



CareSource® MyCare Ohio (Medicare-Medicaid Plan)

## 2023 Over-the-Counter (OTC) Benefit Catalog

As a member of **CareSource® MyCare Ohio (Medicare-Medicaid Plan)**, your plan includes a quarterly benefit dollar amount that you can use to purchase eligible over-the-counter (OTC) health and wellness products. Orders can be placed by mail or phone using this catalog. You can also place orders online at **CareSourceFlexCard.com** or in-person using your FlexCard on eligible items at participating retailers. See the ordering guidelines inside this catalog for details.

Be sure to use your benefit amounts before the end of every quarter (March, June, September and December) as they do not roll-over.

Visit **CareSourceFlexCard.com** or call **1-866-275-3905 (TTY: 711)** for additional information, resources, or to place an order.

## Order Guidelines



### Order Online

You may place an order online at **CareSourceFlexCard.com**. *Remember to save your username and password to order again during your next benefit period.*



### Order by Mail

You may place your order by mailing in the order form to:

**CareSource OTC Orders**  
**4613 N. University Drive, #586**  
**Coral Springs, FL 33067**

*If the end of the benefit period is approaching, you can order online or call us if you do not think your order form will be received in time.*



### Order by Phone

If you have questions or would like to place an order over the phone, call **1-866-275-3905 (TTY: 711)** Monday – Friday from 8 a.m. to 8 p.m. EST and our Customer Service Representatives will assist you.



### Use Your FlexCard In-Store

Visit a participating pharmacy or retailer to buy eligible OTC items with your available funds.

Participating retailers and OTC categories can be found under the ***Over-the-Counter Benefit Section*** of the online portal at **CareSourceFlexCard.com**.

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- Your benefit amount is offered at the beginning of each quarter. Please see your CareSource® MyCare Ohio (Medicare-Medicaid Plan) member guide to confirm our quarterly benefit amount.
  - You are allowed to have multiple orders during the benefit period. There is no limit on orders.
  - Your order total may not exceed your benefit amount. Cash, checks, credit cards or money orders are not accepted under this OTC benefit.
  - Your order total will be applied to the benefit period in which the order is received.
  - OTC products are intended for member use only to help with a health or medical need. CareSource® MyCare Ohio (Medicare-Medicaid Plan) prohibits the use of this benefit to order OTC items for anyone other than the member.
  - Due to the personal nature of these products, returns are not accepted.
  - Items in the OTC catalog occasionally change during the year. For the most up-to-date listing of OTC products available, go to **CareSourceFlexCard.com**.
  - The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care. All product and company names are trademarks™ or registered® trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.

**FOR DELIVERY** Allow 7-10 business days from the time order is placed.

## Online and Retail Ordering Options

### Online Access to Your OTC Benefit is Fast, Easy, and Secure!

Your CareSource OTC benefit website offers you many convenient features including the following:

- Browse the OTC products that are available to you.
- Access a digital copy of your OTC catalog.
- Monitor your available balance while you shop.
- Track your order and view your order history.
- Manage your account.
- And more!

If you have already created an account online, just log in to get started!

If it's your first time ordering online, you will need to register and set up your account.

### Registration is easy and takes only a few minutes to complete.

Visit **CareSourceFlexCard.com**, indicate that you are a first-time user by clicking on **Register Here** on the Member Login tab. Enter your information exactly as it appears on your CareSource member ID card. You will need the following:

- CareSource member ID number
- Date of birth (e.g., MM/DD/YYYY)
- Current email address
- Current phone number

You will then create a unique username and password for your account. Now you can log in and access your OTC benefit online, 24/7. Remember to save your username and password for future orders.

If you need any assistance, please call **1-866-275-3905 (TTY: 711)** Monday – Friday from 8 a.m. to 8 p.m. EST and our friendly and knowledgeable Customer Service Representatives will be happy to help you take full advantage of your OTC benefit.

#### **Please note:**

Orders for the benefit period must be placed prior to midnight Eastern Time of the last day of the period.

| Item #  | Product                               | Packaging | Strength   | Price   |
|---|---------------------------------------|-----------|------------|---------|
| <b>ALLERGY</b>  |                                       |           |            |         |
| 482   | Nasal Decongestant Inhaler            | 1         |            | \$9.00  |
| <b>ANTACIDS &amp; ACID REDUCERS</b>                     |                                       |           |            |         |
| 126   | Effervescent Antacid & Pain Relief    | 36 ct     |            | \$6.00  |
| <b>ANTICANDIDAL (YEAST)</b>                             |                                       |           |            |         |
| 392   | Miconazole (3-Day Cream w/Applicator) | 1         |            | \$15.00 |
| <b>ANTI-DIARRHEAL, LAXATIVES &amp; DIGESTIVE HEALTH</b> |                                       |           |            |         |
| 133   | Bismuth Chewable Tablets              | 30 ct     | 262mg      | \$7.00  |
| 185   | ClearLax                              | 4 oz      |            | \$9.00  |
| 171   | Enema Saline                          | 4.5 oz    |            | \$4.00  |
| 298   | Fiber Tablets <sup>†</sup>            | 90 ct     | 625mg      | \$9.00  |
| 303   | Glycerin Suppository, Adult           | 25 ct     |            | \$5.00  |
| 449   | Lactase Capsules                      | 60 ct     |            | \$12.00 |
| 111   | Pink Bismuth Liquid                   | 8 oz      | 525mg/30ml | \$6.00  |
| 152   | Stool Softener                        | 100 ct    | 100mg      | \$9.00  |
| <b>BATHROOM SAFETY &amp; FALL PREVENTION</b>            |                                       |           |            |         |
| 1067  | Adjustable Transfer Bench             | 1         |            | \$60.00 |
| 1068  | Bath Bench with Back                  | 1         |            | \$50.00 |
| 1066  | Bath Bench without Back               | 1         |            | \$40.00 |
| 414   | Bath Mat, Non-Skid                    | 1         |            | \$15.00 |
| 1069  | Bath Tub Safety Rail                  | 1         |            | \$40.00 |
| 1071  | Bedside Commode*                      | 1         |            | \$50.00 |
| 343   | Folding Cane Ergonomic Handle*        | 1         |            | \$20.00 |
| 453   | Knurled Chrome Grab Bar - 12          | 1         |            | \$19.00 |
| 507   | Knurled Chrome Grab Bar - 24          | 1         |            | \$22.00 |
| 57  | Nightlight 1 ct                       | 1         |            | \$4.00  |
| 1048  | Quad Cane, Large Base*                | 1         |            | \$35.00 |
| 1049  | Quad Cane, Small Base*                | 1         |            | \$25.00 |

| Item #  | Product                              | Packaging | Strength   | Price   |
|---|--------------------------------------|-----------|------------|---------|
| 1065  | Raised Toilet Seat                   | 1         |            | \$20.00 |
| 456   | Shower Mat, Non-Skid                 | 1         |            | \$20.00 |
| 1070  | Toilet Safety Rails                  | 1         |            | \$45.00 |
| <b>COLD &amp; FLU</b>                         |                                      |           |            |         |
| 206   | Cough & Cold for High Blood Pressure | 16 ct     |            | \$6.00  |
| 327   | Cough Drops                          | 30 ct     |            | \$3.00  |
| 107   | Cough Drops, Sugar Free              | 25 ct     |            | \$3.00  |
| 119   | Cough Syrup                          | 4 oz      | 200mg/10ml | \$7.00  |
| 595   | Guaifenesin Tablets                  | 100 ct    | 200mg      | \$12.00 |
| 292   | Mucus Relief DM Tablets              | 30 ct     | 400mg/20mg | \$6.00  |
| 221   | Mucus Relief Tablets                 | 30 ct     | 400mg      | \$6.00  |
| 93  | Sore Throat Lozenges, Cherry         | 18 ct     |            | \$4.00  |
| 236   | Sore Throat Spray                    | 6 oz      |            | \$6.00  |
| 62  | Tussin DM Sugar Free                 | 4 oz      |            | \$7.00  |
| 422   | Tussin DM Syrup                      | 4 oz      |            | \$9.00  |
| 37  | Vapor Rub                            | 3.5 oz    |            | \$4.00  |
| <b>COLD SORE &amp; MEDICATED LIP PRODUCTS</b> |                                      |           |            |         |
| 12  | Lip Balm                             | 1         |            | \$4.00  |
| <b>DENTAL &amp; DENTURE CARE</b>              |                                      |           |            |         |
| 40  | Dental Floss                         | 1         |            | \$3.00  |
| 73  | Dental Travel Kit                    | 1         |            | \$6.00  |
| 150   | Denture Adhesive Cream               | 2.4 oz    |            | \$9.00  |
| 207   | Denture Brush                        | 1         |            | \$3.00  |
| 66  | Denture Cleaning Tablets             | 40 ct     |            | \$4.00  |
| 616   | Fingertip Tooth & Gum Massager       | 1         |            | \$6.00  |
| 72  | Interdental Flossups                 | 90 ct     |            | \$5.00  |
| 599   | Interdental Gum Brushes              | 10 ct     |            | \$6.00  |
| 194   | Oral Pain Relief                     | .33 oz    |            | \$4.00  |

| Item #               | Product  | Packaging | Strength | Price   |
|----------------------|--|-----------|----------|---------|
| 587                  | Rechargeable Toothbrush Replacement Heads                          | 2 ct      |          | \$10.00 |
| 468                  | Tongue Cleaner   | 1         |          | \$6.00  |
| 4                    | Toothbrush - Adult   | 1         |          | \$3.00  |
| 617                  | Toothbrush, Colgate - Soft   | 1         |          | \$1.00  |
| 287                  | Toothbrush, Rechargeable   | 1         |          | \$30.00 |
| 95                   | Toothpaste, Colgate  | 4 oz      |          | \$3.00  |
| 52                   | Toothpaste, Sensitive Teeth  | 4.3 oz    |          | \$4.00  |
| 563                  | Water Jet Rechargeable Replacement Tips                            | 5 ct      |          | \$20.00 |
| 188                  | Water Jet, Rechargeable  | 1         |          | \$30.00 |
| 317                  | Water Jet, Battery Operated  | 1         |          | \$50.00 |
| <b>DIABETES CARE</b> |  |           |          |         |
| 295                  | Diabetic Skin Relief Foot Cream                                    | 4 oz      |          | \$10.00 |
| 202                  | Diabetic Socks, Black, Large                                       | 3-pack    |          | \$8.00  |
| 201                  | Diabetic Socks, Black, Medium                                      | 3-pack    |          | \$8.00  |
| 199                  | Diabetic Socks, White, Large                                       | 3-pack    |          | \$8.00  |
| 198                  | Diabetic Socks, White, Medium                                      | 3-pack    |          | \$8.00  |
| 390                  | Glucose Tablets  | 50 ct     |          | \$7.00  |
| <b>DIAGNOSTICS</b>   |  |           |          |         |
| 508                  | Activity Tracker   | 1         |          | \$40.00 |
| 460                  | Blood Pressure Monitor, Arm Talking <sup>‡</sup>                   | 1         |          | \$40.00 |
| 71                   | Blood Pressure Monitor, Fully Auto (Arm) <sup>‡</sup>              | 1         |          | \$35.00 |
| 187                  | Blood Pressure Monitor, Fully Auto (Arm) with XL Cuff <sup>‡</sup> | 1         |          | \$50.00 |
| 626                  | XL Cuff for Fully Auto Arm BPM (Cuff Only)                         | 1         |          | \$15.00 |
| 85                   | Blood Pressure Monitor, Wrist <sup>‡</sup>                         | 1         |          | \$30.00 |
| 499                  | Blood Pressure Monitor, Wrist Talking <sup>‡</sup>                 | 1         |          | \$35.00 |
| 1047                 | Digital Bathroom Scale <sup>‡</sup>                                | 1         |          | \$40.00 |
| 394                  | Fever Strip Thermometer  | 1         |          | \$6.00  |
| 270                  | Finger Pulse Oximeter <sup>‡</sup>                                 | 1         |          | \$30.00 |

| Item #                    | Product                               | Packaging | Strength     | Price   |
|---------------------------|---------------------------------------|-----------|--------------|---------|
| 360                       | Flexible Tip Thermometer              | 1         |              | \$10.00 |
| 559                       | Heart Rate Monitor Watch <sup>†</sup> | 1         |              | \$40.00 |
| 514                       | Peak Flow Meter <sup>†</sup>          | 1         |              | \$15.00 |
| 399                       | Thermometer Probe Covers              | 30 ct     |              | \$5.00  |
| 48                        | Thermometer, Digital 60 Seconds       | 1         |              | \$7.00  |
| 105                       | Thermometer, Digital Ear              | 1         |              | \$30.00 |
| 283                       | Thermometer, Talking Ear and Forehead | 1         |              | \$45.00 |
| <b>EYE &amp; EAR CARE</b> |                                       |           |              |         |
| 245                       | Cosmetic Tweezer                      | 1         |              | \$3.00  |
| 220                       | Cotton Tipped Swabs                   | 300 ct    |              | \$5.00  |
| 148                       | Ear Wax Removal Drops                 | .5 oz     |              | \$4.00  |
| 483                       | Ear Wax Removal System w/Rubber Bulb  | 1         |              | \$7.00  |
| 32                        | Eyeglass Cleaner                      | 1         |              | \$4.00  |
| 106                       | Irritation & Redness Relief Eye Drops | 15 ml     |              | \$4.00  |
| 560                       | Multi-Purpose Contact Lens Solution   | 12 oz     |              | \$10.00 |
| 731                       | Reading glass Diopter 1.0             | 1         | Diopter 1.0  | \$4.00  |
| 732                       | Reading glass Diopter 1.25            | 1         | Diopter 1.25 | \$4.00  |
| 733                       | Reading glass Diopter 1.5             | 1         | Diopter 1.5  | \$4.00  |
| 734                       | Reading glass Diopter 1.75            | 1         | Diopter 1.75 | \$4.00  |
| 735                       | Reading glass Diopter 2.0             | 1         | Diopter 2.0  | \$4.00  |
| 736                       | Reading glass Diopter 2.25            | 1         | Diopter 2.25 | \$4.00  |
| 737                       | Reading glass Diopter 2.50            | 1         | Diopter 2.50 | \$4.00  |
| 738                       | Reading glass Diopter 2.75            | 1         | Diopter 2.75 | \$4.00  |
| 739                       | Reading glass Diopter 3.0             | 1         | Diopter 3.0  | \$4.00  |
| 740                       | Reading glass Diopter 3.25            | 1         | Diopter 3.25 | \$4.00  |
| 741                       | Reading glass Diopter 3.5             | 1         | Diopter 3.5  | \$4.00  |
| 742                       | Reading glass Diopter 4.0             | 1         | Diopter 4.0  | \$4.00  |
| 485                       | Swim-Ear Ear Drops                    | 1 oz      |              | \$7.00  |

| Item #           | Product   | Packaging  | Strength | Price   |
|------------------|---|------------|----------|---------|
| <b>FIRST AID</b> |   |            |          |         |
| 19               | Adhesive Bandages                                 | 100 ct     |          | \$4.00  |
| 315              | After Bite Relief                                 | .5 oz      |          | \$9.00  |
| 8                | Alcohol Pads*                                     | 100 ct     |          | \$4.00  |
| 395              | Anti-Itch Cream                                   | 1 oz       |          | \$5.00  |
| 578              | Antiseptic Skin Cleanser (No Rinse Foam Cleanser) | 8 oz       |          | \$9.00  |
| 517              | Antiseptic Towelettes (Resealable Canister)       | 40 ct      |          | \$7.00  |
| 175              | Bacitracin Ointment                               | 1 oz       | 500u/gm  | \$3.00  |
| 581              | Bactine Solution                                  | 4 oz       |          | \$14.00 |
| 610              | Caldyphen Clear (Anti-Itch Lotion)                | 6 oz       |          | \$12.00 |
| 430              | Cotton Balls                                      | 300 ct     |          | \$3.00  |
| 717              | Dust and Germ Well Mask                           | 10 ct      |          | \$4.00  |
| 131              | Elastic Bandage - 3 x 5 yd                        | 3 x 5 yd   |          | \$3.00  |
| 583              | Elastic Bandage - 4 x 5 yd                        | 4 x 5 yd   |          | \$3.00  |
| 571              | Elastic Bandage - 6 x 5 yd                        | 6 x 5 yd   |          | \$3.00  |
| 572              | First Aid Kit, 15 Pieces                          | 15 pieces  |          | \$4.00  |
| 337              | First Aid Kit, 175 Pieces                         | 175 pieces |          | \$15.00 |
| 70               | First Aid Kit, 75 Pieces                          | 75 pieces  |          | \$8.00  |
| 421              | Flex Seal Spray Bandage                           | 1.35 oz    |          | \$6.00  |
| 91               | Hot Cold Reusable Pack 4 x 6                      | 1 ct.      |          | \$3.00  |
| 44               | Hydrocortisone 1% Cream                           | 1 oz       |          | \$3.00  |
| 56               | Hydrogen Peroxide                                 | 16 oz      |          | \$5.00  |
| 282              | Insect Repellant Spray - Deet                     | 2 oz       |          | \$6.00  |
| 235              | Insect Repellant Spray - Deet                     | 4 oz       |          | \$9.00  |
| 374              | Insect Repellant Spray - Deet                     | 8 oz       |          | \$14.00 |
| 393              | Iodine Solution Antiseptic                        | 4 oz       |          | \$6.00  |
| 77               | Isopropyl Alcohol                                 | 16 oz      |          | \$5.00  |



| Item #                           | Product                          | Packaging | Strength | Price   |
|----------------------------------|----------------------------------|-----------|----------|---------|
| 463                              | Isopropyl Alcohol, Wintergreen   | 16 oz     |          | \$5.00  |
| 80                               | KN-95 Disposable Mask            | 2 ct      |          | \$4.00  |
| 305                              | Neosporin                        | .5 oz     |          | \$11.00 |
| 1044                             | Nitrile Exam Gloves Large        | 100 ct    |          | \$10.00 |
| 184                              | Petroleum Jelly                  | 4 oz      |          | \$3.00  |
| 504                              | Procedural Face Masks w/Earloops | 50 ct     |          | \$9.00  |
| 18                               | Triple Antibiotic Ointment       | 1 oz      |          | \$4.00  |
| 580                              | Wound Wash Spray                 | 3 oz      |          | \$9.00  |
| <b>FOOT CARE</b>                 |                                  |           |          |         |
| 613                              | Bunion Guard                     | 1         |          | \$9.00  |
| 500                              | Callus Cushions                  | 6 ct      |          | \$4.00  |
| 181                              | Foot Nail Brush and Pumice Stone | 1 set     |          | \$3.00  |
| 122                              | Foot Powder                      | 7 oz      |          | \$8.00  |
| 601                              | Lamb's Wool Padding              | 1         |          | \$8.00  |
| 272                              | Manicure Beauty Set              | 1         |          | \$3.00  |
| 745                              | Medicated Corn Remover Pads      | 9 ct      |          | \$4.00  |
| 45                               | Nail File                        | 1         |          | \$3.00  |
| 260                              | Shoe Horn                        | 1         |          | \$3.00  |
| 391                              | Toe Protector, Universal         | 1         |          | \$9.00  |
| 614                              | Toe Separator                    | 6 ct      |          | \$7.00  |
| <b>HEMORRHOIDAL PREPARATIONS</b> |                                  |           |          |         |
| 218                              | Hemorrhoidal Ointment            | 2 oz      |          | \$7.00  |
| 324                              | Hemorrhoidal Suppository         | 12 ct     |          | \$8.00  |
| 160                              | Pre-moist Hemorrhoid Pads        | 100 ct    |          | \$8.00  |
| <b>HOME AIDS</b>                 |                                  |           |          |         |
| 1                                | Baby Wipes Travel Size           | 10 ct     |          | \$3.00  |
| 344                              | Button And Zipper Puller         | 1         |          | \$6.00  |
| 403                              | Conditioner, Pro-Vitamin         | 13 oz     |          | \$5.00  |

| Item # | Product  | Packaging | Strength | Price   |
|--------|--|-----------|----------|---------|
| 458    | Cooling Towel                                  | 1         |          | \$9.00  |
| 1057   | CPAP Pillow Fiber Filled                       | 1         |          | \$50.00 |
| 1056   | CPAP Pillow Memory Foam                        | 1         |          | \$65.00 |
| 1054   | Cushion, Foam Ring                             | 1         |          | \$25.00 |
| 1053   | Cushion, Gel / Foam Seat                       | 1         |          | \$30.00 |
| 1055   | Cushion, Lumbar                                | 1         |          | \$30.00 |
| 411    | Door Knob Gripper                              | 1         |          | \$7.00  |
| 635    | Elastic Mattress Cover - King                  | 1         |          | \$30.00 |
| 1052   | Foam Pillow                                    | 1         |          | \$40.00 |
| 22     | Hair Brush & Comb Set                          | 1         |          | \$4.00  |
| 375    | Hand Held Shower                               | 1         |          | \$25.00 |
| 1003   | Humidifier, Ultra-Sonic Cool Mist              | 1         |          | \$50.00 |
| 341    | Inflatable Neck Cushion                        | 1         |          | \$8.00  |
| 135    | Jar Opener Faucet Gripper                      | 1         |          | \$4.00  |
| 380    | Key Turner                                     | 1         |          | \$8.00  |
| 224    | Kitchen Scale, Dial <sup>‡</sup>               | 1         |          | \$20.00 |
| 533    | Kitchen Scale, Digital <sup>‡</sup>            | 1         |          | \$25.00 |
| 92     | Letter Opener                                  | 1         |          | \$3.00  |
| 284    | Long Handle Bath Sponge                        | 1         |          | \$7.00  |
| 170    | Lysol Disinfecting Spray                       | 12.5 oz   |          | \$7.00  |
| 50     | Lysol Disinfecting Wipes, Resealable Flat Pack | 15 ct     |          | \$4.00  |
| 149    | Lysol Disinfecting Wipes, Resealable Flat Pack | 80 ct     |          | \$6.00  |
| 521    | Lysol Spray On The Go                          | 1 oz      |          | \$4.00  |
| 99     | Nail Clipper                                   | 1         |          | \$3.00  |
| 541    | Pill Bottle Opener Aid                         | 1         |          | \$4.00  |
| 428    | Pill Crusher with Storage                      | 1         |          | \$9.00  |
| 197    | Pill Cutter with Safety Shield                 | 1         |          | \$9.00  |
| 209    | Rain Bonnet                                    | 1         |          | \$3.00  |

| Item # | Product                         | Packaging | Strength | Price   |
|--------|---------------------------------|-----------|----------|---------|
| 271    | Reaching Aid Device             | 1         |          | \$20.00 |
| 385    | Sharps Container                | 1 qt      |          | \$9.00  |
| 544    | Shave Cream                     | 1.5 oz    |          | \$3.00  |
| 562    | Shave Cream                     | 11 oz     |          | \$6.00  |
| 447    | Shopping Bag Carrier            | 1         |          | \$4.00  |
| 195    | Shopping Bag Carrier Jumbo Hook | 1         |          | \$6.00  |
| 350    | Shower Cap                      | 3 ct      |          | \$3.00  |
| 429    | Stress Ball                     | 1         |          | \$4.00  |
| 87     | Tooth Paste Squeezer            | 1         |          | \$3.00  |
| 3      | Travel Adult Wipes              | 10 ct     |          | \$4.00  |
| 345    | Tummy Trimmer                   | 1         |          | \$8.00  |
| 253    | Weekly AM / PM Pill Case        | 1         |          | \$9.00  |

### INCONTINENCE SUPPLIES

|      |   |       |  |         |
|------|---|-------|--|---------|
| 217  | A & D Ointment                            | 4 oz  |  | \$4.00  |
| 1009 | Adult Briefs, Large*                      | 20 ct |  | \$18.00 |
| 1008 | Adult Briefs, Medium*                     | 20 ct |  | \$18.00 |
| 1010 | Adult Briefs, X-Large*                    | 20 ct |  | \$18.00 |
| 1060 | Att Discreet Women's Maximum Bladder Pad  | 20 ct |  | \$15.00 |
| 1061 | Att Discreet Women's Moderate Bladder Pad | 20 ct |  | \$15.00 |
| 1062 | Att Discreet Women's Ultimate Bladder Pad | 20 ct |  | \$15.00 |
| 1059 | Attends Discreet Men's Guard              | 20 ct |  | \$14.00 |
| 1058 | Attends Discreet Men's Shield             | 20 ct |  | \$14.00 |
| 489  | Attends Discreet Women's Panty Liner      | 28 ct |  | \$9.00  |
| 549  | Attends Discreet Women's Ultrathin Pad    | 20 ct |  | \$9.00  |
| 586  | Barrier Cream                             | 4 oz  |  | \$8.00  |
| 1063 | Bladder Control Pad, Heavy Absorbency*    | 28 ct |  | \$14.00 |
| 1064 | Bladder Control Pad, Maximum Absorbency*  | 28 ct |  | \$16.00 |
| 1000 | Bladder Control Pad, Moderate Absorbency* | 28 ct |  | \$12.00 |

| Item #                  | Product                                       | Packaging | Strength | Price   |
|-------------------------|---|-----------|----------|---------|
| 1005                    | Disposable Underwear, Large*                  | 20 ct     |          | \$20.00 |
| 1004                    | Disposable Underwear, Medium*                 | 20 ct     |          | \$20.00 |
| 1006                    | Disposable Underwear, X-Large*                | 20 ct     |          | \$20.00 |
| 75                      | Flushable Wipes                               | 24 ct     |          | \$4.00  |
| 646                     | Lantiseptic Skin Protectant Ointment          | 4 oz      |          | \$12.00 |
| 436                     | MaxiPad, Regular Absorbency                   | 12 ct     |          | \$5.00  |
| 280                     | MaxiPad, Super Absorbency                     | 14 ct     |          | \$5.00  |
| 520                     | No-Rinse Body Wash                            | 8 oz      |          | \$9.00  |
| 134                     | Panty Liners, Universal                       | 22 ct     |          | \$6.00  |
| 294                     | Perineal Wash Rinse-Free                      | 8 oz      |          | \$6.00  |
| 1012                    | Premier Disposable Underwear, Large*          | 20 ct     |          | \$18.00 |
| 1011                    | Premier Disposable Underwear, Medium*         | 20 ct     |          | \$18.00 |
| 1013                    | Premier Disposable Underwear, X-Large*        | 20 ct     |          | \$18.00 |
| 232                     | ReadyBath Fresh Wipes                         | 8 ct      |          | \$6.00  |
| 1050                    | Underpad, Disposable - 23 x 24*               | 10 ct     |          | \$10.00 |
| 1051                    | Underpad, Disposable - 30 x 30*               | 10 ct     |          | \$10.00 |
| 306                     | Washcloth with Lanolin                        | 68 ct     |          | \$5.00  |
| <b>PAIN RELIEF AIDS</b> |   |           |          |         |
| 334                     | Aspercreme                                    | 1.25 oz   |          | \$15.00 |
| 21                      | Cold/Hot Menthol Medicated Patch              | 5 ct      |          | \$8.00  |
| 108                     | Epsom Salt                                    | 16 oz     |          | \$5.00  |
| 441                     | Fast Freeze Pain Relief Spray                 | 4 oz      |          | \$12.00 |
| 446                     | Heating Pad Wrap For Shoulder, Neck, and Back | 1         |          | \$55.00 |
| 138                     | Heating Pad, 12 x 15*                         | 1         |          | \$35.00 |
| 506                     | HeatWraps - Back & Hip                        | 2 ct      |          | \$15.00 |
| 538                     | HeatWraps - Neck, Shoulder, & Wrist           | 3 ct      |          | \$12.00 |
| 480                     | Ice Bag                                       | 1         |          | \$6.00  |
| 537                     | Instant Warm Packs                            | 1         |          | \$3.00  |

| Item # | Product                      | Packaging | Strength | Price   |
|--------|------------------------------|-----------|----------|---------|
| 389    | Lidocaine Patch              | 5 ct      |          | \$15.00 |
| 74     | Muscle Rub                   | 3 oz      |          | \$12.00 |
| 596    | Pain Relief Mask             | 1         |          | \$6.00  |
| 340    | Pain Relieving Muscle Rub    | 2 oz      |          | \$4.00  |
| 215    | Salonpas Pain Relief Patches | 5 ct      |          | \$14.00 |
| 567    | Warm or Cold Water Bottle    | 1         |          | \$9.00  |

### PAIN RELIEVERS & FEVER REDUCERS

|     |                                   |        |       |         |
|-----|-----------------------------------|--------|-------|---------|
| 14  | Acetaminophen (Regular Strength)  | 100 ct | 325mg | \$3.00  |
| 64  | Acetaminophen Extra Strength      | 100 ct | 500mg | \$6.00  |
| 100 | Acetaminophen PM                  | 50 ct  | 500mg | \$4.00  |
| 311 | Aspirin, Enteric Coated           | 100 ct | 325mg | \$6.00  |
| 27  | Aspirin, Enteric Coated, Low Dose | 120 ct | 81mg  | \$3.00  |
| 47  | Aspirin, Low Dose, Chewables      | 36 ct  | 81mg  | \$4.00  |
| 492 | Capsaicin (Pain Relief Cream)     | 2 oz   |       | \$15.00 |
| 130 | Ibuprofen                         | 100 ct | 200mg | \$5.00  |
| 469 | Ibuprofen                         | 500 ct | 200mg | \$12.00 |
| 88  | Naproxen Sodium                   | 100 ct | 220mg | \$9.00  |

### SKIN & SUN CARE

|     |                                      |        |  |        |
|-----|--------------------------------------|--------|--|--------|
| 136 | Acne Gel 10% Benzoyl Peroxide        | 1 oz   |  | \$6.00 |
| 564 | Ammonium Lactate Moisturizing Lotion | 8 oz   |  | \$9.00 |
| 81  | Anti-Bacterial Wet Wipes             | 24 ct  |  | \$3.00 |
| 228 | Calamine Skin Protectant Lotion      | 6 oz   |  | \$6.00 |
| 76  | Hand Sanitizer                       | 8 oz   |  | \$5.00 |
| 239 | Moisturizing Body Lotion with Aloe   | 8 oz   |  | \$6.00 |
| 165 | Sunscreen Lotion Babies SPF 50       | 8 oz   |  | \$9.00 |
| 326 | Sunscreen Lotion SPF 30              | 3.5 oz |  | \$6.00 |
| 648 | Sunscreen Lotion SPF 30              | 1.5 oz |  | \$4.00 |

| Item #                       | Product  | Packaging | Strength | Price   |
|------------------------------|--|-----------|----------|---------|
| <b>SLEEP AIDS</b>            |  |           |          |         |
| 216                          | Eye Mask   | 1         |          | \$4.00  |
| 531                          | Nasal Strips, Medium / Large                       | 30 ct     |          | \$15.00 |
| 400                          | Snoring Nose Strips                                | 10 ct     |          | \$9.00  |
| <b>SUPPORTS &amp; BRACES</b> |  |           |          |         |
| 362                          | Ankle Support                                      | 1         |          | \$10.00 |
| 722                          | Arm Sling  | 1         |          | \$14.00 |
| 369                          | Arthritis Gloves, Large                            | 1 ct      |          | \$20.00 |
| 584                          | Arthritis Gloves, Medium                           | 1 ct      |          | \$20.00 |
| 629                          | Arthritis Gloves, Small                            | 1 ct      |          | \$20.00 |
| 642                          | Arthritis Knee Sleeve, Large                       | 1         |          | \$15.00 |
| 654                          | Arthritis Knee Sleeve, Medium                      | 1         |          | \$15.00 |
| 720                          | Arthritis Knee Sleeve, Small                       | 1         |          | \$15.00 |
| 624                          | Arthritis Knee Sleeve, X-Large                     | 1         |          | \$15.00 |
| 462                          | Back Support Elastic                               | 1         |          | \$30.00 |
| 725                          | Carpal Tunnel Night Brace                          | 1         |          | \$32.00 |
| 602                          | Compression Knee High Socks, Women's Beige, Large  | 1         |          | \$20.00 |
| 674                          | Compression Knee High Socks, Women's Beige, Medium | 1         |          | \$20.00 |
| 723                          | Compression Knee High Socks, Women's Beige, Small  | 1         |          | \$20.00 |
| 486                          | Compression Knee High Socks, Women's Black, Large  | 1         |          | \$20.00 |
| 608                          | Compression Knee High Socks, Women's Black, Medium | 1         |          | \$20.00 |
| 728                          | Compression Knee High Socks, Women's Black, Small  | 1         |          | \$20.00 |
| 474                          | Elbow Support Elastic                              | 1         |          | \$10.00 |
| 706                          | Heel & Elbow Protector, Universal                  | 1         |          | \$12.00 |
| 724                          | Hip Protector, Large                               | 1         |          | \$43.00 |
| 713                          | Hip Protector, Medium                              | 1         |          | \$43.00 |
| 730                          | Hip Protector, Small                               | 1         |          | \$43.00 |
| 718                          | Hip Protector, X-Large                             | 1         |          | \$43.00 |

| Item #                         | Product                                | Packaging | Strength    | Price   |
|--------------------------------|--|-----------|-------------|---------|
| 579                            | Knee Stabilizer                        | 1         |             | \$30.00 |
| 566                            | Knee Support, Elastic, Large           | 1         |             | \$10.00 |
| 466                            | Knee Support, Elastic, Medium          | 1         |             | \$10.00 |
| 450                            | Knee Support, Elastic, Small           | 1         |             | \$10.00 |
| 685                            | Knee Support, Elastic, Small w/Stays   | 1         |             | \$30.00 |
| 333                            | Palm Support                           | 1         |             | \$3.00  |
| 471                            | Protective Arm Sleeve - Large          | 1         |             | \$25.00 |
| 683                            | Protective Arm Sleeve - Small          | 1         |             | \$25.00 |
| 518                            | Protective Arm Sleeve - X-Large        | 1         |             | \$25.00 |
| 680                            | Rib Belt - Female (one size fits most) | 1         |             | \$16.00 |
| 516                            | Rib Belt - Male (one size fits most)   | 1         |             | \$16.00 |
| 615                            | Thumb Brace                            | 1         |             | \$15.00 |
| 681                            | Wrist Compression - Large              | 1         |             | \$14.00 |
| 672                            | Wrist Compression - Medium             | 1         |             | \$14.00 |
| 694                            | Wrist Compression - Small              | 1         |             | \$14.00 |
| 709                            | Wrist Compression - X-Large            | 1         |             | \$14.00 |
| 281                            | Wrist Splint                           | 1         |             | \$15.00 |
| 357                            | Wrist Support                          | 1         |             | \$10.00 |
| <b>VITAMINS &amp; MINERALS</b> |  |           |             |         |
| 289                            | Flaxseed <sup>†</sup>                  | 100 ct    | 1,000mg     | \$11.00 |
| 102                            | Glucosamine/Chondroitin <sup>‡</sup>   | 60 ct     | 500mg/400mg | \$14.00 |
| 438                            | Melatonin <sup>†</sup>                 | 90 ct     | 5mg         | \$6.00  |
| 15                             | Melatonin Gummy <sup>†</sup>           | 60 ct     | 5mg         | \$15.00 |
| 656                            | Niacin, No Flush <sup>†</sup>          | 60 ct     | 500mg       | \$9.00  |
| 524                            | Potassium Gluconate <sup>‡</sup>       | 100 ct    | 595mg       | \$9.00  |
| 269                            | Vitamin D3 Gummy <sup>†</sup>          | 60 ct     | 2,000IU     | \$9.00  |
| <b>WART REMOVER</b>            |  |           |             |         |
| 261                            | Wart Remover, Liquid                   | 1         |             | \$6.00  |

## Notices

- If you disenroll from CareSource® MyCare Ohio (Medicare-Medicaid Plan), your OTC benefit will automatically terminate.
- CareSource is an HMO with a Medicare contract. Enrollment in CareSource depends on contract renewal.
- This information is available for free in other languages. Please call CareSource Member Services at **1-833-230-2020 (TTY: 711)**. We are open 8 a.m. to 8 p.m. Monday through Friday, and from October 1 through March 31 we are open the same hours, seven days a week.
- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.

*\* Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (\*).*

*‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.*

H8452\_OH-MYC-M-1606750

ODM Approved: 10/26/2022





## STEP 2 - PRODUCT SELECTION

Cash, checks, credit cards, or money orders are not accepted under this OTC benefit.

| Item # | Product                                   | Quantity                                  | Unit Price   | TOTAL  |
|--------|---|---|--|--|
| 6      | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 7      | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 8      | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 9      | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 10     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 11     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 12     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 13     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 14     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 15     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 16     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 17     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 18     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 19     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |
| 20     | <input style="width: 100%;" type="text"/> | <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> | \$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/> |

Subtotal  .

*Please mail this completed form to the following address:*

**CareSource OTC Orders, 4613 N. University Drive, #586, Coral Springs, FL 33067**

**If you place your order using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on March 29 and we receive it on April 2, your order total will be applied to the new quarter that started on April 1, not the quarter in which you placed the order.**

CareSource® MyCare Ohio (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Ohio Medicaid to provide benefits of both programs to enrollees.







**CareSourceFlexCard.com**