



NETWORK *Notification*

Notice Date: May 22, 2024
To: Georgia Medicaid Providers
From: CareSource
Subject: Clinical Performance Improvement Plan for Postpartum Care and Hypertensive or Pre-Eclampsia Members

Summary

For 2024, CareSource is pleased to announce that we are implementing a Clinical Performance Improvement Project (PIP) for postpartum care and **hypertensive or pre-eclampsia** members for the Georgia Department of Community Health (DCH) and our Medicaid members. Postpartum care is critical for the health of newly delivered members and is especially important for those at a higher risk due to a history of hypertension or pre-eclampsia.

Impact

Approximately 28.1 to 50% of maternal cardiac deaths deemed preventable¹. Maternal mortality rate is 33.9 per 100,000 births in Georgia, with an average of 23.5 nationwide². In addition, American College of Obstetricians and Gynecologists (ACOG) recommends evaluating blood pressure for women with hypertensive disorders of pregnancy no later than seven to ten days postpartum, and women with severe hypertension should be seen within 72 hours; other experts have recommended follow-up at three to five days. Assessments are critical given that **more than one half of postpartum strokes occur within ten days of discharge**.

Importance

Our PIPs focus is to encourage members with a history of hypertension or preeclampsia to receive **postpartum care within ten days of discharge** to help decrease preventable deaths.

Now through the end of 2025, complete a postpartum visit for hypertensive or preeclampsia members within ten days of discharge for a blood pressure check/assessment. CareSource will be encouraging members that meet these criteria, to seek care within ten days of discharge⁴.

Please Note: the members will still need a postpartum visit for HEDIS within seven to 84 days after delivery. **This focus within ten days of delivery is for a blood pressure and weight check to prevent stroke and other hypertensive related complications.**

<p>Action Needed: If you have a hypertensive or preeclampsia member that has delivered a baby, please get them in for care within ten days of their discharge. Submit CPT II codes 0503F to capture the postpartum visit.</p>



NETWORK *Notification*

Questions?

For questions, please contact the CareSource Quality department at **1-855-202-1058** or your health partner.

Thank you for your partnership!

Sources:

¹Emory School of Medicine: Dept of Gynecology and Obstetrics. (n.d.). *Hypertensive disorders in pregnancy* [Slide show]. Georgia Perinatal Quality Collaborative. <https://img1.wsimg.com/blobby/go/771e39fc-d46a-49cd-a0bd-8a27abc5ec9b/downloads/Hypertensive%20Disorders%20of%20Pregnancy%20GaPQC%207.2..pdf?ver=1710427407860>

²2023 *March of Dimes Report Card for Georgia*. (n.d.). March of Dimes | PeriStats. <https://www.marchofdimes.org/peristats/reports/georgia/report-card>;

³2023 *March of Dimes Report Card for Georgia*. (n.d.). March of Dimes | PeriStats. <https://www.marchofdimes.org/peristats/reports/georgia/report-card>;

⁴<https://www.marchofdimes.org/peristats/reports/georgia/report-card>;

⁴<https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2018/05/optimizing-postpartum-care>

GA-MED-P-2821390

DCH Approved: 05/21/2024