

# REWARD PROGRAMS

for getting and staying healthy


## CareSource MyKids

### HOW DOES IT WORK?

#### 1. SIGN UP.

 **Fill out the form** or call Member Services to sign up. Make sure each child is signed up.


#### 2. COMPLETE HEALTHY ACTIVITIES.

You'll get a rewards card in the mail after you sign up and your child completes their first activity. Learn what activities they can do to earn rewards **below**. 

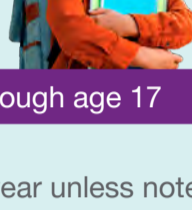
#### 3. REDEEM YOUR REWARDS.

Use your rewards card like you use a gift card at local stores.

**SHOP AT:** CVS®, Kroger®, Walgreens®, Walmart® and more!

- BUY:**
-  **Groceries** - fresh and frozen foods and pantry staples
  -  **Baby care** - diapers, wipes and formula
  -  **Personal care** - deodorant, shampoo and toothpaste
  -  **Home goods** - clothing, shoes and school supplies
  -  **And so much more!**

## CareSource MyKids



For newborns and kids through age 17

Rewards are earned once each year unless noted. Rewards expire one year after they are issued.

### WHAT REWARDS CAN I EARN?

#### Rewards for Expectant Moms

<b>\$30</b>	First prenatal visit. Earn once each pregnancy.
<b>\$75</b>	Postpartum visit. Earn once each pregnancy. Complete within 7-84 days after delivery.

#### Rewards for Preventive Care

<b>\$30</b>	Well-baby visits 1 and 2. Earn \$15 each visit.
<b>\$40</b>	Well-baby visits 3 and 4. Earn \$20 each visit.
<b>\$30</b>	Well-baby visit 5.
<b>\$20</b>	Well-baby visit 6.
<b>\$15</b>	Lead screening for newborns - 15 months.
<b>\$20</b>	Dental exam for ages 15 months - 17 years. Earn \$10 each visit up to two times each year.
<b>\$15</b>	Well-child visit for ages 15 months - 30 months.
<b>\$30</b>	Well-child visit for ages 31 months - 17 years.
<b>\$10</b>	Chlamydia screening for females ages 16-17 years.

#### Rewards for Immunizations

<b>\$20</b>	Annual flu shot for ages 6 months - 17 years. Earn \$10 two times each year.
<b>\$15</b>	Tetanus-Diphtheria-Pertussis (Tdap) vaccination for ages 10-17 years.
<b>\$30</b>	HPV vaccination for ages 9-17 years. You must complete the series of shots to earn the reward.
<b>\$10</b>	Meningococcal vaccination for ages 11-17 years.

#### Rewards for Chronic Care

<b>\$10</b>	ADHD follow up visit within 30 days of the first prescription. For ages 6-12 years. Must have an ADHD diagnosis.
<b>\$20</b>	ADHD follow up visits within 10 months of the first prescription. For ages 6-12 years. Must have an ADHD diagnosis. Earn \$10 each visit up to two times.

## MyHealth Rewards

### HOW DOES IT WORK?

#### 1. LOG IN.

Adults 18 and older are automatically enrolled in MyHealth Rewards. Log in to **MyLife.CareSource.com**. Click *MyHealth* under *Get Help* to get started. You can also track your progress and view your balance here.

#### Need help with rewards?

Call Member Services. We can help!



#### 2. COMPLETE HEALTHY ACTIVITIES.

Rewards are added to your account when you complete healthy activities. Learn what activities you can do to earn rewards **below**. 

#### 3. REDEEM YOUR REWARDS.

Redeem your rewards for gift cards to your favorite stores in your **MyLife.CareSource.com** account.

**SHOP AT:** Walmart®, TJ Maxx®, Old Navy®, and more!

- BUY:**
-  **Groceries** - fresh and frozen foods and pantry staples
  -  **Personal care** - makeup, shampoo and deodorant
  -  **Home goods** - clothing, cleaning products and shoes
  -  **And so much more!**

## MyHealth Rewards



For adults 18 and older

Rewards are earned once each year unless noted. Rewards earned in the current year expire mid-December of the next year.

### WHAT REWARDS CAN I EARN?

#### Rewards for Expectant Moms

<b>\$30</b>	First prenatal visit. Earn once each pregnancy.
<b>\$75</b>	Postpartum visit. Earn once each pregnancy. Complete within 7-84 days after delivery.

#### Rewards for Preventive Care

<b>\$25</b>	Physical exam.
<b>\$20</b>	Dental exam. Earn \$10 two times each year.
<b>\$10</b>	<b>Choose a PCP and tell us your preferred communication method in the member portal.</b> Earn \$10 once in a lifetime.
<b>\$15</b>	<b>Health Needs Assessment (HNA).</b>
<b>\$15</b>	Breast cancer screening (mammogram) for women ages 50-64.
<b>\$15</b>	Cervical cancer screening (Pap test) for women.
<b>\$15</b>	Chlamydia screening for ages 19-25 years.

#### Rewards for Immunizations

<b>\$15</b>	Tetanus-Diphtheria (Td) or Tetanus-Diphtheria-Pertussis (Tdap) booster shot.
<b>\$20</b>	Flu shot. Earn \$10 up to two times each year.

#### Rewards for Chronic Care

<b>\$10</b>	<b>Stop using tobacco through the MyHealth app in the member portal.</b>
<b>\$40</b>	Antidepressant medication management. Must have an applicable diagnosis. Earn \$10 up to four times each year.
<b>\$30</b>	Diabetes A1C testing. Must have a diabetes diagnosis.
<b>\$25</b>	Diabetes retinal eye exam. Must have a diabetes diagnosis.

**Start Earning Rewards Today!**

**Questions?** Call Member Services at **1-855-202-0729** (TTY: 711). We are here Monday through Friday, 7 a.m. to 7 p.m.

Rewards are subject to change. If you are no longer with CareSource, access to your rewards will be deactivated. Any unused rewards may no longer be available.