## **Diabetes Silver Zero Adult Vision & Fitness**

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact <u>www.caresource.com/marketplace</u> or call 844-539-1733. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 individual/\$0 family per Benefit Year	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Not applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.caresource.com/marketplace</u> or call 844-539-1733 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

			What You Will Pay		Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	Zero cost telemedicine partner	No charge	No charge	Not covered	Refer to your Evidence of Coverage
lf	Primary care visit to treat an injury or illness.	No charge	No charge	Not covered	None
If you visit a health	Specialist visit	No charge	No charge	Not covered	None
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test†	Diagnostic test (x-ray, blood work)	No charge	X-ray: No charge Lab: No charge	Not covered	None None
n you nave a test	Imaging (CT/PET scans, MRIs)	No charge	No charge	Not covered	None
lf you need	Preventive drugs	No charge	No charge	Not covered	
drugs to treat	Generic drugs	No charge	No charge	Not covered	Up to a 90-day supply when filled at:
your illness or	Preferred brand drugs	No charge	No charge	Not covered	Retail for Generic Drugs in Tiers 0-3
condition† More information	Non-preferred brand drugs	No charge	No charge	Not covered	Mail Order for drugs in Tiers 0-3 All others limited to a 30-day supply
about <u>prescription</u> <u>drug coverage</u> is available at <u>www.caresource.c</u> om/marketplace.	Specialty drugs	No charge	No charge	Not covered	Any copays shown are for a 30-day supply. 90-day supplies for Retail are 3 times the copay and for Mail Order are 2.5 times the copay.
If you have outpatient surgery†	Facility fee (e.g., ambulatory surgery center)	No charge	No charge	Not covered	None
	Physician/surgeon fees	No charge	No charge	Not covered	None

\*For more information about limitations and exceptions, see the plan or policy document at www.caresource.com/marketplace or call 844-539-1733. †Prior authorization may be required, for more details see www.caresource.com/mp-IN-pa. INSBC25 - Diabetes Silver Zero VF

		What You Will Pay			Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
lf you need	Emergency room care	No charge	No charge	No charge	Emergency room copay or coinsurance is waived if you are admitted to the hospital directly from the Emergency Department.
immediate medical	Emergency medical transportation	No charge	No charge	No charge	Refer to your Evidence of Coverage
attention	Urgent care	No charge	No charge	No charge	If you receive services in addition to <u>urgent care</u> , additional <u>copayments</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply.
If you have a	Facility fee (e.g., hospital room)	No charge	No charge	Not covered	None
hospital stay†	Physician/surgeon fees	No charge	No charge	Not covered	1 visit per physician per day
lf you need mental health, behavioral health, or	Outpatient services	No charge	No charge for office visits and No charge for other outpatient services	Not covered	None
substance abuse services†	Inpatient services	No charge	No charge	Not covered	None
	Office visits	No charge	No charge	Not covered	Cost sharing does not apply for
lf you are pregnant	Childbirth/delivery professional services†	No charge	No charge	Not covered	preventive services. Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services†	No charge	No charge	Not covered	Your cost for inpatient services only. See above for physician delivery charges.

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			What You Will Pay		Limitations, Exceptions, & Other Important Network Provider Information*
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out of-Network Provider (You will pay the most)	
	Home health care†	No charge	No charge	Not covered	100 visits per Benefit Year. Refer to your Evidence of Coverage for additional information.
	Rehabilitation services† Physical/Occupational therapy	No charge	No charge	Not covered	PT, OT, ST, Pulmonary limited to 20 visits each per Benefit Year. Cardiac
If you need help recovering or have other special health needs	Speech/Post-cochlear implant aural therapy	No charge	No charge	Not covered	limited to 36 visits. Manipulation therapy limited to 12 visits. Post-
	All other services	No charge	No charge	Not covered	cochlear implant aural therapy combined limit with ST.
	Habilitation services† Physical/Occupational therapy	No charge	No charge	Not covered	20 visits per Benefit Year
	Speech therapy	No charge	No charge	Not covered	20 visits per Benefit Year
	Skilled nursing care	No charge	No charge	Not covered	90 Day limit per Benefit Year
	Durable medical equipment†	No charge	No charge	Not covered	Refer to your Evidence of Coverage
	Hospice services	No charge	No charge	Not covered	Refer to your Evidence of Coverage
	Children's eye exam	No charge	No charge	Not covered	1 routine eye exam per Benefit Year
lf your child needs dental or eye care	Children's eyewear	No charge	No charge	Not covered	Limited to one pair of glasses or contact lenses per Benefit Year. If medically necessary, a replacement pair of glasses is allowed. Refer to your Evidence of Coverage for additional eyewear options that may have an additional charge.
	Children's dental check- up	Not covered	Not covered	Not covered	

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Excluded Services & Other Covered Services:

<ul> <li>Abortion (Except in cases of rape, incest, or when the life of the mother is endangered)</li> <li>Acupuncture</li> </ul>	<ul> <li>Dental care</li> <li>Hearing aids</li> <li>Infertility treatment</li> </ul>	<ul> <li>Non-emergency care when traveling outside the U.S</li> <li>Routine foot care</li> <li>Weight loss programs</li> </ul>
<ul> <li>Bariatric surgery</li> <li>Cosmetic surgery</li> <li>ther Covered Services (Limitations may apply to</li> </ul>	Long-term care	
<ul> <li>Chiropractic care</li> <li>Fitness benefits – Gym membership, at home kits, online videos, coaching, and more</li> </ul>	Private-duty nursing	<ul> <li>Routine eye care (Adult)</li> <li>No charge for eye exam with retinal imaging included</li> <li>No cost for glasses or contacts, with \$250 annua allowance</li> </ul>

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-800-622-4461. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance</u> <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Indiana Department of Insurance: 1-800-622-4461.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

**Does this plan meet the Minimum Value Standards? Not Applicable** If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 844-539-1733

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 844-539-1733 uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844-539-1733

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 844-539-1733

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844-539-1733.

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†Prior authorization may be required, for more details see www.caresource.com/mp-IN-pa.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$0

\$0

\$0

0%

Peg is Having a Baby	
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(9 months of in-network prenatal care and a hospital delivery)

\$0

\$0

\$0

0%

The <u>plan's</u> overall <u>deductible</u>	
Specialist copayment	
Hospital (facility) <u>copayment</u>	
Other <u>coinsurance</u>	

# This EXAMPLE event includes services like:

<u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$0

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The <u>plan's</u> overall <u>deductible</u>	
Specialist copayment	
Hospital (facility) <u>copayment</u>	
Other <u>coinsurance</u>	

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$0

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$0
Specialist copayment	\$0
Hospital (facility) <u>copayment</u>	\$0
Other <u>coinsurance</u>	0%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0