

Patient Health Questionnaire

PHQ-2

Instructions

Please respond to each question.

Over the last two weeks, how often have you been bothered by any of the following problems?
Give answers as 0 to 3, using this scale:

0= Not at all; 1=Several days; 2=More than half the days; 3=Nearly every day

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed or hopeless	0	1	2	3

Instructions

Clinic personnel will follow standard scoring to calculate score based on responses. The PHQ-2 is a brief and easy-to-score instrument used for depression screening. Individuals who receive a score greater than 2 on the PHQ-2 should be further evaluated with the PHQ-9, other diagnostic instruments, or direct interview to determine whether they meet criteria for a depressive disorder.

Resources

Crisis Line: 1-800-273-TALK (8255)
 CareSource Member Services: 1-855-202-0729
 CareSource Behavioral Health Crisis Line: 1-833-227-3464

Total score: _ _

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