

# HEDIS<sup>®</sup> MEASURE

Follow-Up After Emergency Department Visit for Substance Use (FUA)



## **Measure Overview**

Healthcare Effectiveness Data and Information Set (HEDIS<sup>®</sup>) measures are used across the country to measure population health outcomes. These quality measures help support efforts to improve behavioral health and issues related to substance use. Research suggests that timely follow-up care for individuals with substance use disorder (SUD) who were seen in the emergency department (ED) is associated with a reduction in substance use, future ED use, hospital admissions/readmissions, and length of stay.

#### Measure Description

This measure focuses on follow-up visits for patients ages 13 years and older with a principal diagnosis of SUD, or any diagnosis of drug overdose, for which there was a follow-up appointment. Two rates are reported for follow-up visits after an ED visit:

- A follow-up visit with any practitioner within seven days of the ED visit (eight total days)
- A follow-up visit with any practitioner within 30 days of the ED visit (31 total days)

**Please Note:** This measure **includes** visits and pharmacotherapy events that occur on the date of the ED visit.





# **Ways to Improve Measure Performance**

Emergency departments can improve their quality score and help their patients by:

- Assisting the patient or the patient's parent/guardian/caregiver to schedule a seven-day follow-up visit
  with any provider prior to discharge; it is helpful to have the visit occur within two days of the ED visit to
  allow flexibility in rescheduling
- Working collaboratively with hospital discharge planners for better care coordination
- Obtaining a release of information and sending discharge paperwork to the appropriate outpatient provider within 24 hours of discharge
- Ensuring the patient has transportation to the follow-up visit
- Educating the patient/parent/guardian/caregiver about services available through their insurance plan, such as transportation, care management, and nurse advice line
- Involving the patient/parent/guardian/caregiver in the follow-up plan after an ED discharge
- Assessing the patient's social drivers of health and referring appropriately
- Educating the patient on Medication Assisted Treatment (MAT) services, if appropriate
- Sending a referral to the Managed Care Entity (MCE) care management department to provide support to the patient while in the community

Health care providers can improve their quality score and help their patients by:

- Reminding patients to bring their discharge paperwork to their initial appointment
- Ensuring patients are aware of the importance of follow-up appointments and adhering to treatment recommendations
- Addressing the SUD identified in the ED during follow-up visits
- Coordinating care between physical and behavioral health providers by:
  - Obtaining a release of information and sharing treatment plans and progress notes
  - Consistently utilizing the diagnosis code for substance use in documentation
- Outreaching to patients who cancel or miss appointments and helping them to reschedule as soon as possible
- Utilizing Peer Recovery Specialists to assist the patient in scheduling behavioral health appointments
- Utilizing telehealth services when appropriate

### **CareSource Resources**

Post-discharge care is essential to providing high quality care and avoiding readmission. CareSource has care coordination programs such as Care Management, Transitions of Care, and CareSource JobConnect<sup>™</sup> designed to positively impact a patient's overall health and well-being. Please visit **CareSource.com** > Patient Care or contact Indiana Provider Services at **1-844-607-2831** for more information.

## **Follow-Up Visit Compliance Codes**

Using CPT®, HCPCS and ICD-10 codes improves our ability to capture this data.

TYPE OF VISIT	CODES
Outpatient Follow-Up Visits	<b>CPT:</b> 90791-2, 90832-4, 90836-40, 90845, 90847, 90849, 90853, 98960-2, 99201-5, 99211-5, 99221-3, 99231-3, 99238-9, 99341-5, 99381-7, 99391-7, 99401, 99408-9
	<b>HCPCS:</b> G0396-7, G0463, H0004-5, H0015, H0031, H0034, H0050, H2000, H2011-2, H2014-5, H2017, H2019-20, H2035, S9480
Behavioral Health Assessment	<b>CPT:</b> 99408-9, 99457-8
	HCPCS: H0031
Substance Use	<b>CPT:</b> 99408-9
Disorder Services	HCPCS: G0396-7, H0005-6, H0015, H2035
Alcohol or Other Drug Medication Treatment	HCPCS: H0020, J0570-75, J2315, Q9991-2
Substance Use Disorder Diagnosis	ICD-10: F10.920-21, F109.29-32, F10.939, F10.94, F10.950-1, F10.959, F10.96, F10.97, F10.980-2, F10.988, F10.99, F11.90, F11.920-22, F11.929, F11.93-94, F11.950-51, F11.951, F11.959, F11.981-2, F11.988, F11.99, F12.90, F12.920-22, F12.929, F12.93, F12.950-1, F12.959, F12.980, F12.988, F12.99, F13.90, F13.920-1, F13.929-32, F13.939, F13.94, F13.950-1, F13.959, F13.96, F13.97, F13.980-2, F13.988, F13.99, F14.90, F14.920-2, F14.929, F14.93, F14.94, F14.950-1, F14.959, F14.980-2, F14.988, F14.99, F15.90, F15.920-2, F15.929, F15.93, F15.94, F15.950-1, F15.959, F15.980-2, F15.988, F15.99, F16.90, F16.920-1, F16.929, F16.94, F16.950-1, F16.959, F16.980, F16.983, F16.988, F16.99, F18.90, F18.920-1, F18.929, F18.94, F18.950-1, F18.959, F18.97, F18.980, F18.988, F18.99, F19.90, F19.920-1, F19.922, F19.929, F19.930-1, F19.932, F19.939, F19.94, F19.950-1, F19.959, F19.96, F19.97, F19.980-2, F19.988, F19.99

**Please Note:** The codes in this document are derived from the National Committee for Quality Assurance (NCQA) HEDIS<sup>®</sup> Volume 2 Technical Specifications for Health Plans. These codes are examples of codes typically billed for this type of service and are subject to change. Submitting claims using these codes helps improve reporting of quality measure performance. Billing these codes does not guarantee payment.

Providers should check the Indiana Medicaid Fee Schedule prior to claim submission.

#### **References:**

**NCQA HEDIS®** Follow-up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence Measure *HEDIS®* is a registered trademark of the National Committee for Quality Assurance (NCQA).

U.S. Department of Health and Human Services Best Practices and Barriers to Engaging People with Substance Use Disorders in Treatment

#### Substance Abuse and Mental Health Services Administration (SAMHSA)

Key Substance Use and Mental Health Indicators in the United States: Results from the 2018 National Survey on Drug Use and Health



