CareSource North Carolina Co. Core Gold Limited 1500 \$10 Generic Drugs Adult Vision & Fitness

Coverage for: Individual and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact <u>www.caresource.com/marketplace</u> or call 844-539-1733. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, provider, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u>.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$1,500 individual/\$3,000 family per Benefit Year	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,000 individual/\$14,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.caresource.com/marketplace</u> or call 844-539-1733 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance</u> <u>billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

		What You Will Pay			Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	Zero cost telemedicine partner	No charge	No charge	Not covered	Refer to your Evidence of Coverage
lf you visit a boolth	Primary care visit to treat an injury or illness.	No charge	\$20 copay	Not covered	None
If you visit a health	Specialist visit	No charge	\$60 copay	Not covered	None
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test†	<u>Diagnostic test</u> (x-ray, blood work)	No charge	X-ray: 25% coinsurance after deductible Lab: \$30 copay	Not covered	None
	Imaging (CT/PET scans, MRIs)	No charge	25% coinsurance after deductible	Not covered	None
lf you need	Preventive drugs	No charge	No charge	Not covered	
drugs to treat	Generic drugs	No charge	Up to \$10 copay	Not covered	Up to a 90-day supply when filled at:
your illness or	Preferred brand drugs	No charge	Up to \$50 copay	Not covered	Retail for Generic Drugs in Tiers 0-3
condition† More information	Non-preferred brand drugs	No charge	40% coinsurance after deductible	Not covered	Mail Order for drugs in Tiers 0-3 All others limited to a 30-day supply
about <u>prescription</u> <u>drug coverage</u> is available at <u>www.caresource.c</u> <u>om/marketplace</u> .	Specialty drugs	No charge	50% coinsurance after deductible	Not covered	Any copays shown are for a 30-day supply. 90-day supplies are 3 times the copay.

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Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
If you have	Facility fee (e.g., ambulatory surgery center)	No charge	25% coinsurance after deductible	Not covered	None
outpatient surgery†	Physician/surgeon fees	No charge	25% coinsurance after deductible	Not covered	None
If you need immediate medical attention	Emergency room care	No charge	\$400 copay after deductible	\$400 copay after deductible	Emergency room copay or coinsurance is waived if you are admitted to the hospital directly from the Emergency Department.
	Emergency medical transportation	No charge	25% coinsurance after deductible	25% coinsurance after deductible	Refer to your Evidence of Coverage
	<u>Urgent care</u>	No charge	\$40 copay	\$40 copay	If you receive services in addition to <u>urgent care</u> , additional <u>copayments</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply.
lf you have a	Facility fee (e.g., hospital room)	No charge	25% coinsurance after deductible	Not covered	None
hospital stay†	Physician/surgeon fees	No charge	25% coinsurance after deductible	Not covered	1 visit per physician per day
If you need mental health, behavioral health, or substance abuse	Outpatient services	No charge	\$20 copay for office visits and 25% coinsurance after deductible for other outpatient services	Not covered	None
services†	Inpatient services	No charge	25% coinsurance after deductible	Not covered	None

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Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	Office visits	No charge	\$60 copay	Not covered	Cost sharing does not apply for
If you are pregnant	Childbirth/delivery professional services†	No charge	25% coinsurance after deductible	Not covered	preventive services. Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services†	No charge	25% coinsurance after deductible	Not covered	Your cost for inpatient services only. See above for physician delivery charges.

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Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	Home health care†	No charge	25% coinsurance after deductible	Not covered	Refer to your Evidence of Coverage for additional information.
If you need help recovering or have other special health	Rehabilitation services† Physical/Occupational therapy	No charge	\$20 copay	Not covered	PT, OT, Manipulation therapy limited to 30 visits Combined per Benefit
	Speech/Post-cochlear implant aural therapy	No charge	\$20 copay	Not covered	Year. ST limited to 30 visits per Benefit Year. Post-cochlear implant
	All other services	No charge	25% coinsurance after deductible	Not covered	aural therapy limit Combined with ST.
	Habilitation services† Physical/Occupational therapy	No charge	\$20 copay	Not covered	30 visits Combined per Benefit Year
needs	Manipulation therapy	No charge	25% coinsurance after deductible	Not covered	Manipulation therapy limited to 30 visits Combined per Benefit Year.
-	Hearing aids	No charge	25% coinsurance after deductible	Not covered	1 hearing aid per hearing-impaired ear every 36 months
	Skilled nursing care†	No charge	25% coinsurance after deductible	Not covered	60 Day limit per Benefit Year
	Durable medical equipment†	No charge	25% coinsurance after deductible	Not covered	Refer to your Evidence of Coverage
	Hospice services	No charge	25% coinsurance after deductible	Not covered	Refer to your Evidence of Coverage

		What You Will Pay			Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	Children's eye exam	No charge	No charge	Not covered	1 routine eye exam per Benefit Year
If your child needs dental or eye care	Children's eyewear	No charge	No charge	Not covered	Limited to one pair of glasses or contact lenses per Benefit Year. If medically necessary, a replacement pair of glasses is allowed. Refer to your Evidence of Coverage for additional eyewear options that may have an additional charge.
	Children's dental check- up	Not covered	Not covered	Not covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
 Abortion (Except in cases of rape, incest, or when the life of the mother is endangered) Acupuncture 	Cosmetic surgeryDental careLong-term care	 Non-emergency care when traveling outside the U.S Routine foot care Weight loss programs 		
Other Covered Services (Limitations may apply to	these services. This isn't a comp	lete list. Please see your <u>plan</u> document.)		
 Bariatric surgery Chiropractic care Fitness benefits – Gym membership, at home kits, online videos, coaching, and more 	Hearing aidsInfertility treatmentPrivate-duty nursing	 Routine eye care (Adult) \$50 copay for eye exam with retinal imaging included No cost for glasses or contacts, with \$250 annual allowance 		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: North Carolina Department of Insurance at www.ncdoi.gov/consumers/health-insurance or 1-855-408-1212. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance filing a grievance or appeal, contact: North Carolina Department of Insurance at <u>www.ncdoi.gov/consumers/health-insurance</u> or 1-855-408-1212.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 844-539-1733

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844-539-1733

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 844-539-1733

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844-539-1733.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

The plan's overall deductible	\$1,500
Specialist copayment	\$60
Hospital (facility) <u>coinsurance</u>	25%
Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like:

<u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$1,500
Copayments	\$70
Coinsurance	\$1,800
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$3,370

Managing Joe's Type 2 Diabetes
(a constant in the set of a constant

(a year of routine in-network care of a wellcontrolled condition)

The <u>plan's</u> overall <u>deductible</u>	\$1,500
Specialist copayment	\$60
Hospital (facility) <u>coinsurance</u>	25%
Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$200	
<u>Copayments</u>	\$1,700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$1,900	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$1,500
Specialist copayment	\$60
Hospital (facility) <u>coinsurance</u>	25%
Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	

Cost Sharing	
\$1,500	
\$90	
\$200	
What isn't covered	
\$0	
\$1,790	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 844-539-1733 Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.

The plan would be responsible for the other costs of these EXAMPLE covered services