for a Covered Person who is not displaying any symptoms, if, and only if, it is ordered by a Provider.

**Domiciliary Care** means care provided in a residential institution, treatment center, halfway house, or school because a Covered Person's own home arrangements are not available or are unsuitable, and consisting chiefly of room and board, even if therapy is included.

**Durable Medical Equipment** means medical equipment that can withstand repeated use, is not disposable, is used to serve a medical purpose with respect to treatment of a Sickness, Injury, or their symptoms, is of use to a person only in the presence of a disease or physical disability, is appropriate for use in the home, and is not implantable within the body.

**Eligible Expenses** means the amount we will pay for Covered Services, incurred while the Plan is in effect, determined as stated below:

Eligible Expenses are our contracted fee(s) with our Network Providers for Covered Services. When Covered Services are received from Non-Network Providers as a result of an emergent/urgent condition or as otherwise arranged by your PCP or other Network Physician and approved by us, Eligible Expenses are billed charges unless a lower amount is negotiated.

Eligible Expenses are determined solely in accordance with our reimbursement policy guidelines. We develop our reimbursement policy guidelines following evaluation and validation of all Provider billings in accordance with one or more of the following methodologies: As indicated in the most recent edition of the Current Procedural Terminology (CPT), a publication of the American Medical Association; as reported by generally recognized professionals or publications; as used for Medicare; or as determined by medical staff and outside medical consultants pursuant to other appropriate source or determination that we accept.

**Emergency Medical Condition or Emergency** means the sudden onset of a medical condition that manifests itself by signs and symptoms of sufficient severity, including severe pain, such that the absence of immediate medical attention could reasonably be expected to result in serious jeopardy to the individual's health, or to a Pregnancy in the case of a pregnant woman, serious impairment to bodily functions, or serious dysfunction of any bodily organ or part. An Emergency means a medical condition, whether physical or mental, manifesting itself by symptoms of sufficient severity, including severe pain, that, in the absence of prompt medical attention, could reasonably be expected by a prudent layperson who possesses an average knowledge of health and medicine to result in placing the health of a Member or another person, or, in the case of a pregnant woman, the health of the woman or her unborn child, in serious jeopardy, serious impairment to bodily function, or serious dysfunction of anybody organ or part; or, with respect to a pregnant woman, as further defined in section 1867e(1)(B) of the Social Security Act, 42 U.S.C. § 1395dd(e)(1)(B). Examples of Emergencies are: heart attack or

suspected heart attack, stroke, shock, major blood loss, choking, severe head trauma, loss of consciousness, seizures, and convulsions.

**Emergency Health Services** means Health Care Services necessary for the treatment of an Emergency.

**Emergency Room** means the section, department or facility of a Hospital that either: (1) is licensed by the state as an emergency room; (2) held out to the public as providing treatment for Emergency Medical Conditions; or (3) on one-third of the visits to the department in the preceding calendar year actually provided treatment for Emergency Medical Conditions on an urgent basis.

**Essential Health Benefits** means ambulatory patient services, Emergency Health Services, Inpatient Services, Maternity Services, newborn care, Substance Use Disorders Treatment, including Behavioral Health Services, Prescription Drugs, Preventive Health Services and chronic disease management, and pediatric services, including oral and vision care as further defined in 42 U.S.C § 18022 and as further defined by the State of Indiana Department of Insurance.

**Exclusions, Exclusion or Excluded** means Health Care Services that are not Covered Services under the terms of the Plan.

**Experimental or Investigational Services or Experimental or Investigational** means medical, surgical, diagnostic, psychiatric, Substance Use Disorders Treatment or other Health Care Services, technologies, supplies, treatments, procedures, drug therapies or devices that, at the time we make a determination regarding coverage in a particular case, are determined to be any of the following: not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the American Hospital Formulary Service or the United States Pharmacopoeia Dispensing Information as appropriate for the proposed use; subject to review and approval by any institutional review board for the proposed use; the subject of an ongoing clinical trial that meets the definition of a Phase 1, 2 or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight (this includes diagnostic testing for purposes of possible inclusion in a clinical trial); or any service billed with a temporary procedure code. Devices that are FDA approved under the Humanitarian Use Device exemption are not considered to be Experimental or Investigational. If you have a life-threatening Sickness or condition (one which is likely to cause death within one year of the request for treatment) we may determine that an Experimental or Investigational Service meets the definition of a Covered Service for that Sickness or condition. For this to take place, we must determine that the procedure or treatment is promising, but an Unproven Service, and that the service uses a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health.

**Facility** means a Hospital, Ambulatory Surgical Facility, or birthing center registered under Indiana Revised Code § 16-21-2; a health care facility licensed under Indiana Revised Code § 16-28-2 or § 16-28-3; a Home Health Agency licensed under Indiana Revised Code § 16-27-1; or a Hospice licensed under Indiana Revised Code § 16-25-3; a freestanding cardiac catheterization facility; a freestanding birthing center; a freestanding or mobile diagnostic

imaging center; or a freestanding radiation therapy center. A health care facility does not include the offices of private Physicians and dentists whether for individual or group practice; and residential facilities licensed under Indiana Revised Code § 16-28-2 or § 16-28-3 and defined by 410 Indiana Administrative Code 16.2-1.1-62.

**Fraud** means intentionally, or knowingly and willfully, attempting to execute or participate in a scheme or action to falsely obtain unfair or unlawful financial or personal gain from any health care benefit program. Fraud may include, but is not limited to: seeking reimbursement for services not rendered; selling Prescription Drugs that were prescribed to you to someone else; misrepresenting the date a service was provided; misrepresentation of services (*e.g.*, misrepresenting who rendered the service, the condition or diagnosis of the patient, the charges involved, or the identity of the Provider or recipient); seeking reimbursement for excessive, inappropriate, or unnecessary testing or other services; receiving kickbacks for making a referral or for receiving services related to the referral; altering claim forms, electronic records, or medical documentation; improper use of the Plan ID Card; or providing false information or withholding accurate information relating to eligibility for coverage under this Plan.

**Generic Drug means** a Prescription Drug that is either:

Chemically equivalent to a Brand-name Drug; or

Identified by CareSource as a Generic Drug based on available data resources, including, but not limited to, First DataBank, that classify drugs as either brand-name or generic based on a number of factors. Products identified as a "generic" by the manufacturer, Pharmacy or your Physician may not be classified as a Generic Drug by the PBM.

**Grace Period** means the time period set forth in Section 2: *How the Plan Works*.

**Health Care Services** means services, supplies, or pharmaceutical products for the diagnosis, prevention, treatment, cure, or relief of health condition, Sickness, Injury, or disease.

**Home Health Care Agency** means a program or organization authorized by law to provide Health Care Services in the home.

**Home Health Care Services** means any form of care given within the home. This home care can range from care provided by a home health aide, home health nurse, companion, or caregiver and includes intermittent care, respite care, and home therapies. The term home care covers both medical and non-medical forms of care.

**Hospital** means an institution, operated as required by law, that is all of the following: is primarily engaged in providing Health Care Services, on an Inpatient basis, for the acute care and treatment of injured or sick individuals; care is provided through medical, diagnostic and surgical facilities, by or under the supervision of a staff of Physicians; has 24-hour nursing services. A Hospital does not include a place devoted primarily to rest, Custodial Care, or care of the aged and is not a nursing home, convalescent home, or similar institution.

**ID Card** means the CareSource Identification Card that you will receive when you are enrolled under the Plan.

**Injury** means bodily damage other than Sickness, including all related conditions and recurrent symptoms.

**Inpatient** means relating to a patient who has been admitted to a Hospital, Skilled Nursing Facility, or Inpatient Rehabilitation Facility.

**Inpatient Services** means Health Care Services relating to a patient admitted to a Hospital, Skilled Nursing Facility, or Inpatient Rehabilitation Facility.

**Inpatient Rehabilitation Facility** means a Hospital (or a special unit of a Hospital that is designated as an Inpatient Rehabilitation Facility) that provides rehabilitation Health Care Services (*e.g.*, physical therapy, occupational therapy and/or speech therapy) on an Inpatient basis, as authorized by law.

**Inpatient Stay** means an uninterrupted confinement following formal admission to a Hospital, Skilled Nursing Facility, or Inpatient Rehabilitation Facility.

**Maternity Services** means Health Care Services provided in relation to Pregnancy and delivery of a newborn child. Maternity Services include care during labor, birthing, prenatal care, and postpartum care.

**Maximum Allowable Amount** means the maximum amount that the Plan will allow and provide Benefits for Covered Services you receive.

**Medically Necessary/Medical Necessity** means Health Care Services that are determined to be medically appropriate in accordance with the Plan's medical policies and nationally recognized guidelines; are not Experimental or Investigational Services; are necessary to meet the basic health needs of the Covered Person; are rendered in the most cost-efficient manner and type of setting appropriate for the delivery of the Covered Service; are consistent in type, frequency, and duration of treatment with scientifically-based guidelines of national medical, research, or health care coverage organizations or governmental agencies that are accepted by us; are consistent with the diagnosis of the condition; are required for reasons other than the convenience of the Covered Person or his/her Physician; and are demonstrated through prevailing peer-reviewed medical literature to be either: (a) safe and effective for treating or diagnosing the condition or Sickness for which their use is proposed or (b) safe with promising efficacy for treating a life-threatening Sickness or condition in a clinically controlled research setting using a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health. (For purposes of this definition, the term "life threatening" is used to describe Sickness or conditions that are more likely than not to cause death within one (1) year of the date of the request for treatment.) The fact that a Physician has performed or prescribed a procedure or treatment, or the fact that it may be the only available treatment for an Injury, Sickness, or Mental Sickness, or the fact that the Physician has determined that a particular Health Care Service is Medically Necessary or medically appropriate does not mean that the procedure or treatment is a Covered Service under the Plan. The definitions of Medically Necessary and Medical Necessity used in this EOC relate only to Benefits and may differ from the way in



which a Physician engaged in the practice of medicine may define Medically Necessary or Medical Necessity.

**Medicare** means Parts A, B, C and D of the insurance program established by Title XVIII, United States Social Security Act, as amended by 42 U.S.C. Sections 1394, *et seq.*, and as later amended.

**Member** has the same meaning as Covered Person.

**Member Services** means the part of CareSource devoted to answering questions and assisting Members find and use the services offered by CareSource.

**Mental Sickness** means those mental health or psychiatric diagnostic categories that are listed in the current *Diagnostic and Statistical Manual of Mental Disorders* (American Psychiatric Association).

**Network** means the group of Providers who have agreed with Plan to provide Health Care Services to Covered Persons at a contracted rate.

**Network Benefits**, for Physician Health Care Services, are Benefits for Covered Services that are provided by or under the direction of a Physician who is a Network Provider in his or her office or at a Facility that is a Network Provider. For Facility services, these are Benefits for Covered Services that are provided at a Facility that is a Network Provider by a Physician who is a Network Provider or other Network Provider. Network Benefits include Emergency Health Services.

**Network Provider** means a Provider who has entered into a contractual arrangement with us or is being used by us, or another organization that has an agreement with us, to provide certain Covered Services or certain administration functions for the Network associated with this EOC. A Network Provider may also be a Non-Network Provider for other Health Care Services or products that are not covered by the contractual arrangement with us as Covered Services. In order for a Pharmacy to be Network Provider, it must have entered into an agreement with the Pharmacy Benefit Manager to dispense Prescription Drugs to Covered Persons, agreed to accept specified reimbursement rates for Prescription Drugs, and been designated by the PBM as a Network Pharmacy.

**Non-Covered Services** means those Health Care Services that are not Covered Services under this EOC.

**Non-Network Provider** means a Provider who is not in the Plan's Network.

**Outpatient** means relating to a patient who has not been admitted to a Hospital, Skilled Nursing Facility, or Inpatient Rehabilitation Facility.

**Outpatient Services** means Health Care Services other than Inpatient Services.

**PBM** means a pharmacy benefits management company that we contract with to administer your pharmacy Benefits. The PBM has a nationwide network of retail pharmacies, a mail service pharmacy, and a specialty pharmacy.

**PCP** means Primary Care Provider, which is a Network Physician, Network Physician group practice, advanced practice nurse, or advanced practice nurse group practice trained in family medicine (general practice), internal medicine, or pediatrics that you select to be responsible for providing or coordinating all Covered Services for Network Benefits.

**Pharmacy** an establishment licensed to dispense Prescription Drugs and other medications through a duly licensed pharmacist upon a Physician's order. A Pharmacy may be a Network Provider or a Non-Network Provider.

**Pharmacy and Therapeutics Committee** means the committee that CareSource designates for, among other responsibilities, classifying Prescription Drugs into specific tiers on the Prescription Drug List.

**Physician** means any Doctor of Medicine, "M.D.," or Doctor of Osteopathy, "D.O.," who is properly licensed and qualified by law.

**Plan** means the CareSource Just4Me™ Plan.

**Prescription Drug** means a medication, product, or device that has been approved by the U.S. Food and Drug Administration and that can, under federal or state law, only be dispensed using a prescription order or refill. A Prescription Drug includes a medication that, due to its characteristics, is appropriate for self-administration or administration by a non-skilled caregiver. For purposes of the Plan, Prescription Drugs include:

- Inhalers (with spacers);
- Insulin;

The following diabetic supplies:

- Insulin syringes with needles;
- Blood testing strips - glucose;
- Urine testing strips - glucose;
- Ketone testing strips and tablets;
- Lancets and lancet devices; and
- Immunizations administered in a Pharmacy

**Prescription Drug Cost** means the rate the Pharmacy Benefit Manager has agreed to pay its Pharmacies that are Network Providers, including a dispensing fee and any applicable sales tax, for a Prescription Drug dispensed at a Pharmacy that is a Network Provider.

**Prescription Drug List** means a list that categorizes into tiers medications, products or devices that have been approved by the U.S. Food and Drug Administration. This list is subject to periodic review and modification (generally quarterly, but no more than six (6) times per Benefit Year). You may determine to which tier a particular Prescription Drug has been assigned by contacting CareSource at the toll-free number on your ID Card or by logging onto [www.caresource.com](http://www.caresource.com).

**Pregnancy** includes all of the following: prenatal care; postnatal care; childbirth; and any complications associated with Pregnancy.

**Premium** means the periodic fee required for each Covered Person, in accordance with the terms of the Plan.

**Preventive Health Services** means routine or screening Health Care Services that are designated to keep you in good health and to prevent unnecessary Injury, Sickness, or disability, including but not limited to the following as may be appropriate based on your age and/or gender: Evidence-based items or Health Care Services with an "A" or "B" rating from the U.S. Preventive Services Task Force (USPSTF); immunizations for routine use in children, adolescents, and adults with a recommendation in effect from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention; evidence-informed preventive care screenings for infants, children, and adolescents provided in guidelines supported by the Health Resources and Services Administration (HRSA); and evidence-informed preventive care and screening for women provided in guidelines supported by HRSA and not otherwise addressed by the USPSTF. The complete list of recommendations and guidelines can be found at: <http://www.HealthCare.gov/center/regulations/prevention.html> and the other websites listed under Section 4: *Your Covered Services, Preventive Health Services* (collectively, the "List"). The List will be continually updated to reflect both new recommendations and guidelines and revised or removed guidelines.

**Provider** means a duly licensed person, Pharmacy, or Facility that provides Health Care Services within the scope of an applicable license and is a person, Pharmacy, or Facility that the Plan approves. This includes any Provider rendering Health Care Services that are required by applicable state law to be covered when rendered by such Provider. Providers include, but are not limited to, the following persons, Pharmacies, and Facilities listed below. If you have a question about a Provider not shown below, please call the number on the back of your ID Card.

- **Alcoholism Treatment Facility** - A Facility that mainly provides detoxification and/or rehabilitation treatment for alcoholism.
- **Alternative Care Facility** – A non-Hospital health care Facility, or an attached Facility designated as free standing by a Hospital that the Plan approves, which provides Outpatient Services primarily for but not limited to:
  - Diagnostic Services such as Computerized Axial Tomography (CAT scan) or Magnetic Resonance Imaging (MRI);
  - Surgery;
  - Therapy Services or rehabilitation.

- **Ambulatory Surgical Facility** - A Facility, with an organized staff of Physicians, that:
  - Is licensed as such, where required;
  - Has permanent facilities and equipment for the primary purpose of performing surgical procedures on an Outpatient basis;
  - Provides treatment by or under the supervision of Physicians and nursing services whenever the patient is in the facility;
  - Does not provide Inpatient accommodations; and
  - Is not, other than incidentally, used as an office or clinic for the private practice of a Physician or other professional Provider.
- **Clinical Nurse Specialists** whose nursing specialty is Mental Health Day Hospital - A Facility that provides day rehabilitation services on an Outpatient basis.
- **Dialysis Facility** - A Facility that mainly provides dialysis treatment, maintenance or training to patients as an Outpatient or at your home. A Dialysis Facility is not a Hospital.
- **Drug Abuse Treatment Facility** - A Facility that provides detoxification and/or rehabilitation treatment for drug abuse.
- **Home Health Care Agency** - A Facility, licensed in the state in which it is located, that:
  - Provides skilled nursing and other services on a visiting basis in the Covered Person's home; and
  - Is responsible for supervising the delivery of such services under a plan prescribed and approved in writing by the attending Physician.
- **Home Infusion Therapy Provider** – Services that may include:
  - Skilled nursing services;
  - Prescription Drugs;
  - Medical supplies and appliances in the home as home infusion therapy for Total Parenteral Nutrition (TPN), Antibiotic therapy, Intravenous (IV) Chemotherapy, Enteral Nutrition Therapy, or IV pain management.
- **Hospice** - A coordinated plan of home, Inpatient, and Outpatient care that provides palliative and supportive medical and other Health Care Services to terminally ill patients, an interdisciplinary team provides a program of planned and continuous care, of which the medical components are under the direction of a Physician, and care is available 24 hours a day, seven days a week. A Hospice must meet the licensing requirements of the state or locality in which it operates.
- **Hospital** - A Provider constituted, licensed, and operated as set forth in the laws that apply to Hospitals that:

- Provides room and board and nursing care for its patients;
- Has a staff with one or more Physicians available at all times;
- Provides 24-hour nursing service;
- Maintains on its premises all the facilities needed for the diagnosis, medical care, and treatment of Sickness or Injury; and
- Is fully accredited by the Joint Commission on Accreditation of Health Care Organizations.

The term Hospital does not include a Provider, or that part of a Provider, used mainly for:

- Nursing care;
  - Rest care;
  - Convalescent care;
  - Care of the aged;
  - Custodial Care;
  - Educational care;
  - Treatment of alcohol abuse; or
  - Treatment of drug abuse
  - Independent Social Workers
- **Outpatient Psychiatric Facility** - A facility that mainly provides Diagnostic Service and therapeutic services for the treatment of Behavioral Health Conditions on an Outpatient basis.
  - **Pharmacy** – An establishment licensed to dispense Prescription Drugs and other medications through a duly licensed pharmacist upon a Physician’s order.
  - **Physician** - A legally licensed doctor of medicine, doctor of osteopathy (bones and muscles), Chiropractor (spinal column and other body structures), dental surgeon (teeth), podiatrist (diseases of the foot) or surgical chiropodist (surgical foot specialist) or optometrist (eye and sight specialist).
  - **Professional Clinical Counselors**
  - **Professional Counselors**
  - **Psychiatric Hospital** - A facility that, for compensation of its patients, is primarily engaged in providing Diagnostic and therapeutic services for the Inpatient treatment of Behavioral Health Conditions. Such services are provided, by or under the supervision of, an organized staff of Physicians. Continuous nursing services are provided under the supervision of a Registered Nurse.
  - **Psychologist** - A licensed clinical psychologist. In states where there is no licensure law, the psychologist must be certified by the appropriate professional body.

- **Rehabilitation Hospital** - A Facility that is primarily engaged in providing rehabilitation services on an Inpatient or Outpatient basis. Rehabilitation care services consist of the combined use of medical, social, educational, and vocational services to enable patients disabled by disease or Injury to achieve some reasonable level of functional ability and services are provided by or under the supervision of an organized staff of Physicians. Continuous nursing services are provided under the supervision of a Registered Nurse.
- **Retail Health Clinic** - A Facility that provides limited basic medical care services to Covered Persons on a "walk-in" basis. These clinics normally operate in major pharmacies or retail stores. Medical services are typically provided by Physicians Assistants and Nurse Practitioners.
- **Skilled Nursing Facility** - A Provider constituted, licensed, and operated as set forth in applicable state law, that:
  - Mainly provides Inpatient Services for persons who are recovering from an Sickness or Injury;
  - Provides care supervised by a Physician;
  - Provides 24-hour per day nursing care supervised by a full-time Registered Nurse;
  - Is not a place primarily for care of the aged, Custodial or Domiciliary Care, or treatment of alcohol or drug dependency; and
  - Is not a rest, educational, or custodial Provider or similar place.
- **Social Worker** - A licensed clinical social worker. In states in which there is no licensure law, the social worker must be certified by the appropriate professional body.
- **Supplier of Durable Medical Equipment, Prosthetic Appliances, and/or Orthotic Devices**
- **Urgent Care Center** - A licensed health care Facility that is organizationally separate from a Hospital and whose primary purpose is the offering and provision of immediate, short-term medical care, without appointment, for Urgent Care.

**Rescission** means a cancellation or discontinuance of coverage that has retroactive effect. A cancellation or discontinuation of coverage is not a Rescission if the cancellation or discontinuance of coverage has only a prospective effect. Rescission is allowed if it is due to: failure to timely pay required Premiums or contributions toward the cost of coverage; Fraud or intentional misrepresentation of a material fact; resulting in the ex-spouse no longer being eligible for coverage.

**Residential Treatment Program** means treatment of Mental Sickness, which does not meet the definition of Inpatient Hospital care, but requires a patient to reside at a certified or licensed residential treatment facility for the duration of the treatment period. Treatment programs are

designed to treat groups of patients with similar Mental Sickness, living within a supportive 24-hour community (e.g., a 28-day alcohol rehabilitation program).

**Rider/Enhancement** means any attached written description of additional Covered Services not described in Sections 1 – 12 of this EOC. Covered Services provided by a Rider/Enhancement may be subject to payment of additional Premiums by the Covered Person. Riders/Enhancements are subject to all conditions, limitations, and Exclusions of the Plan except for those that are specifically amended in the Rider/Enhancement.

**Schedule of Benefits** means the written description of the Benefits that are available for Covered Services that is provided to you when you are enrolled under the Plan.

**Semi-private Room** means a room with two or more beds. When an Inpatient Stay in a Semi-private Room is a Covered Service, the difference in cost between a Semi-Private Room and a private room is a Benefit only when a private room is Medically Necessary or when a Semi-private Room is not available.

**Service Area** means the geographic area we serve approved by the appropriate regulatory agency and in which we have Network Providers. Contact us to determine the exact geographic area we serve. The Service Area may change from time to time.

**Sickness** means physical sickness, disease or Pregnancy. The term Sickness as used in this EOC does not include Mental Sickness or substance use disorders, regardless of the cause or origin of the Mental Sickness or substance use disorder.

**Skilled Nursing Facility** means a Hospital or nursing facility that is licensed and operated as required by law.

**Stabilize** means the provision of such medical treatment as may be necessary to assure, within reasonable medical probability, that no material deterioration of a Covered Person's medical condition is likely to result from or occur during a transfer, if the medical condition could result in any of the following:

- Placing the health of the Covered Person or, with respect to a pregnant woman, the health of the woman or her unborn child, in serious jeopardy;
- Serious impairment to bodily functions;
- Serious dysfunction of any bodily organ or part.

In the case of a woman having contractions, "Stabilize" means such medical treatment as may be necessary to deliver, including the placenta.

**Subscriber** means the person in whose name this EOC is issued. Often the Subscriber is referred to as "you."

**Substance Use Disorders Treatment** means Health Care Services for the diagnosis and treatment of alcoholism and substance use disorders that are listed in the current *Diagnostic and Statistical Manual of Mental Disorders* (American Psychiatric Association). Substance Use

Disorders Treatment includes Health Care Services for the prevention, treatment, and rehabilitation for Covered Persons who abuse alcohol or other drugs.

**Terminal Illness** means a medical condition for which a Covered Person has a medical prognosis that his or her life expectancy is six (6) months or less if the condition runs its normal course, as certified by the Covered Person's Physician.

**Therapeutic Abortion** means an abortion performed to save the life or health of a mother, or as a result of incest or rape.

**Therapeutically Equivalent** means when Prescription Drugs can be expected to produce essentially the same therapeutic outcome and toxicity.

**United States** means the country commonly called the United States (US or U.S.) or America, consisting of fifty (50) states and the Federal District of Washington D.C.

**Unproven Service or Unproven** means Health Care Services, including medications that are not consistent with conclusions of prevailing medical research, that demonstrate that the health service has a beneficial effect on health outcomes and that are not based on trials that meet either of the following designs: (a) well-conducted randomized controlled trials (two or more treatments are compared to each other, and the patient is not allowed to choose which treatment is received) or (b) well-conducted cohort studies (patients who receive study treatment are compared to a group of patients who receive standard therapy and the comparison group must be nearly identical to the study treatment group.)

Decisions about whether to cover new technologies, procedures, and treatments will be consistent with conclusions of prevailing medical research, based on well-conducted randomized trials or cohort studies, as described.

If you have a life-threatening Sickness or condition (one that is likely to cause death within one (1) year of the request for treatment) we may determine that an Unproven Service meets the definition of a Covered Service for that Sickness or condition. For this to take place, we must determine that the procedure or treatment is promising, but unproven, and that the service uses a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health.

**Urgent Care Services** means treatment of an unexpected Sickness or Injury that is not life-threatening but requires Outpatient medical care that cannot be postponed and requires prompt medical attention to avoid complications and unnecessary suffering, such as high fever, a skin rash, or an ear infection.



## **SECTION 14 – SCHEDULE OF BENEFITS**

**ATTACHED**

## SECTION 15 – VISION SERVICES - PEDIATRIC

### Definitions

For purposes of this Section 15, the definitions below are specific to the Plan's coverage for vision services provided to children up to the age of nineteen (19) years ("Pediatric Vision Services").

Elective Covered Contact Lenses means elective contact lenses available from a selection of contact lenses. The Network Provider will show the Covered Person the selection of Covered Contact Lenses.

Covered Frames means the selection of frames covered by the Plan. The Network Provider will show the Covered Person the selection of Covered Frames.

Eye Examination means the comprehensive eye examination of an individual's complete visual system. An Eye Examination includes: case history, monocular and binocular visual acuity, with or without present corrective lenses; neurological integrity (pupil response); biomicroscopy (external exam); visual field testing (confrontation); ophthalmoscopy (internal exam); tonometry (intraocular pressure); refraction (with recorded visual acuity); extraocular muscle balance assessment; dilation as required; present prescription analysis; specific recommendation; assessment plan; and Provider signature.

Prescription Lenses means single vision lenses, bifocal lenses, trifocal lenses or lenticular lenses.

The Plan provides Benefits for the following Pediatric Vision Services provided to children up to the age of nineteen (19) years:

- **Eye exam:** covered in full every calendar year. Includes dilation, if professionally indicated.
  - 92002/92004 New patient exams
  - 92012/92014 Established patient exams
  - S0620 Routine ophthalmologic exam w/refraction - new patient
  - S0621 Routine ophthalmologic exam w/refraction - established patient
- **Eyewear: You may choose prescription glasses or contacts.**
  - **Lenses:** one pair covered in full every calendar year.
    - V2100-2199 Single Vision
    - V2200-2299 Conventional (Lined) Bifocal
    - V2300-2399 Conventional (Lined) Trifocal
    - V2121, V2221, V2321 Lenticular
    - Note: Lenses include choice of glass or plastic lenses, all lens powers (single vision, bifocal, trifocal, lenticular), fashion and gradient tinting, oversized and

glass-grey #3 prescription sunglass lenses. Note: Polycarbonate lenses are covered in full for children, monocular patients and patients with prescriptions > +/- 6.00 diopters. Note: All lenses include scratch resistant coating with no additional copayment.

- **Frame:** Covered once every calendar year.
  - V2020 Frame
- **Contact Lenses:** covered once every calendar year – in lieu of eyeglasses.
  - V2500-V2599 Contact Lenses. Note: In some instances, Networking Provider may charge separately for the evaluation, fitting, or follow-up care relating to contact lenses. Should this occur and the value of the Contact Lenses received is less than the allowance, you may submit a claim for the remaining balance (the combined reimbursement will not exceed the total allowance). Pre-authorization is required for expenses in excess of \$600 for Medically Necessary contact lenses.
- **Other Vision Services/Optional Lenses and Treatments:**
  - Ultraviolet Protective Coating
  - Polycarbonate Lenses (if not child, monocular or prescription > +/-6.00 diopters)
  - Blended Segment Lenses
  - Intermediate Vision Lenses
  - Standard Progressives
  - Premium Progressives (Varilux®, etc.)
  - Photochromic Glass Lenses
  - Plastic Photosensitive Lenses (Transitions®)
  - Polarized Lenses
  - Standard Anti-Reflective (AR) Coating
  - Premium AR Coating
  - Ultra AR Coating
  - Hi-Index Lenses

### **Additional Benefits**

**Medically Necessary Contact Lenses:** Contact lenses may be determined to be Medically Necessary and appropriate in the treatment of patients affected by certain conditions. In general, contact lenses may be Medically Necessary and appropriate when the use of contact lenses, in lieu of eyeglasses, will result in significantly better visual and/or improved binocular function, including avoidance of diplopia or suppression. Contact lenses may be determined to be Medically Necessary in the treatment of the following conditions:

Keratoconus, Pathological Myopia, Aphakia, Anisometropia, Aniseikonia, Aniridia, Corneal Disorders, Post-traumatic Disorders, Irregular Astigmatism.

Medically necessary contact lenses are dispensed in lieu of other eyewear. Participating Network Providers will obtain the necessary pre-authorization for these services.

**Low Vision:** Low vision is a significant loss of vision but not total blindness. Ophthalmologists and optometrists specializing in low vision care can evaluate and prescribe optical devices, and provide training and instruction to maximize the remaining usable vision for our Covered Persons with low vision. After pre-authorization by CareSource, covered low vision services (both in- and out-of-Network) will include one comprehensive low vision evaluation every 5 years, with a maximum charge of \$300; maximum low vision aid allowance of \$600 with a lifetime maximum of \$1,200 for items such as high-power spectacles, magnifiers and telescopes; and follow-up care – four visits in any five-year period, with a maximum charge of \$100 each visit. Network Providers will obtain the necessary pre-authorization for these services.

#### Exclusions:

The exclusions in this section apply to all Benefits. **Although we may list a specific service as a Benefit, we will not cover it unless we determine it is necessary for the prevention, diagnosis, care or treatment of a covered condition.**

We do not cover the following:

- Services provided by Non-Network Providers;
- Any vision service, treatment or materials not specifically listed as a Covered Service;
- Services and materials that are Experimental or Investigational;
- Services or materials which are rendered prior to your effective date;
- Services and materials incurred after the termination date of your coverage unless otherwise indicated;
- Services and materials not meeting accepted standards of optometric practice;
- Services and materials resulting from your failure to comply with professionally prescribed treatment;
- Telephone consultations;
- Any charges for failure to keep a scheduled appointment;
- Any services that are strictly cosmetic in nature including, but not limited to, charges for personalization or characterization of prosthetic appliances;
- Services or materials provided as a result of injuries suffered while committing or attempting to commit a felony, engaging in an illegal occupation, or participating in a riot, rebellion or insurrection;
- Office infection control charges;

- Charges for copies of your records, charts, or any costs associated with forwarding/ mailing copies of your records or charts;
- State or territorial taxes on vision services performed;
- Visual therapy;
- Special lens designs or coatings other than those described in this brochure;
- Replacement of lost/stolen eyewear;
- Non-prescription (Plano) lenses;
- Two pairs of eyeglasses in lieu of bifocals;
- Services not performed by licensed personnel;
- Insurance of contact lenses; or
- Professional services you receive from immediate relatives or household members, such as a spouse, parent, child, brother or sister, by blood, marriage or adoption.

## **SECTION 16 – ENHANCEMENT - ENHANCED DENTAL + VISION! BENEFITS**

### **What this section includes:**

- A description of the Enhanced CareSource Just4Me™ Dental and Vision! Benefits covered by the Plan.

### **Important Information**

Coverage of dental services for accidental Injury and related medical services, routine eye exams and eyeglasses for children and routine eye exams for adults are covered under the basic CareSource Just4Me™ Plan. The enhanced Benefits described in this Section are offered at an extra cost to you, as further described in the Schedule of Benefits and may be referred to as “Dental + Vision Benefits.” These enhanced Dental + Vision Benefits are not Essential Health Benefits.

### **Network of Providers**

CareSource utilizes a Network for the provision of covered Dental + Vision Benefits. We will only provide coverage for Dental + Vision Benefits when you use a dentist, optometrist, ophthalmologist, or other appropriate Provider within our Network. We do not cover dental and vision services provided by Non-Network Providers.

Unless amended, all other terms, conditions, limitations and Exclusions found in your EOC remain in full force and effect.

### **CareSource Just4Me™ Dental + Vision!**

CareSource Just4Me™ Dental + Vision! provides Covered Persons who are age nineteen (19) years or older, at an extra cost, optional services that go beyond the Essential Health Benefits required in the State of Indiana.

### **Dental Benefits**

CareSource’s Just4Me™ Dental + Vision! Benefits include Preventive and Diagnostic (cleanings and exams), (X-rays), Basic Restorative (fillings) and Major Restorative (extractions, dentures and crowns) dental services. Two Preventive visits are allowed each year for cleanings and oral examination. All Dental Benefits are subject to a \$750 Annual Limit per year.

### **Preventive and Diagnostic Dental Benefits:**

- Limited oral exam – problem focused (Emergency Medical Condition Exam)
- Comprehensive oral exam
- Intraoral – Complete Series (1 each 36 months)
- Intraoral – Periapical first film

- Intraoral – Periapical each additional film
- Intraoral – Occlusal film
- Bitewing – Single Film (all bitewing X-rays – 1 series per year)
- Bitewings – Two Films
- Bitewings – Three Films
- Bitewings – Four Films
- Panoramic Film (1 each 36 months)
- Prophylaxis – Adult (1 each 6 months)

**Basic Restorative Dental Benefits**

- Amalgam – One Surface
- Amalgam – Two Surface
- Amalgam – Three Surface
- Amalgam – Four or More Surfaces
- Resin Based Composite – One Surface, Anterior
- Resin Based Composite – Two Surface – Anterior
- Resin Based Composite – Three Surface – Anterior
- Resin Based Composite – Four or More Surfaces or Involving Incisal Angle
- Resin Based Composite – One Surface – Posterior
- Resin Based Composite – Two Surface – Posterior
- Resin Based Composite – Three Surface
- Resin Based Composite – Four or More Surfaces
- Extraction – Erupted Tooth or Exposed Root

**Major Restorative Dental Benefits:**

- Surgical Removal of an Erupted Tooth
- Removal of Impacted Tooth – Soft Tissue
- Removal of Impacted Tooth – Partial Bony
- Removal of Impacted Tooth – Completely bony
- Removal of Impacted Tooth – Completely bony with Complications
- Surgical Removal of Residual Roots
- Complete Upper Denture

- Complete Lower Denture
- Maxillary Partial Denture – Resin Base
- Mandibular Partial Denture – Resin Base
- Denture relining or rebasing (1 every 36 months)
- Denture adjustment (covered 1 every 36 months but if occurring within 6 months of placement of dentures, must be provided by the dentist without charge)
- Crown – resin-based composite (indirect)
- Crown - 3/4 resin-based composite (indirect); Does not include facial veneers
- Crown - resin with high noble metal
- Crown - resin with predominantly base metal
- Crown - resin with noble metal
- Crown - porcelain/ceramic substrate
- Crown - porcelain fused to high noble metal
- Crown - porcelain fused to predominantly base metal
- Crown - porcelain fused to noble metal
- Crown - 3/4 cast high noble metal
- Crown - 3/4 cast predominantly base metal
- Crown - 3/4 cast noble metal
- Crown - 3/4 porcelain/ceramic; Does not include facial veneers.
- Crown - full cast high noble metal
- Crown - full cast predominantly base metal
- Crown - full cast noble metal
- Provisional Crown- further treatment or completion of diagnosis necessary prior to final impression; Not to be used as a temporary crown for a routine prosthetic restoration.
- Recement inlay, onlay, or partial coverage restoration
- Recement cast or prefabricated post and core
- Recement crown
- Prefabricated resin crown
- Protective Restoration; Direct placement of a restorative material to protect tooth and/or tissue form. This procedure may be used to relieve pain, promote healing, or prevent further deterioration. Not to be used for endodontic access closure, or as a base or liner under a restoration.



- Core buildup, including any pins; Refers to building up of anatomical crown when restorative crown will be placed, whether or not pins are used. A material is placed in the tooth preparation for a crown when there is insufficient tooth strength and retention for the crown procedure. This should not be reported when the procedure only involves a filler to eliminate any undercut, box form, or concave irregularity in the preparation.
- Pin retention - per tooth, in addition to restoration
- Post and core in addition to crown, indirectly fabricated; Post and core are custom fabricated as a single unit.
- Each additional indirectly fabricated post - same tooth; To be used only with Code D2952
- Prefabricated post and core in addition to crown; Core is built around a prefabricated post. This procedure includes the core material.
- Post removal
- Each additional prefabricated post - same tooth; To be used only with Code D2954
- Temporary crown (fractured tooth); Usually a preformed artificial crown, which is fitted over a damaged tooth as an immediate protective device. This is not to be used as temporization during crown fabrication.
- Crown repair necessitated by restorative material failure

### **Dental Exclusions.**

The Plan does not cover the following Dental Health Care Services:

- Services and treatment not prescribed by or under the direct supervision of a dentist., except for eligible covered services provided by an authorized dental hygienist performing within the scope of his or her license and applicable state law;
- Services and treatment which are not Medically Necessary or which do not meet generally accepted standards of dental practice
- Services related to the diagnosis and treatment of Temporomandibular Joint Dysfunction (TMD);
- State or territorial taxes on dental services performed;
- Those submitted by a dentist, which is for the same services performed on the same date for the same Covered Person by another dentist;
- Those performed by a dentist who is compensated by a Facility for similar covered services performed for Covered Persons;
- Duplicate, provisional and temporary devices, appliances, and services;
- Plaque control programs, oral hygiene instruction, and dietary instructions;

- Services to alter vertical dimension and/or restore or maintain the occlusion. Such procedures include, but are not limited to, equilibration, periodontal splinting, full mouth rehabilitation, and restoration for misalignment of teeth;
- Gold foil restorations;
- Treatment or services for injuries resulting from the maintenance or use of a motor vehicle if such treatment or service is paid or payable under a plan or policy of motor vehicle insurance, including a certified self-insurance plan;
- Treatment of services for injuries resulting from war or act of war, whether declared or undeclared, or from police or military service for any country or organization;
- Hospital costs or any additional fees that the dentist or hospital charges for treatment at the hospital (Inpatient or Outpatient);
- Charges by the Provider for completing dental forms;
- Adjustment of a denture or bridgework which is made within 6 months after installation by the same Dentist who installed it;
- Services to alter vertical dimension and/or restore or maintain the occlusion. Such procedures include, but are not limited to, equilibration, periodontal splinting, full mouth rehabilitation, and restoration for misalignment of teeth;
- Use of material or home health aides to prevent decay, such as toothpaste, fluoride gels, dental floss and teeth whiteners;
- Sealants for permanent teeth;
- Precision attachments, personalization, precious metal bases and other specialized techniques;
- Replacement of dentures that have been lost, stolen or misplaced;
- Repair of damaged orthodontic appliances;
- Replacement of lost or missing appliances;
- Fabrication of athletic mouth guard;
- Internal bleaching;
- Nitrous oxide;
- Oral sedation;
- Topical medicament center
- Orthodontic care for a Covered Person or spouse
- Bone grafts when done in connection with extractions, apicoectomies or non-covered/non eligible implants.

**Vision Benefits**

CareSource Just4Me™ Dental + Vision! supplements the vision exam Benefit (routine eye exam and refraction) of our basic Plan with a Benefit of up to \$150 per year. Adult Covered Persons age nineteen (19) years or older are eligible for CareSource Just4Me™ Dental + Vision Benefits. See Section 15: *Vision Services-Pediatric* to see a description of the vision services that are Covered Services under the Plan for Members age eighteen (18) and under.

The Plan covers:

- Prescription glasses or contacts
- Frames

**Vision Exclusions**

The Plan does not cover the following Vision Health Care Services:

- Services and materials not meeting accepted standards of optometric practice;
- State or territorial taxes on vision services performed;
- Visual therapy;
- Special lens designs or coatings other than those described in this Rider/Enhancement;
- Replacement of lost/stolen eyewear;
- Non-prescription (Plano) lenses;
- Two pairs of eyeglasses in lieu of bifocals;
- Insurance of contact lenses.

This Evidence of Coverage and Health Insurance Contract (“EOC”) constitutes a contract between you and CareSource for the CareSource Just4Me™ Plan. This EOC takes the place of any other issued to you by CareSource Just4Me™ on a prior date.

This EOC is delivered in and governed by the laws of the State of Indiana. All coverage under this Plan shall begin at 12:00 midnight and shall end at 11:59:59 Eastern Standard Time.



Pamela B. Morris  
President and Chief Executive Officer  
CareSource



IN-EXCM-09

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